



**Natural Resources Department  
Fanno Creek Service Center  
6220 SW 112th Avenue  
Beaverton, OR 97008  
503-629-6350**

Bruce Barbarasch, Superintendent of Natural Resources & Trails Management



THPRD offers more than 162 natural areas. The Natural Resources Department, with the support of the community, serves as the steward of these areas by managing wildlife habitat, native plant communities and the trails that guide you through these natural areas. These sites are important reminders of our natural heritage and provide a variety of benefits, including diverse habitats, wildlife corridors and opportunities to connect with nature.

## THPRD's Public Art Collection

Did you know that THPRD has nearly a dozen public art installations? The newest of them is along the Fanno Creek Trail near SW 86th Ave. Local artists David Boekelheide and Christina Conant have created *Undercurrent*, an artwork that explores the topography of the Fanno Creek area.

All of our public art projects can be found on a new map and webpage at [www.thprd.org/art](http://www.thprd.org/art).



NaturalResources



THPRDNature

## Visit Cooper Mountain Nature Park

18892 SW Kemmer Rd., Beaverton, OR 97007

Overlooking the Tualatin River Valley, Cooper Mountain Nature Park is located on the edge of Beaverton. This 230-acre park offers visitors 3½ miles of trails traversing the park and passing through each of its distinct habitats, from conifer forest to prairies and oak woodlands. Visitors are rewarded with grand views of the Chehalem Mountains, close-up looks at Oregon white oaks and a small prairie that has sat relatively undisturbed for hundreds of years. The park also features a nature play area for children. Metro and THPRD work in partnership to manage Cooper Mountain Nature Park. Together the two agencies continue habitat restoration and wildlife monitoring, maintain hiking trails and the Nature House and provide environmental education programs to visitors of all ages.

## Visit Tualatin Hills Nature Park

15655 SW Millikan Way, Beaverton, OR 97003

The Tualatin Hills Nature Park provides a unique habitat for many plants and animals. Come explore the park's ponds, creeks, marshes and forests on 1½ miles of paved trails, four miles of secondary trails and 222 acres of ecologically diverse habitats.

Both nature parks are open dawn to dusk. For the protection of wildlife, pets, including dogs, are not allowed at either park. Patrons must remain on trails to avoid poison oak and protect wildlife.

# Nature Programs

## **Tualatin Hills Nature Center** **15655 SW Millikan Way** **Beaverton, 97003 • 503-629-6350**

TriMet Route #57, #62, #67  
Westside Light Rail (MAX) - Merlo/158th

**Facility Supervisor:** Kristin Smith

**Fall Term:** Sept. 5-Dec. 31, 2017

**Park Hours:** Dawn until dusk, unless otherwise posted.

### **Nature Center Hours:**

Monday - Friday: 8:30 am-5 pm

Saturday - Sunday\*: 9 am-5 pm

\*Closing at 4 pm on weekends, Nov. 1-Jan. 31

**Holidays:** Call the Nature Center for hours and information.

### **Nature Center offers:**

- Nature Studies - Preschool, Youth & Family
- Nature Camps
- Events
- Group Programs
- Adult Fitness
- Outdoor Recreation

## **Volunteer with Natural Resources**

The best way to help protect the natural resources in our community is to get involved. The Natural Resources Department provides a variety of volunteer opportunities in stewardship and education programs that support local natural areas. If you are interested in volunteering, contact Melissa Marcum at 503-619-3941 or [mmarcum@thprd.org](mailto:mmarcum@thprd.org).

### **Upcoming Wildlife Habitat Restoration Projects**

Help out with trail work or our ongoing habitat restoration efforts at a number of parks throughout the district. Check out available projects and sign up at <http://www.thprd.org/activities/nature/volunteer/park-improvement>.

## **Cooper Mountain Nature Park** **18892 SW Kemmer Road** **Beaverton, 97007 • 503-629-6350**



## **Registration for programs at Cooper Mountain Nature Park**

Out-of-district patrons are able to register for programs at Cooper Mountain Nature Park at the in-district fee rate. You will need to acquire a THPRD residency card, at no extra charge, before registration begins. Cooper Mountain program registration for both in-district and out-of-district patrons will begin Saturday, Aug. 19. Please see page 4 for more information. This special out-of-district fee exemption is only valid for programs at Cooper Mountain Nature Park.

### **Inclement Weather**

See page 5 for THPRD Inclement Weather Policy.



NaturalResources



THPRDNature

## Scouts in Nature

### Girl Scouts

#### Daisies

A visit to a park is a great activity for your Daisies to do as part of a regular meeting or as an extra activity. Whether self-guided or led by one of our naturalists, girls can work towards earning their petals through nature exploration.

