

Sunset Swim Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

**13707 NW Science Park Drive
Portland, 97229
503-629-6315**

TriMet Routes #48, #62

Aquatic Facility Supervisor: Lori Leach

Fall Term: Sept. 5-Dec. 31, 2017

Office Hours:

Monday-Thursday 8 am-8 pm
Friday 8 am-5:30 pm
Saturday 8:30 am-2:30 pm
Sunday Noon-4:30 pm

Facility Closed: 11/10, 11/23, 11/24, 12/25, 1/1

Sunset Swim Center features

- ADA Aquatic Lift
- Average Pool Temperature: 85°

Water Fitness Programs

See page 6 for pass information. For a complete description of THPRD water fitness programs, visit www.thprd.org/water-fitness-classes.

Deep Water

Dig Deep M/W/F 8:05-9 am (2)

Shallow Water

Cardio Core M-F 8:05-9 am (2)

Fall Splash

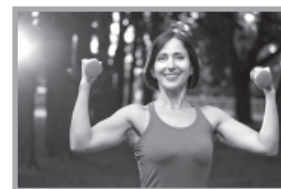
This is a recreational team for youth ages 5-17 years who can swim 25 yards crawlstroke and 25 yards backstroke. Swim meets on some Saturdays. A basic understanding of breast stroke is encouraged.

Date	Day	Time	ID/AP	OD	Class#
9/11-12/20	M/W	7:30-8:15 pm	\$143	\$178.75	SS23401
9/12-12/19	T/Th	7:30-8:30 pm	\$177	\$221.25	SS23402



THPRDAquatics

Sunset Wellness



Senior Swim at Sunset Swim Center

Monday/Wednesday/Friday, 10:15-11:30 am
Call 503-629-6315 for details.

Land Strength Training for Seniors (55 +) at Sunset

Increase muscular strength, range of movement and activities for daily living. Hand-held weights, elastic tubing with handles are offered for resistance. A chair is used for seated or standing support. May include floor work. Passes and SilverSneakers® accepted.

9/7-12/21	(Int/Adv)	M/Th	\$129	9:30-10:30 am	SC27000
9/7-12/21	(Beg)	M/Th	\$129	10:40-11:40 am	SC27001

Tai Chi, Movement for Better Balance

A falls prevention exercise program where students learn and practice rhythmical movements aimed at improving balance and strength and reducing the risk of falling. Passes and SilverSneakers® accepted.

9/8-12/22	(13)	T/F	\$125	9:30-10:30 am	SC27002
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No Equipment Needed

Try this unique and effective body-weight workout, in the Sunset classroom. A full-body conditioning class with a "side" of cardio, for teens and adults. You just need a towel (and your body weight). Deluxe drop-in fee or pass required.

9/12-12/19	T/W/Th	7:30-8:30 pm
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Women-only Swim

Women of all ages are invited to upcoming open swim/lap swim sessions exclusively for female guests. Hosted by female staff and lifeguards, this facility will be closed to the general public. Boys 5 yrs and under may attend with a female adult guardian. Drop-in rates apply.

Sept. 3	5:30-6:30 pm	Sunset Swim Center
Sept. 16	3-4 pm	Aloha Swim Center
Oct. 1	5:30-6:30 pm	Sunset Swim Center
Oct. 21	3-4 pm	Aloha Swim Center
Nov. 5	5:30-6:30 pm	Sunset Swim Center
Nov 18	3-4 pm	Aloha Swim Center
Dec. 3	5:30-6:30 pm	Sunset Swim Center
Dec. 16	3-4 pm	Aloha Swim Center



Fall Pool Schedule
Sept. 5-Dec. 31, 2017

13707 NW Science Park Drive, Portland
Aquatic Facility Supervisor: Lori Leach
Average Pool Temperature: 85°
TriMet Bus #62, #48
*1 lap lane available ** 4 Lanes Available

