

Adaptive & Inclusive Recreation Services



Services and Recreation Programs for People with Disabilities

Facility Supervisor: Brian Yourstone

Summer Term: June 17-Aug. 25, 2019

Registration: A THPRD identification card is required for all programs/activity registrations. See page 4 for out-of-district information.

Inclusion Services

Inclusion Services is committed towards providing a continuum of staff support to children, teens and adults with physical and developmental disabilities in order to make all THPRD programming more accessible. We believe that meeting the diverse needs of the community we serve promotes the dignity, success and enjoyment of all participants. Individuals looking for staff support in THPRD programs, or for more information about Inclusion Services, should call 503-629-6330.

All Ability Tri4Youth - August 10 • 9 am

Howard M. Terpenning Recreation Complex

50 yard swim; 2 mile bike ride; .5 mile run

Ages 8-26 \$35 per athlete

For more information go to www.Factoregon.org

THPRD Scholarships

Assistance is available through the THPRD Scholarship Program for in-district participants who qualify. See information on page 7 or call the Administration Office at 503-645-6433 for details.

Adaptive & Inclusive Volunteers

Would you like to have a meaningful and positive impact in your community? Join us and have fun working with children, teens, and adults with developmental disabilities. Call us at 503-629-6330 for more information.

TriMet Lift

Please schedule arrivals and pickups no more than 15 minutes before and no later than 15 minutes after registered/drop-in activities. Staff will not be available before or after that time.

Address for Athletic Center: 50 NW 158th Ave., Beaverton, 97006

Address for the Stuhr Center: 5550 SW Hall Blvd., Beaverton, 97005

For safety and liability reasons, THPRD staff reserve the right to exclude any individual who displays aggressive or challenging behaviors that are inappropriate to a community setting or put the leader or another participant at risk of injury. Alternative program options will be recommended whenever possible.

Adaptive & Inclusive Recreation Services consists of five programs:


Inclusion Services

Individualized supports for patrons experiencing disability in the registered class(es) of their choice. Available at recreation centers throughout the district.

Therapeutic Recreation (TR)

A recreation program for patrons 14+ years of age and older with developmental disabilities. Weekly events and off-site activities are offered throughout the year.

Inclusive Recreation Classes

Inclusive recreation classes for children and adults with and without disabilities are offered at recreation centers throughout the district. Inclusive classes are marked with a 

Camp Rivendale

A summer day camp providing recreational opportunities for patrons who have physical, emotional, and/or developmental disabilities. The camp runs during the summer for campers ages 6 to 21 and then for adults ages 22 and older.

Adaptive Recreation

A recreation and sports program for children with physical and developmental disabilities. Classes are offered throughout the year for ages 4 to adult.

For more information on any of these program, call Inclusion at 503-629-6330.

Thursday Night All-stars

This is a recreation and socialization program for teens and adults (ages 13+) with developmental disabilities to play pickup games of basketball.

When: Thursdays, 6:15-7:45 pm (times subject to change)

Cost: \$5.25 each time or 5-punch passes available for \$26.25

Location: THPRD Athletic Center - 15707 SW Walker Road, Beaverton (some Thursdays not available)

Participation is on a drop-in basis and requires the following:

- ◆ Completed medical/emergency information form
- ◆ Sign up before attending if you are a new participant
- ◆ Those requiring 1:1 assistance must bring an aide who is required to stay for the entire duration of the activity at the Athletic Center.

For more information, email inclusion@thprd.org or call 503-629-6330.

Adaptive Aquatics

Lessons and more - see pages 76, 81, 92 & 105.

Mighty Movers Every Wednesday, 6-7 pm

This Wednesday night recreational program is for kids (ages 6-13) experiencing developmental disabilities. The sessions will vary between artistic expression opportunities and heart pumping exercise. The semester schedule for this drop-in program can be located on our website www.thprd.org under adaptive recreation.

Cost: \$5.25 **Location:** Tualatin Hills Athletic Center

For more information or to sign up for our email list, please call 503-629-6330. A THPRD Therapeutic Recreation Medical/Emergency Information form is required for all participants. Those who require 1:1 support must have an aide that stays on site for the duration of the activity or event.

Therapeutic Recreation (TR) Drop-in

Join us Monday nights for fun activities in this recreational and social program for teens and adults (14+). Enjoy arts & crafts, dances, game nights and more.

Cost: \$5.25 (Except where noted, for off-site activities)

Date & Time: Mondays, 6:30-8:30 pm

For more information and to get on our email list, please call, 503-629-6330. A THPRD Therapeutic Recreation Medical/Emergency Information form is required for all participants.

Those who require 1:1 support must have an aide that stays on site for the duration of the activity or event.

TR Drop-in Events

Dates (Weeks) Location	Day	Time	Class Code OD
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4th of July Celebration

Let's celebrate the upcoming holiday with lawn games, arts and crafts, indoor games and more! Happy 4th of July!

7/1 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19001
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Picnic in the Park

Pack up your dinner for the annual summer picnic! Please bring a towel or blanket to sit on, along with a sack dinner to enjoy. Please note: We will walk from the Elsie Stuhr Center to Beaverton City Park and back.