#### Brownies & Juniors

Looking for an activity that will help your Brownies or Juniors troop complete a specific journey or badge requirement? Our experienced staff will focus guided hikes and hands-on activities to meet your troop's needs.

### Boy Scouts

#### Badge Programs

Schedule a time for your pack to work on just a few requirements or complete an entire badge. A naturalist will guide you through hands-on activities to complete the badge components of your choice. What can be better than learning to identify native trees in your neighborhood park, talking with a park ranger about their job duties, or learning why those slimy banana slugs are so perfectly adapted to the Pacific Northwest?

Contact us at 503-629-6350 to set up a program for your troop.



## Facility Rentals

The Tualatin Hills Nature Center and Cooper Mountain Nature House have rental spaces for your next event. Rentals are available when programs are not scheduled. Please call for rates and availability.

## Nature Store

The Nature Store is located in the lobby of the Tualatin Hills Nature Center and offers a wide range of nature-related books and gifts for all ages. All profits from store sales go back to the Tualatin Hills Park Foundation to provide scholarships for school field trips and transportation to the Tualatin Hills Nature Park.

## Group Nature Programs: All Ages

Perfect for preschools, scout troops, youth groups, homeschool groups, afterschool clubs and businesses. Led by environmental education staff, these outdoor, hands-on, minds-on programs can be scheduled at the Tualatin Hills Nature Park, Cooper Mountain Nature Park, and other THPRD natural areas or at your private facility.

Call today for details and to schedule a guided hike or hands-on adventure for your group.

Locations: Cooper Mountain Nature Park, Tualatin Hills Nature Park and natural areas throughout Beaverton.



## School Nature Programs: K-12

Our experienced environmental educators lead these engaging, hands-on programs at both nature parks and natural areas that are within walking distance of schools. Activities incorporate a variety of core concepts from the Next Generation Science Standards while fostering memorable outdoor learning experiences that cannot be duplicated in a classroom. Visit [www.thprd.org](http://www.thprd.org) to learn more about which programs help reinforce the scientific practices and crosscutting concepts that your class is working on this year. Contact us to set up a program for your class.

Locations: Cooper Mountain Nature Park, Tualatin Hills Nature Park, natural areas throughout Beaverton, and at your school.

## Nature Birthday Parties: Ages 3-12 yrs

Whether your child loves bugs, knows all about birds or just likes being outside, we can provide a memorable experience for the birthday boy or girl and their friends. Our packages include a one-hour nature program of your choice, a party room with tables and chairs, and easy access to the adjacent park. Programs options include: Bug Safari, Nature's Superheroes, Flying Feathered Friends, Forest Fairies & Gnomes, Mammal Mania, and Stories in the Forest. Call today for details and to reserve a spot.

**Locations:** Cooper Mountain Nature House, Tualatin Hills Nature Center, and neighborhood parks throughout Beaverton.

Special Events

Fall Native Plant Sale

Saturday, October 7  
10 am - 2 pm

Fall is the perfect time to plant native plants in your garden! Once established, native plants need little care and water. Select from a wide variety of trees, shrubs and flowering plants for every spot in your garden. Knowledgeable staff and volunteers are on hand to answer your questions. The Friends of the Tualatin Hills Nature Park sponsor this event, with proceeds going toward future park improvements and environmental education programs.



**Location:** Tualatin Hills Nature Center  
**Admission:** Free

Newt Day

Saturday, November 4  
Noon - 4 pm

A bright orange belly and poisonous skin are just a couple of the rough-skinned newt's adaptations. Come find out how newts evade predators, survive both in and out of water and camouflage themselves with a single leaf. Learn about the amazing adaptations of newts and other forest inhabitants at indoor exhibits and interactive activities. Find evidence of these plants and animals on a self-guided adventure into the park. This is a family-friendly event that provides activities designed to inspire exploration of nature during the season when it is tempting to stay inside.

**Location:** Tualatin Hills Nature Center  
**Admission:** \$3 per person, children 2 years and under are free



Nature Days  
in the Parks

Explore your neighborhood park and discover the ways that habitats and trails are connected to the community. These events are opportunities to talk to Natural Resources staff, participate in interactive activities and explore the nature in your neighborhood.

**BE GREEN:** Walk or bike to the event nearest you!

**All events: 11 am - 3 pm**

Sunday, Sept. 24

Melilah Park

As volunteers remove invasive ivy and blackberry from this woodland, camas lily and other wildflowers have emerged in their place, attracting pollinators and songbirds. Spend the afternoon with THPRD naturalists exploring the trail that winds through this neighborhood forest where you'll learn how to identify native shrubs and berries and spot secret signs of wildlife activity.