Special Open Swim (no lap lane) TBD
Closed: 11/10, 11/23, 11/24, 12/25, 1/1
Office Hours: Mon-Thurs: 8 am-8 pm,
Fri: 8 am-5:30 pm, Sat: 8:30 am-2:30 pm,
Sun: Noon-5 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-7:00 Barracudas	5:00-7:00 Barracudas	5:00-7:00 Barracudas	5:00-7:00 Barracudas	5:00-7:00 Barracudas		
7:00-8:00 All Age Lap	7:00-8:00 All Age Lap	7:00-8:00 All Age Lap	7:00-8:00 All Age Lap	7:00-8:00 All Age Lap		
8:05-9:00 Cardio Core/ Dig Deep	8:05-9:00 Cardio Core/ DW Open Swim	8:05-9:00 Cardio Core/ Dig Deep	8:05-9:00 Cardio Core/ DW Open Swim	8:05-9:00 Cardio Core/ Dig Deep	8:00-8:55 All Age Lap	Women-only Swim First Sundays of each month 5:30-6:30 pm
9:00-10:15* Instruction/ Adult Lap Lane*	9:00-10:15* Instruction/ Adult Lap Lane*	9:00-10:15* Instruction/ Adult Lap Lane*	9:00-10:15* Instruction/ Adult Lap Lane*	9:00-10:15* Instruction/ Adult Lap Lane*	9:00-noon Instruction	
10:15-11:30* Senior Swim (55 & Better)	10:15-11:30* Open Swim	10:15-11:30* Senior Swim (55 & Better)	10:15-11:30* Open Swim	10:15-11:30* Senior Swim (55 & Better)		
11:30-1:00 All Age Lap	11:30-1:00 All Age Lap** Barracudas	11:30-1:00 All Age Lap	11:30-1:00 All Age Lap** Barracudas	11:30-1:00 All Age Lap	12:05-1:00 All Age Lap	11:30-1:00 All Age Lap
1:00-2:30 Open Swim/ Adult Lap Lane/ Instruction	1:00-2:30 Open Swim/ Adult Lap Lane/ Instruction	1:00-2:30 Open Swim/ Adult Lap Lane/ Instruction	1:00-2:30 Open Swim/ Adult Lap Lane/ Instruction	1:00-2:30 Open Swim/ Adult Lap Lane/ Instruction	1:00-2:30 Open Swim/ Adult Lap Lane	1:00-2:30 Open Swim/ Adult Lap Lane
2:30-6:00 High School Use	2:30-6:00 High School Use	2:30-6:00 High School Use	2:30-6:00 High School Use	2:30-6:00 High School Use		2:45-5:00 Instruction
					Pool Rentals	
6:20-8:50 Instruction	6:20-9:20 Instruction	6:20-8:50 Instruction	6:20-9:20 Instruction	6:30-8:30 Open Swim (Shallow only)	Aqua lift available for pool entry	
7:30-8:15 Splash	7:30-8:30 Splash	7:30-8:15 Splash	7:30-8:30 Splash			

Children under 10 yrs of age must be visually supervised by a parent, guardian or caregiver at least 15 yrs of age.
Children under 7 yrs of age must be accompanied in the water by a parent, guardian or caregiver at least 15 yrs of age.

Land Strength Training for Seniors
M & Th - 9:30-10:30 am & 10:40-11:40 am
Tai Chi, Movement for Better Balance
Th - 9:30-10:30 am
Sunset Swim Center classroom

Wipeout!
1-2:30 pm
Dates TBA
Visit thprd.org for updated information.

Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler at the dressing room entrance from deck.

