

Adaptive & Inclusive Recreation Services



Services and Recreation Programs for People with Disabilities

Facility Supervisor: Brian Yourstone

Fall Term: Aug. 26 - Dec. 31, 2019

Registration: A THPRD identification card is required for all programs/activity registrations. See page 4 for out-of-district information.

Inclusion Services

Inclusion Services is committed towards providing a continuum of staff support to children, teens and adults with physical and developmental disabilities in order to make all THPRD programming more accessible. We believe that meeting the diverse needs of the community we serve promotes the dignity, success and enjoyment of all participants. Individuals looking for staff support in THPRD programs, or for more information about Inclusion Services, should call 503-629-6330.



THPRD Scholarships

Assistance is available through the THPRD Scholarship Program for in-district participants who qualify. See information on page 7 or call the Administration Office at 503-645-6433 for details.

Adaptive & Inclusive Volunteers

Would you like to have a meaningful and positive impact in your community? Join us and have fun working with children, teens, and adults with developmental disabilities. Call us at 503-629-6330 for more information.

TriMet Lift

Please schedule arrivals and pickups no more than 15 minutes before and no later than 15 minutes after registered/drop-in activities. Staff will not be available before or after that time.

Address for Athletic Center: 50 NW 158th Ave., Beaverton, 97006

Address for the Stuhr Center: 5550 SW Hall Blvd., Beaverton, 97005

For safety and liability reasons, THPRD staff reserve the right to exclude any individual who displays aggressive or challenging behaviors that are inappropriate to a community setting or put the leader or another participant at risk of injury. Alternative program options will be recommended whenever possible.

Adaptive & Inclusive Recreation Services consists of five programs:


Inclusion Services

Individualized supports for patrons experiencing disability in the registered class(es) of their choice. Available at recreation centers throughout the district.

Therapeutic Recreation (TR)

A recreation program for patrons 14+ years of age and older with developmental disabilities. Weekly events and off-site activities are offered throughout the year.

Inclusive Recreation Classes

Inclusive recreation classes for children and adults with and without disabilities are offered at recreation centers throughout the district. Inclusive classes are marked with a **Inclusive** 

Camp Rivendale

A summer day camp providing recreational opportunities for patrons who have physical, emotional, and/or developmental disabilities. The camp runs during the summer for campers ages 6 to 21 and then for adults ages 22 and older.

Adaptive Recreation

A recreation and sports program for children with physical and developmental disabilities. Classes are offered throughout the year for ages 4 to adult.

For more information on any of these program, call Inclusion at 503-629-6330.

Thursday Night All-stars

This is a recreation and socialization program for teens and adults (ages 13+) with developmental disabilities to play pickup games of basketball.

When: Thursdays, 6:15-7:45 pm (times subject to change)

Cost: \$5.25 each time or 5-punch passes available for \$26.25

Location: THPRD Athletic Center - 15707 SW Walker Road, Beaverton (some Thursdays not available)

Participation is on a drop-in basis and requires the following:

- ◆ Completed medical/emergency information form
- ◆ Sign up before attending if you are a new participant
- ◆ Those requiring 1:1 assistance must bring an aide who is required to stay for the entire duration of the activity at the Athletic Center.

For more information, email inclusion@thprd.org or call 503-629-6330.

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Adaptive Aquatics

Therapeutic Recreation (TR) Drop-in

Join us Monday nights for fun activities in this recreational and social program for teens and adults (14+). Enjoy arts & crafts, dances, game nights and more.

Cost: \$5.25 (Except where noted, for off-site activities)

Date & Time: Mondays, 6:30-8:30 pm

For more information and to get on our email list, please call, 503-629-6330. A THPRD Therapeutic Recreation Medical/Emergency Information form is required for all participants.

Those who require 1:1 support must have an aide that stays on site for the duration of the activity or event.

TR Drop-in Events

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
---------------------------	-----	------	---------------	------------------

Outdoor Game Night

Gather outside of the Elsie Stuhr Center for our outdoor game night. We will have interactive lawn games such as cornhole, ladder golf, basketball and more!

9/16 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21001
--------------------------------	---	-------------------------------	------------------------	---------

Cooper Mountain Nature Park

Join us at Cooper Mountain Nature Park for a nature hike! **This offsite evening is located at 18892 SW Kemmer Rd, Beaverton.** We will have water available for our hikers, but feel free to bring your own water bottle. Please dress accordingly, this is an outdoor event.

9/23 (1)	M	6:30-8 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC20003
----------	---	----------------------------	------------------------	---------

Self-Care Awareness Celebration

September is self-care awareness month. We are going to celebrate by learning different ways we can take care of ourselves.

9/30 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC20004
--------------------------------	---	-------------------------------	------------------------	---------

Trivia Night

It's time to test your knowledge! Work together with your teammates to beat the clock and answer trivia questions from a variety of topics.

10/7 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21015
--------------------------------	---	-------------------------------	------------------------	---------

National Dessert Day Celebration

Did you know today is national dessert day? We are going to celebrate by taste testing a few different desserts and play a few games. If you have dietary concerns or constrictions, please notify the inclusion department.

10/14 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21119
---------------------------------	---	-------------------------------	------------------------	---------

A Night out at the Movies

We've got the popcorn, now all we need is you! Gather in the Elsie Stuhr Center for a star-studded movie. Popcorn and refreshments will be served.

10/21 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21105
---------------------------------	---	-------------------------------	------------------------	---------

TR Drop-in Events

Dates (Weeks) Location	Day	Time	Ages ID/AP	Class Code OD
---------------------------	-----	------	---------------	------------------

Talent Show

Show us what you've got! Let's celebrate all of the incredible talent TR Drop-In has to offer. You can bring your own music and sing, show off your best dance moves, tell a joke or surprise us all with your special talents. Refreshments and snacks will be served.

11/4 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC20009
--------------------------------	---	-------------------------------	------------------------	---------

Board Games and Puzzles Night

It's National Game and Puzzle week! To celebrate, TR Drop-In is hosting a game night filled with a variety of games and puzzles to play in a group or as an individual. Feel free to bring a game from home to share at Game Night!

11/18 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC20010
---------------------------------	---	-------------------------------	------------------------	---------

Bingo Birthday

Did you know December is National Bingo Month? We are celebrating with Bingo Birthday! There will be cake along with prizes handed out to the Bingo winners. Happy Birthday!

12/2 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21112
--------------------------------	---	-------------------------------	------------------------	---------

Craft Creations

Let the creativity flow at craft night! Create a masterpiece to take home or give to a friend. There will be several crafts to explore throughout the evening. Let the crafting begin!

12/9 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21203
--------------------------------	---	-------------------------------	------------------------	---------

Winter Celebration

To celebrate the last TR drop-in of 2019, we will have music, dancing, crafts and snacks to enjoy throughout the evening!

12/16 (1) Elsie Stuhr Center	M	6:30-8:30 pm ID/AP: \$5.25	14-adult OD: \$5.25	AC21217
---------------------------------	---	-------------------------------	------------------------	---------

Join THPRD and Adaptive Sports Northwest for wheelchair basketball!

This drop-in program provides a weekly opportunity for youth and adults experiencing physical disabilities to play wheelchair basketball. A completed Medical Emergency Information Form is required for participation.

*A limited number of sports wheelchairs are available for participants that do not have a personal sports chair.

Cost: \$5.25 each time or 5-punch passes available for \$26.25.
Location: THPRD Athletic Center
15707 Walker Road
Beaverton, 97006

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)