Saturday, Oct. 21

Barrows Park

This section of Summer Creek is a unique, human-made stream that is transforming into a bustling riparian wildlife corridor. Osprey and bald eagle scan nearby ponds for fish, frogs and turtles take shelter along the banks, and birds find shelter and food within the newly planted shrubs. THPRD naturalists will highlight Barrows' hidden habitats that are revealed as trees drop their leaves through autumn.

Sunday, Nov. 12

Foothills Park

As waterfowl begin to settle into Commonwealth Lake in November, other wildlife take shelter in the adjacent riparian forest of Foothills Park. Follow the creekside, trail-lined forest of fir, cedar and oak and learn how resident and migratory wildlife are connected to both of these habitats.





## Nature Kids Preschool at the Tualatin Hills Nature Center

This September-through-May, nature-based preschool offers a friendly setting for children to develop social, communication and motor skills. Developmentally appropriate activities are introduced throughout the year in a curriculum structure that focuses on experiential learning through exposure to nature and the changing seasons. Children will form friendships, learn respect and have the opportunity to grow with the help of caring teachers and supportive parents in a safe, yet active, natural environment.

### Chipmunks, Ages 3-4

This twice-weekly program provides a positive and nurturing first school experience. Children will learn to follow routines, listen to directions and make new friends. Focusing on socialization and learning through play, children will be introduced to letters, shapes, numbers, colors and nature. Children must be able to use the restroom independently.

September-May T/Th 9-11:30 am  
\$162 per month (2017-18 school year)

### Ladybugs AM or Owls PM, Ages 4-5

Ladybugs and Owls preschools provide a strong foundation for children entering kindergarten next year. Children develop through tactile activities, play and academic experiences. They are given the opportunities and guidance to develop communication and problem-solving skills. Numbers, letters and words are introduced through structured, nature-based activities, observation of the seasons and rhythms of nature.

Ladybugs: September-May M/W/F 9 am-noon  
\$245 per month (2017-18 school year)

Owls: September-May M/W/F 1-4 pm  
\$245 per month (2017-18 school year)

## Nature Studies-Preschool

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Knee-high Naturalists

Explore the wildlife in our local parks on these nature adventures. Search for clues that animals have left behind and get up close looks at treasures from our naturalist's backpack. It's a great way to get outside with your preschool child, meet other families, and learn about the natural world. Each program meets at a different location. Price is per family. **Parent participation required.**

#### Cooper Mountain Nature Park

Meet at the Cooper Mountain Nature Park at 18892 SW Kemmer Rd.

10/5	Th	10-11 am	2-5 yrs	CM25101
Cooper Mountain Nature Park			ID/AP: \$8	OD: \$10

#### Tualatin Hills Nature Park

Meet at the Tualatin Hills Nature Center at 15655 SW Millikan Way.

10/21	S	10-11 am	2-5 yrs	NP25102
Tualatin Hills Nature Park			ID/AP/OD: \$8	

#### Lowami Hart Woods

Meet at the parking lot north of SW Hart Rd., between SW Murray Blvd. and SW 155th Ave.

11/2	Th	10-11 am	2-5 yrs	NP25103
Lowami Hart Woods			ID/AP: \$8	OD: \$10

#### Tualatin Hills Nature Park

Meet at the Tualatin Hills Nature Center at 15655 SW Millikan Way.

11/16	Th	10-11 am	2-5 yrs	NP25104
Tualatin Hills Nature Park			ID/AP: \$8	OD: \$10

#### Greenway Park

Meet at the Fanno Farmhouse at 8405 SW Creekside Pl.

12/7	Th	10-11 am	2-5 yrs	NP25105
Greenway Park			ID/AP: \$8	OD: \$10

## NEW this Fall!

### Nature Kids at Jenkins Estate (Ages 4-5)

**M/W/F 9 am-noon**

Located at 8005 SW Grabhorn Rd., the 68-acre Jenkins Estate includes nearly two miles of trails that lead you through the beautiful forests, rhododendron garden, herb garden, learning garden, and more.

Please call the Nature Center at 503-629-6350 for additional information including costs and registration details.

## Nature Studies-Preschool

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Creature Features

As the seasons change, so does life in the Nature Park. Learn about wildlife in this series of classes. Hear stories, meet other families, and see natural treasures up close. Each class includes a simple activity or story and a short hike into the forest. Price is per family. **Parent participation required.** (Elaine)

### Halloween Critters

Spiders, bats, and owls - oh my! They may give us the shivers, but as we learn about these fascinating creatures we'll discover they're not so scary after all.