School-age: Must have started first grade. The parent, guardian or caregiver of a child under 10 years of age must remain on the premises during class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Levels 1-3					
9/11-10/11	M/W	9:05-9:35 am	\$67	\$83.75	SS21100
10/16-11/20	M/W	9:05-9:35 am	\$74	\$92.50	SS21101
11/27-12/20	M/W	9:05-9:35 am	\$54	\$67.50	SS21102
9/11-10/11	M/W	9:40-10:10 am	\$67	\$83.75	SS21103
10/16-11/20	M/W	9:40-10:10 am	\$74	\$92.50	SS21104
11/27-12/20	M/W	9:40-10:10 am	\$54	\$67.50	SS21105
9/11-10/11	M/W	10:15-10:45 am	\$67	\$83.75	SS21106
10/16-11/20	M/W	10:15-10:45 am	\$74	\$92.50	SS21107
11/27-12/20	M/W	10:15-10:45 am	\$54	\$67.50	SS21108
9/11-10/11	M/W	1-1:30 pm	\$67	\$83.75	SS21112
10/16-11/20	M/W	1-1:30 pm	\$74	\$92.50	SS21113
11/27-12/20	M/W	1-1:30 pm	\$54	\$67.50	SS21114
9/11-10/11	M/W	1:30-2 pm	\$67	\$83.75	SS21115
10/16-11/20	M/W	1:30-2 pm	\$74	\$92.50	SS21116
11/27-12/20	M/W	1:30-2 pm	\$54	\$67.50	SS21117
9/11-10/11	M/W	2-2:30 pm	\$67	\$83.75	SS21118
10/16-11/20	M/W	2-2:30 pm	\$74	\$92.50	SS21119
11/27-12/20	M/W	2-2:30 pm	\$54	\$67.50	SS21120
9/11-10/11	M/W	6:20-6:50 pm	\$67	\$83.75	SS21124
10/16-11/20	M/W	6:20-6:50 pm	\$74	\$92.50	SS21125
11/27-12/20	M/W	6:20-6:50 pm	\$54	\$67.50	SS21126
9/11-10/11	M/W	6:55-7:25 pm	\$67	\$83.75	SS21127
10/16-11/20	M/W	6:55-7:25 pm	\$74	\$92.50	SS21128
11/27-12/20	M/W	6:55-7:25 pm	\$54	\$67.50	SS21129
9/12-10/12	T/Th	9:05-9:35 am	\$67	\$83.75	SS21136
10/17-11/21	T/Th	9:05-9:35 am	\$74	\$92.50	SS21137
11/28-12/19	T/Th	9:05-9:35 am	\$47	\$58.75	SS21138
9/12-10/12	T/Th	9:40-10:10 am	\$67	\$83.75	SS21139
10/17-11/21	T/Th	9:40-10:10 am	\$74	\$92.50	SS21140
11/28-12/19	T/Th	9:40-10:10 am	\$47	\$58.75	SS21141
9/12-10/12	T/Th	10:15-10:45 am	\$67	\$83.75	SS21142
10/17-11/21	T/Th	10:15-10:45 am	\$74	\$92.50	SS21143
11/28-12/19	T/Th	10:15-10:45 am	\$47	\$58.75	SS21144
9/12-10/12	T/Th	1-1:30 pm	\$67	\$83.75	SS21145
10/17-11/21	T/Th	1-1:30 pm	\$74	\$92.50	SS21146
11/28-12/19	T/Th	1-1:30 pm	\$47	\$58.75	SS21147
9/12-10/12	T/Th	1:30-2 pm	\$67	\$83.75	SS21148
10/17-11/21	T/Th	1:30-2 pm	\$74	\$92.50	SS21149
11/28-12/19	T/Th	1:30-2 pm	\$47	\$58.75	SS21150
9/12-10/12	T/Th	2-2:30 pm	\$67	\$83.75	SS21151
10/17-11/21	T/Th	2-2:30 pm	\$74	\$92.50	SS21152
11/28-12/19	T/Th	2-2:30 pm	\$47	\$58.75	SS21153
9/12-10/12	T/Th	6:20-6:50 pm	\$67	\$83.75	SS21154
10/17-11/21	T/Th	6:20-6:50 pm	\$67	\$83.75	SS21155