10/26 Tualatin Hills Nature Center	Th	10-11 am	3-5 yrs ID/AP: \$8	NP25106 OD: \$10
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### Autumn Leaves

Enjoy the beautiful fall colors in the park, catch some falling leaves, and make your own leaf rubbings to take home.

11/9 Tualatin Hills Nature Center	Th	10-11 am	3-5 yrs ID/AP: \$8	NP25107 OD: \$10
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### Animals in Motion

Explore how animals get from one place to another as we hop, fly and slither around the park, and make a pair of animal feet to wear and take home.

12/14 Tualatin Hills Nature Center	Th	10-11 am	3-5 yrs ID/AP: \$8	NP25108 OD: \$10
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## Nature Studies-Preschool

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Nature Kids Preschool Explorers

Join us for an adventure in nature preschool and exercise your natural curiosity. Come together with friends for hands-on games, songs, stories, crafts and outside play. Dress for the weather. Take all of the classes or whichever ones fit your schedule.

### Counting Creatures

9/19 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25121 OD: \$17.50
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### Critters at Cooper

9/21 Cooper Mountain Nature Park	Th	9:30-11:30 am	3-5 yrs ID/AP/OD: \$14	CM25122
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### Nifty Newts

9/26 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25123 OD: \$17.50
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### Prairie Power

9/28 Cooper Mountain Nature Park	Th	9:30-11:30 am	3-5 yrs ID/AP/OD: \$14	CM25124
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### Beautiful Bats

10/3 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25125 OD: \$17.50
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## Nature Studies - Preschool

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Nature Kids Preschool Explorers (continued)

### Clever Coyotes

10/5 Cooper Mountain Nature Park	Th	9:30-11:30 am	3-5 yrs ID/AP/OD: \$14	CM25126
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### Wooly Bear Caterpillars

10/10 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25127 OD: \$17.50
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### Owl Adventures

10/12 Cooper Mountain Nature Park	Th	9:30-11:30 am	3-5 yrs ID/AP/OD: \$14	CM25128
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### Autumn Art

10/17 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25129 OD: \$17.50
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### Cricket Choir

10/19 Cooper Mountain Nature Park	Th	9:30-11:30 am	3-5 yrs ID/AP/OD: \$14	CM25130
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### Creatures of the Night

10/24 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25131 OD: \$17.50
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### Discovering Autumn

10/26 Cooper Mountain Nature Park	Th	9:30-11:30 am	3-5 yrs ID/AP/OD: \$14	CM25132
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### Nature Superheroes

10/31 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25133 OD: \$17.50
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### Deciduous Dance

11/7 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25134 OD: \$17.50
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### Pinecones and Evergreens

11/14 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25135 OD: \$17.50
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### Sensational Seasons

11/21 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25136 OD: \$17.50
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### Animal Homes

11/28 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25137 OD: \$17.50
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### Searching for Snow

12/5 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25138 OD: \$17.50
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### Bear Hugs

12/12 Tualatin Hills Nature Center	T	9:30-11:30 am	3-5 yrs ID/AP: \$14	NP25139 OD: \$17.50
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Nature Studies-Youth

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### The Gift of Nature

Get inspiration from our nature walk. Make a nature gift to give, or keep for yourself, as a reminder of the wonderful world right outside our door. Supplies included.

12/9 Tualatin Hills Nature Center	S	10 am-noon	5-9 yrs ID/AP: \$16 OD: \$20	NP25200
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### Kid's Nature Night Out

No parents allowed. Experience the Nature Park in a way few others ever do. Gather inside, have dinner (pizza and veggies), then head out to explore the park after dark.

### Bugémon

See how many different species of insects you can catch. Make your own insect trading cards and battle it out to see which species can survive.

9/29 Tualatin Hills Nature Center	F	6-9 pm	6-12 yrs ID/AP: \$29	NP25201 OD: \$36.25
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### A Quest for Magical Beasts

Harry, Ron, and Hermione wouldn't want to miss this night. Make your own wand, have a feast, and train for the quest to search the nighttime forest for magical beasts.

10/27 Cooper Mountain Nature Park	F	6-9 pm	6-12 yrs ID/AP/OD: \$29	CM25202
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### Geology Rocks

Go back in time to witness the formation of rocks, make volcanic explosions and explore the hidden world beneath our feet to learn the amazing ways of our local geology.