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Levels 1-3 (continued)					
11/28-12/19	T/Th	6:20-6:50 pm	\$47	\$58.75	SS21156
9/12-10/12	T/Th	6:55-7:25 pm	\$67	\$83.75	SS21157
10/17-11/21	T/Th	6:55-7:25 pm	\$67	\$83.75	SS21158
11/28-12/19	T/Th	6:55-7:25 pm	\$47	\$58.75	SS21159
9/16-10/21	S	9-9:30 am	\$40	\$50	SS21164
10/28-12/16	S	9-9:30 am	\$47	\$58.75	SS21165
9/16-10/21	S	9:35-10:05 am	\$40	\$50	SS21166
10/28-12/16	S	9:35-10:05 am	\$47	\$58.75	SS21167
9/16-10/21	S	10:10-10:40 am	\$40	\$50	SS21168
10/28-12/16	S	10:10-10:40 am	\$47	\$58.75	SS21169
9/16-10/21	S	10:55-11:25 am	\$40	\$50	SS21170
10/28-12/16	S	10:55-11:25 am	\$47	\$58.75	SS21171
9/16-10/21	S	11:30 am-noon	\$40	\$50	SS21172
10/28-12/16	S	11:30 am-noon	\$47	\$58.75	SS21173
9/17-10/22	Su	2:45-3:15 pm	\$40	\$50	SS21174
10/29-12/17	Su	2:45-3:15 pm	\$47	\$58.75	SS21175
9/17-10/22	Su	3:20-3:50 pm	\$40	\$50	SS21176
10/29-12/17	Su	3:20-3:50 pm	\$47	\$58.75	SS21177
9/17-10/22	Su	3:55-4:25 pm	\$40	\$50	SS21178
10/29-12/17	Su	3:55-4:25 pm	\$47	\$58.75	SS21179
9/17-10/22	Su	4:30-5 pm	\$40	\$50	SS21180
10/29-12/17	Su	4:30-5 pm	\$47	\$58.75	SS21181

School Age Levels 1-3

Homeschool

9/11-10/11	M/W	10:15-10:45 am	\$67	\$83.75	SS22106
10/16-11/20	M/W	10:15-10:45 am	\$74	\$92.50	SS22107
11/27-12/20	M/W	10:15-10:45 am	\$54	\$67.50	SS22108
9/11-10/11	M/W	1:30-2 pm	\$67	\$83.75	SS22115
10/16-11/20	M/W	1:30-2 pm	\$74	\$92.50	SS22116
11/27-12/20	M/W	1:30-2 pm	\$54	\$67.50	SS22117
9/12-10/12	T/Th	10:15-10:45 am	\$67	\$83.75	SS22142
10/17-11/21	T/Th	10:15-10:45 am	\$74	\$92.50	SS22143
11/28-12/19	T/Th	10:15-10:45 am	\$47	\$58.75	SS22144
9/12-10/12	T/Th	1-1:30 pm	\$67	\$83.75	SS22145
10/17-11/21	T/Th	1-1:30 pm	\$74	\$92.50	SS22146
11/28-12/19	T/Th	1-1:30 pm	\$47	\$58.75	SS22147

School Age Levels 1-3 Early Release Wednesdays only

9/13-10/11	W	1:30-2 pm	\$34	\$42.50	SS21115w
10/18-11/20	W	1:30-2 pm	\$34	\$42.50	SS21116w
11/29-12/20	W	1:30-2 pm	\$27	\$33.75	SS21117w
9/13-10/11	W	2-2:30 pm	\$34	\$42.50	SS21118w
10/18-11/20	W	2-2:30 pm	\$34	\$42.50	SS21119w
11/29-12/20	W	2-2:30 pm	\$27	\$33.75	SS21120w