12/1 Tualatin Hills Nature Center	F	6-9 pm	6-12 yrs ID/AP: \$29	NP25203 OD: \$36.25
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## Day-off Nature Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Camp Wild Things • 4-6 yrs

Build your child's sense of wonder about nature and invite them to explore wildlife and the world around them. Games, songs, new friends, crafts, and adventure make this a good camp for young children. Campers need to dress for the weather and bring lunch, two snacks, bottle of water and a small backpack each day.

### Super Salamanders

Head into the park to search under logs and rocks for our salamander and newt friends.

11/10 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	4-6 yrs ID/AP: \$53	NP27101 OD: \$66.25
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## Day-off Nature Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Nature Explorers Camp • 7-10 yrs

A great camp for making new friends and having fun while discovering nature. Expand your knowledge of science, learn about plants and animals, hike two to five miles daily and explore nature sites around our region. Bring a lunch, two snacks, a bottle of water and a backpack each day. Dress for the weather.

### Creatures of the Night

What happens in the park after the sun goes down? We may be asleep but many animals in the park become more active. Explore the lifestyles of the bats, owls, and other nocturnal creatures that live in the park and in your own backyard.

10/12 Tualatin Hills Nature Center	Th	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27201A OD: \$67.50
10/19 Tualatin Hills Nature Center	Th	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27201B OD: \$67.50

### S'more Camping, Please!

Practice setting up a tent, make trail mix, tell some campfire stories, and discover which plants will or won't help you have a good camping experience!

10/13 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27202A OD: \$67.50
10/20 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27202B OD: \$67.50

### Fall Harvest

Visit a local farm and learn about farming while enjoying the harvest. Healthy soil and hard work mean that we have food on our plates, but how does farming affect the environment? You may not need dinner after we fill our bellies with fresh produce. Field Trip: Sauvie Island Center

11/3 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	7-10 yrs ID/AP: \$64	NP27203 OD: \$80
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### InstaNature

Red, orange and yellow leaves are ablaze this time of year and we're going out into the park to practice our nature photography skills. Follow our THPRD Nature Instagram for updates throughout the camp!

11/10 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27204 OD: \$67.50
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### Wonderful Wetlands

Bring your rubber boots to camp today because we'll be out in the wetlands discovering what lives there and why this habitat is important to our community.

11/22 Tualatin Hills Nature Center	W	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27205 OD: \$67.50
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## Day-off Nature Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Camp Green • 10-13 yrs

Campers will explore local natural area destinations while making friends, expanding their science knowledge, hiking 3-5 miles each day and developing leadership skills. Bring a lunch, two snacks, a bottle of water and a backpack each day.

### Healthy Harvest

Set out on an expedition to find the best harvest feast and learn about sustainable farming and fall veggies. Explore an organic farm and cook an epic snack. Field trip: Sauvie Island Center.

11/3	F	7:45 am-5:15 pm	10-13 yrs ID/AP: \$64	NP27301 OD: \$80
Tualatin Hills Nature Center				

### InstaNature

Red, orange and yellow leaves are ablaze this time of year and we're going out into the park to practice our nature photography skills. Follow our THPRD Nature Instagram for updates throughout the camp!

11/10	F	7:45 am-5:15 pm	10-13 yrs ID/AP: \$64	NP27302 OD: \$67.50
Tualatin Hills Nature Center				

### Wild Wetlands

Frogs, beavers, birds and bugs; there is something wild in these wetlands! Explore the ecosystem of our urban wetlands to find out what is hidden within.

11/22	W	7:45 am-5:15 pm	10-13 yrs ID/AP: \$64	NP27303 OD: \$67.50
Tualatin Hills Nature Center				

## Winter Break Half-day Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Camp Wild Things • 4-6 yrs

Build your child's sense of wonder about nature and invite them to explore wildlife and the world around them. Games, songs, new friends, crafts and adventure make this a good camp for young children. Campers need to dress for the weather, bring a snack, bottle of water and small backpack each day.

### Frosty Forest

Discover the beauty and joy of the winter season in the nature park. Circle up around the "campfire" to listen to stories, hug a tree to keep warm and learn to love winter in the woods.

12/27-12/29	W-F	9 am-noon	4-6 yrs ID/AP: \$62	NP27106 OD: \$77.50
Tualatin Hills Nature Center				

## Winter Break Half-day Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Mini Nature Camp • 6-9 yrs

Mini Nature camps are half-day camps for young elementary age children filled with fun and adventure. Create crafts, play games, make new friends and explore the trails and habitats of the park. Campers need to dress for the weather, bring a snack, bottle of water and small backpack each day.