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
School Age Levels 1-3					
9/11-10/11	M/W	6:20-6:50 pm	\$67	\$83.75	SS22124
10/16-11/20	M/W	6:20-6:50 pm	\$74	\$92.50	SS22125
11/27-12/20	M/W	6:20-6:50 pm	\$54	\$67.50	SS22126
9/11-10/11	M/W	6:55-7:25 pm	\$67	\$83.75	SS22127
10/16-11/20	M/W	6:55-7:25 pm	\$74	\$92.50	SS22128
11/27-12/20	M/W	6:55-7:25 pm	\$54	\$67.50	SS22129
9/12-10/12	T/Th	6:20-6:50 pm	\$67	\$83.75	SS22154
10/17-11/21	T/Th	6:20-6:50 pm	\$67	\$83.75	SS22155
11/28-12/19	T/Th	6:20-6:50 pm	\$47	\$58.75	SS22156
9/12-10/12	T/Th	6:55-7:25 pm	\$67	\$83.75	SS22157
10/17-11/21	T/Th	6:55-7:25 pm	\$67	\$83.75	SS22158
11/28-12/19	T/Th	6:55-7:25 pm	\$47	\$58.75	SS22159
9/16-10/21	S	9-9:30 am	\$40	\$50	SS22164
10/28-12/16	S	9-9:30 am	\$47	\$58.75	SS22165
9/16-10/21	S	9:35-10:05 am	\$40	\$50	SS22166
10/28-12/16	S	9:35-10:05 am	\$47	\$58.75	SS22167
9/16-10/21	S	10:10-10:40 am	\$40	\$50	SS22168
10/28-12/16	S	10:10-10:40 am	\$47	\$58.75	SS22169
9/16-10/21	S	10:55-11:25 am	\$40	\$50	SS22170
10/28-12/16	S	10:55-11:25 am	\$47	\$58.75	SS22171
9/16-10/21	S	11:30 am-noon	\$40	\$50	SS22172
10/28-12/16	S	11:30 am-noon	\$47	\$58.75	SS22173
9/17-10/22	Su	2:45-3:15 pm	\$40	\$50	SS22174
10/29-12/17	Su	2:45-3:15 pm	\$47	\$58.75	SS22175
9/17-10/22	Su	3:20-3:50 pm	\$40	\$50	SS22176
10/29-12/17	Su	3:20-3:50 pm	\$47	\$58.75	SS22177
9/17-10/22	Su	3:55-4:25 pm	\$40	\$50	SS22178
10/29-12/17	Su	3:55-4:25 pm	\$47	\$58.75	SS22179
9/17-10/22	Su	4:30-5 pm	\$40	\$50	SS22180
10/29-12/17	Su	4:30-5 pm	\$47	\$58.75	SS22181

Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Levels 4 & 5					
9/11-10/11	M/W	6:20-6:50 pm	\$67	\$83.75	SS22424
10/16-11/20	M/W	6:20-6:50 pm	\$74	\$92.50	SS22425
11/27-12/20	M/W	6:20-6:50 pm	\$54	\$67.50	SS22426
9/11-10/11	M/W	6:55-7:25 pm	\$67	\$83.75	SS22427
10/16-11/20	M/W	6:55-7:25 pm	\$74	\$92.50	SS22428
11/27-12/20	M/W	6:55-7:25 pm	\$54	\$67.50	SS22429
9/12-10/12	T/Th	6:20-6:50 pm	\$67	\$83.75	SS22454
10/17-11/21	T/Th	6:20-6:50 pm	\$67	\$83.75	SS22455
11/28-12/19	T/Th	6:20-6:50 pm	\$47	\$58.75	SS22456
9/12-10/12	T/Th	6:55-7:25 pm	\$67	\$83.75	SS22457
10/17-11/21	T/Th	6:55-7:25 pm	\$67	\$83.75	SS22458
11/28-12/19	T/Th	6:55-7:25 pm	\$47	\$58.75	SS22459
9/16-10/21	S	9-9:30 am	\$40	\$50	SS22464
10/28-12/16	S	9-9:30 am	\$47	\$58.75	SS22465
9/16-10/21	S	9:35-10:05 am	\$40	\$50	SS22466
10/28-12/16	S	9:35-10:05 am	\$47	\$58.75	SS22467



Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Levels 4 & 5 (continued)					
9/16-10/21	S	10:55-11:25 am	\$40	\$50	SS22470
10/28-12/16	S	10:55-11:25 am	\$47	\$58.75	SS22471
9/17-10/22	Su	2:45-3:15 pm	\$40	\$50	SS22474
10/29-12/17	Su	2:45-3:15 pm	\$47	\$58.75	SS22475
9/17-10/22	Su	3:20-3:50 pm	\$40	\$50	SS22476
10/29-12/17	Su	3:20-3:50 pm	\$47	\$58.75	SS22477
9/17-10/22	Su	4:30-5 pm	\$40	\$50	SS22480
10/29-12/17	Su	4:30-5 pm	\$47	\$58.75	SS22481