### Eww-mazing!

Explore the slime, creepy-crawlies and dead stuff we'll find in nature. Eww...or eww-mazing?!

12/27-12/29	W-F	1-4 pm	6-9 yrs ID/AP: \$62	NP27200 OD: \$77.50
Tualatin Hills Nature Center				

## Winter Break Full-day Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Camp Wild Things • 4-6 yrs

#### Little Nature Detectives

1, 2, 3...what will we see? Follow the clues to discover what animals are in the park and how they spend their days.

12/21	Th	7:45 am-5:15 pm	4-6 yrs ID/AP: \$53	NP27102 OD: \$66.25
Tualatin Hills Nature Center				

#### Muddy Puddle Explorers

Can animals live in mud? Can plants grow in it? Explore the puddles and ponds in the park to find out. Be ready to get muddy.

12/22	F	7:45 am-5:15 pm	4-6 yrs ID/AP: \$53	NP27103 OD: \$66.25
Tualatin Hills Nature Center				

#### Warm Winter Homes

What do animals use to make their homes? Search the forest for signs of hidden animal nests, burrows, and lairs and make your own animal house.

1/2	T	7:45 am-5:15 pm	4-6 yrs ID/AP: \$53	NP27104 OD: \$66.25
Tualatin Hills Nature Center				

#### Nature's Superheroes

How do animals breathe underwater, see in the dark, scale high walls, and lift 20 times their own weight? Discover your own super power to become a nature superhero.

1/3	W	7:45 am-5:15 pm	4-6 yrs ID/AP: \$53	NP27105 OD: \$66.25
Tualatin Hills Nature Center				



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## Winter Break Full-day Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Nature Explorers Camp • 7-10 yrs

#### Forest Detectives

Become a forest detective and explore the park for clues. Learn about the mysterious animals that live in the forest while we hike and use scientific equipment to investigate our findings.

12/21 Tualatin Hills Nature Center	Th	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27206 OD: \$67.50
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#### Animal Architects

Humans aren't the only ones to build their own homes. Campers will explore the amazing feats of construction our animal neighbors accomplish using sticks, stones, mud, plants and other materials.

12/22 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27207 OD: \$67.50
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#### Wilderness Survival

Learn the skills of how to survive in the wilderness. Make shelters, collect water, use a map and compass, and practice what you've learned.

12/27 Tualatin Hills Nature Center	W	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27208 OD: \$67.50
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#### Water World

Round and round it goes. Learn about the water cycle and how nature recycles the water over and over again. Then dive in and take a swim. Field Trip: North Clackamas Aquatic Park

12/28 Tualatin Hills Nature Center	Th	7:45 am-5:15 pm	7-10 yrs ID/AP: \$64	NP27209 OD: \$80
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#### Shocked by Nature

Energy is a part of everything around us. Whether it's electricity or the energy that it takes for a hawk to hunt, learn about how energy is passed from one thing to another.

12/29 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27210 OD: \$67.50
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#### Snow Adventures

Head up to the mountain for a day in the snow. Learn about snow, how it is formed, and experience it firsthand while we play with this amazing substance. Field Trip: Mt. Hood

1/2 Tualatin Hills Nature Center	T	7:45 am-5:15 pm	7-10 yrs ID/AP: \$64	NP27211 OD: \$80
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#### Amazing Mammals

Mammals are a diverse group of animals. Ranging in size from one inch to 108 feet, they can be found on land, sea, and in the air. Learn what mammals live in the park and make a bandana tracking guide to wear on hikes.

1/3 Tualatin Hills Nature Center	W	7:45 am-5:15 pm	7-10 yrs ID/AP: \$54	NP27212 OD: \$67.50
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## Winter Break Full-day Camps

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Camp Green • 10-13 yrs

#### Wildlife Detectives

Follow the tracks of local wildlife to discover their secrets. Traverse the park, picking up clues to solve the mystery of surviving in the wild.

12/21 Tualatin Hills Nature Center	Th	7:45 am-5:15 pm	10-13 yrs ID/AP: \$54	NP27304 OD: \$67.50
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#### Extreme Animal Engineers

Think you have what it takes to match up to nature's best builders? Learn the tools and tricks of engineering from animals like beavers and birds. Then put those skills to the test to build your own shelter.

12/22 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	10-13 yrs ID/AP: \$54	NP27305 OD: \$67.50
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#### Winter Survival

Can you survive the wild in winter? How do animals live in cold temps? Explore hibernation and other ways animals survive the harsh, winter conditions. Our tracking skills will be tested as we search for the winter homes of local animals.