Advanced Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Pre-Competitive					
9/11-10/11	M/W	6:55-7:25 pm	\$67	\$83.75	SS22627
10/16-11/20	M/W	6:55-7:25 pm	\$74	\$92.50	SS22628
11/27-12/20	M/W	6:55-7:25 pm	\$54	\$67.50	SS22629
9/12-10/12	T/Th	6:55-7:25 pm	\$67	\$83.75	SS22657
10/17-11/21	T/Th	6:55-7:25 pm	\$67	\$83.75	SS22658
11/28-12/19	T/Th	6:55-7:25 pm	\$47	\$58.75	SS22659
9/16-10/21	S	9-9:30 am	\$40	\$50	SS22664
10/28-12/16	S	9-9:30 am	\$47	\$58.75	SS22665
9/16-10/21	S	9:35-10:05 am	\$40	\$50	SS22666
10/28-12/16	S	9:35-10:05 am	\$47	\$58.75	SS22667
9/17-10/22	Su	3:55-4:25 pm	\$40	\$50	SS22678
10/29-12/17	Su	3:55-4:25 pm	\$47	\$58.75	SS22679

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)



Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Baby/Toddler & Me					
9/11-10/11	M/W	9:40-10:10 am	\$53	\$66.25	SS23003
10/16-11/20	M/W	9:40-10:10 am	\$58	\$72.50	SS23004
11/27-12/20	M/W	9:40-10:10 am	\$42	\$52.50	SS23005
9/12-10/12	T/Th	1-1:30 pm	\$53	\$66.25	SS23045
10/17-11/21	T/Th	1-1:30 pm	\$58	\$72.50	SS23046
11/28-12/19	T/Th	1-1:30 pm	\$37	\$46.25	SS23047
9/12-10/12	T/Th	6:20-6:50 pm	\$53	\$66.25	SS23054
10/17-11/21	T/Th	6:20-6:50 pm	\$53	\$66.25	SS23055
11/28-12/19	T/Th	6:20-6:50 pm	\$37	\$46.25	SS23056
9/16-10/21	S	11:30 am-noon	\$32	\$40	SS23072
10/28-12/16	S	11:30 am-noon	\$37	\$46.25	SS23073

You & Your Preschooler

9/11-10/11	M/W	1-1:30 pm	\$67	\$83.75	SS23112
10/16-11/20	M/W	1-1:30 pm	\$58	\$72.50	SS23113
11/27-12/20	M/W	1-1:30 pm	\$42	\$52.50	SS23114
9/17-10/22	Su	4:30-5 pm	\$32	\$40	SS23180
10/29-12/17	Su	4:30-5 pm	\$37	\$46.25	SS23181

Diving

9/11-10/11	M/W	7:30-8:15 pm	\$79	\$98.75	SS23230
10/16-11/20	M/W	7:30-8:15 pm	\$87	\$108.75	SS23231
11/27-12/20	M/W	7:30-8:15 pm	\$63	\$78.75	SS23232
9/16-10/21	S	11:30 am-noon	\$40	\$37.50	SS23272
10/28-12/16	S	11:30 am-noon	\$36	\$45	SS23273

Teen Swimming Skills - Beginning

9/11-10/11	M/W	7:30-8:15 pm	\$101	\$126.25	SS24030
10/16-11/20	M/W	7:30-8:15 pm	\$111	\$138.75	SS24031
11/27-12/20	M/W	7:30-8:15 pm	\$81	\$101.25	SS24032

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Teen/Adult Swimming Skills - Beginning					
9/11-10/11	M/W	9:05-10 am	\$120	\$150	SS24000
10/16-11/20	M/W	9:05-10 am	\$136	\$170	SS24001
11/27-12/20	M/W	9:05-10 am	\$99	\$123.75	SS24002
9/11-10/11	M/W	8:15-9 pm	\$101	\$126.25	SS24033
10/16-11/20	M/W	8:15-9 pm	\$111	\$138.75	SS24034
11/27-12/20	M/W	8:15-9 pm	\$81	\$101.25	SS24035
9/12-10/12	T/Th	9:05-9:35 am	\$67	\$83.75	SS24036
10/17-11/21	T/Th	9:05-9:35 am	\$74	\$92.50	SS24037
11/28-12/19	T/Th	9:05-9:35 am	\$47	\$58.75	SS24038
9/12-10/12	T/Th	8:30-9 pm	\$67	\$83.75	SS24061
10/17-11/21	T/Th	8:30-9 pm	\$67	\$83.75	SS24062
11/28-12/19	T/Th	8:30-9 pm	\$47	\$58.75	SS24063
9/16-10/21	S	10:10-10:40 am	\$40	\$50	SS24068
10/28-12/16	S	10:10-10:40 am	\$47	\$58.75	SS24069

Teen/Adult Swimming Skills - Intermediate

9/11-10/11	M/W	8:15-9 pm	\$101	\$126.25	SS24133
10/16-11/20	M/W	8:15-9 pm	\$111	\$138.75	SS24134
11/27-12/20	M/W	8:15-9 pm	\$81	\$101.25	SS24135
9/12-10/12	T/Th	8:30-9 pm	\$67	\$83.75	SS24161
10/17-11/21	T/Th	8:30-9 pm	\$67	\$83.75	SS24162
11/28-12/19	T/Th	8:30-9 pm	\$47	\$58.75	SS24163

Private Lessons

*Semi-private lessons available upon request provided guest has two students for enrollment. Enroll one child and contact the swim center to set up lesson. Private lesson and semi-private lesson fee per child applies.

9/11-10/11	M/W	9:05-9:35 am	\$305	\$381.25	SS26000
10/16-11/20	M/W	9:05-9:35 am	\$305	\$381.25	SS26001
11/27-12/20	M/W	9:05-9:35 am	\$305	\$381.25	SS26002
9/11-10/11	M/W	9:40-10:10 am	\$305	\$381.25	SS26003
10/16-11/20	M/W	9:40-10:10 am	\$305	\$381.25	SS26004
11/27-12/20	M/W	9:40-10:10 am	\$244	\$305	SS26005
9/11-10/11	M/W	10:15-10:45 am	\$305	\$381.25	SS26006
10/16-11/20	M/W	10:15-10:45 am	\$305	\$381.25	SS26007
11/27-12/20	M/W	10:15-10:45 am	\$244	\$305	SS26008
9/11-10/11	M/W	1-1:30 pm	\$305	\$381.25	SS26012
10/16-11/20	M/W	1-1:30 pm	\$305	\$381.25	SS26013
11/27-12/20	M/W	1-1:30 pm	\$244	\$305	SS26014
9/11-10/11	M/W	1:30-2 pm	\$305	\$381.25	SS26015
10/16-11/20	M/W	1:30-2 pm	\$305	\$381.25	SS26016
11/27-12/20	M/W	1:30-2 pm	\$244	\$305	SS26017
9/11-10/11	M/W	2-2:30 pm	\$305	\$381.25	SS26018
10/16-11/20	M/W	2-2:30 pm	\$305	\$381.25	SS26019
11/27-12/20	M/W	2-2:30 pm	\$244	\$305	SS26020
9/12-10/12	T/Th	9:05-9:35 am	\$305	\$381.25	SS26036
10/17-11/21	T/Th	9:05-9:35 am	\$335.50	\$419.25	SS26037
11/28-12/19	T/Th	9:05-9:35 am	\$213.50	\$266.75	SS26038
9/12-10/12	T/Th	9:40-10:10 am	\$305	\$381.25	SS26039