12/27 Tualatin Hills Nature Center	W	7:45 am-5:15 pm	10-13 yrs ID/AP: \$54	NP27306 OD: \$67.50
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#### Water World

Round and round it goes. Learn about the water cycle and how nature recycles the water over and over again. Then dive in and take a swim. Field Trip: North Clackamas Aquatic Park

12/28 Tualatin Hills Nature Center	Th	7:45 am-5:15 pm	10-13 yrs ID/AP: \$64	NP27307 OD: \$80
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#### Energy Flow

Sun powers our world! Follow the sun's energy from plants, to herbivores, to predators as it travels its way up the food chain.

12/29 Tualatin Hills Nature Center	F	7:45 am-5:15 pm	10-13 yrs ID/AP: \$54	NP27308 OD: \$67.50
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#### Snow Adventure

Head up to the mountain for a day in the snow. Learn about snow, how it is formed, and experience it firsthand while we play with this amazing substance. Field Trip: Mt. Hood

1/2 Tualatin Hills Nature Center	T	7:45 am-5:15 pm	10-13 yrs ID/AP: \$64	NP27309 OD: \$80
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#### Incredible Predators

Jaws, claws, talons and teeth! Learn about the remarkable ways mammals hunt, survive and thrive in nature. Spend time in the forest and study skulls and pelts.

1/3 Tualatin Hills Nature Center	W	7:45 am-5:15 pm	10-13 yrs ID/AP: \$54	NP27310 OD: \$67.50
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Nature Studies-Family

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Family Nature Club

Does your family enjoy the outdoors, or want to start getting outside? Do you stop every ten feet looking at all the plants and bugs on the trail? Join our Family Nature Club and jump into the curious and wonderful world of nature. Explore a different topic each class to make your next family nature adventure amazing. Price includes one child and up to two other family members (child or adult). **Parent participation required.**

### Follow That Track

Prints, scat and signs are a few of the ways to track animals in the wild. Follow the tracks and discover who moves in and around the Nature Park.

9/30 Tualatin Hills Nature Center	S	10:30 am-12:30 pm	6-12 yrs ID/AP: \$17	NP25250 OD: \$21.25
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### Autumn Adventures

Don't stay inside when the weather starts to turn. From fall colors and fungi, to puddle stomping and mud mucking, it's time to get outdoors.

10/28 Tualatin Hills Nature Center	S	10:30 am-12:30 pm	6-12 yrs ID/AP: \$17	NP25251 OD: \$21.25
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### Where'd Everybody Go?

Where do the animals in the park go in the winter? Search for animals' winter homes or evidence that they've left the cold, wet winter behind.

12/2 Tualatin Hills Nature Center	S	10:30 am-12:30 pm	6-12 yrs ID/AP: \$17	NP25252 OD: \$21.25
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### Park After Dark

Journey into the forest and enjoy the sights and sounds of nature at night. Spend the first part of the program indoors learning about the featured nocturnal residents, then head out for a guided night hike. Price is per person. **Parent participation required.** (Elaine)

### Coyotes

10/13 Tualatin Hills Nature Center	F	6:30-8:30 pm	6 yrs-Adult ID/AP: \$10	NP25501 OD: \$12.50
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11/17 Cooper Mountain Nature House	F	6:30-8:30 pm	6 yrs-Adult ID/AP/OD: \$10	CM25502
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### Owl Prowl

12/16 Tualatin Hills Nature Center	S	6:30-8:30 pm	6 yrs-Adult ID/AP: \$10	NP25503 OD: \$12.50
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## Nature Studies-Family

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Metro Programs

#### Introduction to the Language of Birds

As they feed, nest and raise their young, birds relay messages about when it's safe and where predators are prowling. Explore Cooper Mountain Nature Park to learn how to interpret what the birds are saying. This site is great for wildlife tracking. Join us to look for signs of predators that hunt there. Price is per person. **Parent participation required.**

9/16 Cooper Mountain Nature House	S	9 am-noon	8 yrs-Adult ID/AP/OD: \$10	CM25504
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## Nature Studies-Adult

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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#### Birds and Brews

Get ready to brighten up your fall by learning about our feathered friends. Start off with a beer in the classroom to discuss field guides, optical equipment and identification tips for beginning and intermediate birders. Head out into the park to observe our local residents and discuss local birding spots to further your birding adventures. (Elaine)

10/14 Tualatin Hills Nature Center	S	3-5 pm	21 + ID/AP: \$22	NP25510 OD: \$27.50
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#### Night Owls: Hoots and Hops

This is the perfect time of year to step into the forest to listen for sounds of courting owls. Join other owl enthusiasts for a beer, enjoy a talk and presentation about our local owls, and head out into the park to listen and look for our resident owls. (Elaine)

12/7 Tualatin Hills Nature Center	Th	7-9 pm	21 + ID/AP: \$22	NP25511 OD: \$27.50
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Fitness-Teen/Adult

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
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### Yoga, Beginning/Intermediate

Learn how to stretch deeply and completely with simple movements combined with conscious breathing. Increase your strength and flexibility and bring about a more relaxed state of being. Each instructor brings their own individual focus to their class. Please see class descriptions on [www.thprd.org](http://www.thprd.org) for more details. No class 11/23.

9/11-12/11 (14) Tualatin Hills Nature Center (Tristiane)	M	5:30-6:45 pm	16 yrs-Adult ID/AP: \$112	NP22501 OD: \$140
9/11-12/11 (14) Tualatin Hills Nature Center (Tristiane)	M	7-8:15 pm	16 yrs-Adult ID/AP: \$112	NP22502 OD: \$140
9/12-12/12 (14) Tualatin Hills Nature Center (Jean)	T	5:30-6:45 pm	16 yrs-Adult ID/AP: \$112	NP22503 OD: \$140
9/12-12/12 (14) Tualatin Hills Nature Center (Jean)	T	7-8:15 pm	16 yrs-Adult ID/AP: \$112	NP22504 OD: \$140
9/13-12/13 (14) Tualatin Hills Nature Center (Jean)	W	9-10:15 am	16 yrs-Adult ID/AP: \$112	NP22505 OD: \$140
9/14-12/14 (13) Tualatin Hills Nature Center (Kendra)	Th	6:15-7:30 pm	16 yrs-Adult ID/AP: \$104	NP22508 OD: \$130

### Tai Chi, Basic 24 Gesture

Basic 24 Gesture Tai Chi is aimed at the beginner and uses representative moves from the Yang style, containing the important and traditional characteristics and features of traditional forms. The short form enables beginners, older and younger, to appreciate the essential principals of tai chi of effortless movement, relaxation and mindful awareness. (Jim)

9/13-12/13 (14) Tualatin Hills Nature Center	W	6-7:15 pm	16 yrs-Adult ID/AP: \$112	NP22506 OD: \$140
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### QiGong: Mindful Movement and Meditation

Basic mindfulness practice based on Insight Meditation techniques provides methods for reducing stress, deepening compassion and building a more stable peace of mind. Each class includes tips for adapting mindfulness awareness in everyday living. Appropriate for beginning and returning students. (Jim)

9/13-12/13 (14) Tualatin Hills Nature Center	W	7:30-8:45 pm	16 yrs-Adult ID/AP: \$112	NP22507 OD: \$140
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## Drop-in Fitness/Yoga

Deluxe Passes and drop-ins are allowed for yoga classes that are not full. See page 6 for more information on passes. Register to confirm your spot for yoga classes.

Tai Chi and QiGong: Drop-ins allowed with prior instructor approval.



## Outdoor Recreation Guidelines

**Weather Policy:** All outdoor programs go "rain or shine."

**Age Requirements:** Children may attend activities where appropriate ages are stated. All participants under 18 years old must be registered and accompanied by a registered adult.

**Transportation:** Unless otherwise stated, individuals will provide their own transportation to the meeting site.

**Refund Policy:** Request to drop or change one-day programs/classes/trips must be made at least four working days prior to the date of the program. No credit will be applied if less advance notice is given.

### Deschutes River Rafting

This adventure includes 15 miles of stunning desert scenery, warm water, many fun and playful rapids, and body slides. The Deschutes River is perfect for the whole family. Equipment, guide and scrumptious hot lunch provided. (River Drifters)

8/27	Su	9:45 am-4 pm	4 yrs-Adult ID/AP: \$100	NP16511 OD: \$106.25
Meet at the Deschutes River, Maupin, OR				
9/2	S	9:45 am-4 pm	4 yrs-Adult ID/AP: \$100	NP16512 OD: \$106.25
Meet at the Deschutes River, Maupin, OR				
9/9	S	9:45 am-4 pm	4 yrs-Adult ID/AP: \$100	NP16513 OD: \$106.25
Meet at the Deschutes River, Maupin, OR				
9/16	S	9:45 am-4 pm	4 yrs-Adult ID/AP: \$100	NP16514 OD: \$106.25
Meet at the Deschutes River, Maupin, OR				
9/23	S	9:45 am-4 pm	4 yrs-Adult ID/AP: \$100	NP16515 OD: \$106.25
Meet at the Deschutes River, Maupin, OR				