Continued

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Private Lessons (continued)					
10/17-11/21	T/Th	9:40-10:10 am	\$335.50	\$419.25	SS26040
11/28-12/19	T/Th	9:40-10:10 am	\$213.50	\$266.75	SS26041
9/12-10/12	T/Th	10:15-10:45 am	\$305	\$381.25	SS26042
10/17-11/21	T/Th	10:15-10:45 am	\$335.50	\$419.25	SS26043
11/28-12/19	T/Th	10:15-10:45 am	\$213.50	\$266.75	SS26044
9/12-10/12	T/Th	1-1:30 pm	\$305	\$381.25	SS26045
10/17-11/21	T/Th	1-1:30 pm	\$335.50	\$419.25	SS26046
11/28-12/19	T/Th	1-1:30 pm	\$213.50	\$266.75	SS26047
9/12-10/12	T/Th	1:30-2 pm	\$305	\$381.25	SS26048
10/17-11/21	T/Th	1:30-2 pm	\$335.50	\$419.25	SS26049
11/28-12/19	F	1:30-2 pm	\$213.50	\$266.75	SS26050
9/12-10/12	T/Th	2-2:30 pm	\$305	\$381.25	SS26051
10/17-11/21	T/Th	2-2:30 pm	\$335.50	\$419.25	SS26052
11/28-12/19	T/Th	2-2:30 pm	\$213.50	\$266.75	SS26053
9/15-10/6	F	9:05-9:35 am	\$122	\$152.50	SS26100
9/15-11/3	F	9:40-10:10 am	\$244	\$305	SS26101
9/15-10/6	F	10:15-10:45 am	\$122	\$152.50	SS26102
9/15-10/6	F	1-1:30 pm	\$122	\$152.50	SS26103
9/15-10/6	F	1:30-2 pm	\$122	\$152.50	SS26104
9/15-10/6	F	2-2:30 pm	\$122	\$152.50	SS26105
10/13-11/3	F	9:05-9:35 am	\$122	\$152.50	SS26106
10/13-11/3	F	9:40-10:10 am	\$122	\$152.50	SS26107
10/13-11/3	F	10:15-10:45 am	\$122	\$152.50	SS26108
10/13-11/3	F	1-1:30 pm	\$122	\$152.50	SS26109
10/13-11/3	F	1:30-2 pm	\$122	\$152.50	SS26110
10/13-11/3	F	2-2:30 pm	\$122	\$152.50	SS26111
11/10-12/8	F	9:05-9:35 am	\$122	\$152.50	SS26112
11/10-12/8	F	9:40-10:10 am	\$122	\$152.50	SS26113
11/10-12/8	F	10:15-10:45 am	\$122	\$152.50	SS26114
11/10-12/8	F	1-1:30 pm	\$122	\$152.50	SS26115
11/10-12/8	F	1:30-2 pm	\$122	\$152.50	SS26116
11/10-12/8	F	2-2:30 pm	\$122	\$152.50	SS26117

Training Programs

Date	Day	Time	ID/AP	OD	Class#
Jr Lifeguard					
The class below is offered on no-school days.					
10/13-11/27	M/Th/F	8:30 am-2 pm	\$149	\$186.25	SS25000
9/16-11/4	S	1-3 pm	\$149	\$186.25	SS25001
Lifeguard Training					
9/13-12/13	W	1:15-2:45 pm	\$246	\$307.50	SS25400
12/26-12/29	T-F	9 am-2 pm	\$246	\$307.50	SS25401



Women-only Lessons

Classes taught by women, for women. Only female staff will be on site.

Teen/Adult Swimming Skills - Beginning

9/17-10/22	Su	5:30-6:15 pm	\$59	\$73.75	SS24082
10/29-12/17	Su	5:30-6:15 pm	\$69	\$86.25	SS24083

*no class 10/1, 11/5, 11/26 or 12/3

Teen/Adult Swimming Skills - Intermediate

9/17-10/22	Su	5:30-6:15 pm	\$59	\$73.75	SS24182
10/29-12/17	Su	5:30-6:15 pm	\$69	\$86.25	SS24183



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