7/8 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19002
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Game Night

It's game night! We will have a variety of games throughout the night that are either indoor or outdoor. Bring your A-game and a game to share.

7/15 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19003
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TR Drop-in Events

Dates (Weeks) Location	Day	Time	Class Code OD
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Summer Solstice Shakedown

Gather at the Stuhr Center to celebrate the summer solstice! There will be music, dancing, and prizes to kick off this summer!

7/22 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19004
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Painting with a Twist

Come explore your artistic side with tonight's painting with a twist night! The theme? Learning to paint without the traditional paintbrush. Snack and beverage will be provided.

7/29 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19005
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A Night out at the Movies

We've got the star-studded movie, popcorn and beverage. All that's missing is you! Gather at the Stuhr center for a fun night in.

8/5 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19006
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Summer Walk-A-Thon

How many laps will you walk at this summer's walk-a-thon? Mini prizes along with certificates will be handed out to celebrate your hard work. There will be water available for all walkers.

8/12 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19007
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Interactive Lawn Games

Join us on the lawn outside of the Stuhr Center for a night of outdoor games! There will be a wide variety to explore and challenge a friend to.

8/19 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19008
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Red Robin Food Outing

Join us at Red Robin, located at 4105 SW 117th Ave, Suite F, Beaverton, OR 97005. Please bring \$20 for your meal and gratuity.

8/26 (1) Off-site	M	6:30-8:30 pm	14 yrs-Adult OD: \$5.25	AC19009
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Summer Camps

Tualatin Hills Athletic Center

503-629-6330

Wilderness Camp

This camp program is located at the Tualatin Hills Athletic Center (15707 SW Walker Rd. Beaverton, OR 97006) dedicated to providing recreational opportunities for children ages 6-14, who demonstrate maladaptive behaviors as primary condition of their disability. Campers are encouraged to explore areas of music, dance, drama, visual arts, sports and aquatics. Each week campers will go on field trips and off-site excursions.

Wilderness Camp is structured to foster positive peer interaction, self-confidence, as well as social, and emotional growth. Outdoor based activities are designed to help campers enhance social skills, communication, and independence. Each day consistent of activities and games designed to promote team work, independence and positive communication skills.

Registration Process:

At the initial registration, please sign up for the weeks of camp

you are interested in attending. No payment is due at the time of sign-up. THPRD staff will then contact you and provide you with the 2019 camper application, or you can find it online at www.thprd.org/camprivedale. Once completed camper application has been received, staff will contact you to complete the registration process.

Wilderness Camp Deposits and Balances: Fees for Week 1 will be due in full at the completion of the registration process. The balance of all other weeks will be due by 4 pm on Monday, one week prior to the start date of each camp week. Payment for additional weeks can also be made in full online.

Out-of-District assessment fee: \$88/per term per family.

ID/SRD: In-district/Specialized recreation discount

OD/AP: Out-of-District, assessment paid;

OD: Out-of-district, no assessment paid

Week 1 CR19201

6/24-6/28 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due at end of registration process.

Week 2 CR19201

7/1-7/5 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$236 OD: \$268
Balance due no later than 6/24. (No camp 7/4)

Week 3 CR19203

7/8-7/12 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 7/1

Week 4 CR19204

7/15-7/19 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 7/8

Week 5 CR19205

7/22-7/26 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 7/15

Week 6 CR19206

7/29-8/2 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 7/22

Week 7 CR19207

8/5-8/9 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 7/29

Week 8 CR19208

8/12-8/16 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 8/5

Week 9 CR192090

8/19-8/23 M-F 9:15 am-2:45 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due no later than 8/12

This program is held at the Tualatin Hills Athletic Center, located at 15707 SW Walker Rd. Beaverton, OR 97006.



Summer Camps

Camp Rivendale

503-629-6330

Camp Rivendale

Camp Rivendale is a summer day camp program provides recreational opportunities for children and adults who have physical and/or developmental disabilities. Campers are encouraged to explore areas of music, dance, drama, visual arts, sports and aquatics. Each week campers will go on field trips and off-site excursions.

This camp is structured to foster physical, social, and emotional growth. Weekly activities are designed to help campers enhance social skills, communication, independence, and motor skills. Staff and volunteers foster peer relations, which allows campers to share affection, support, and companionship. Through community engagement, We strive to develop community support and encourage attitude changes to reflect dignity, self-respect, and independence for individuals with disabilities.

Camp Rivendale is divided into three subgroups:

Chipmunks

For campers ages 6-12 with physical and/or developmental disabilities.

A-Team

For campers ages 13-21 with physical and/or developmental disabilities.

Adults

For campers age 22+ with physical and/or developmental disabilities.

Registration Process:

At the initial registration, please sign up for the weeks of camp you are

interested in attending. No payment is due at the time of sign-up. THPRD staff will then contact you and provide you with the 2019 camper application, or you can find it online at www.thprd.org/camprivendale. Once completed camper application has been received, staff will contact you to complete the registration process.

Appropriate subgroup placement of each camper is determined by staff. Registration is accepted by walk-in, online and email.

Camp Rivendale Deposits and Balances:

Fees for Week 1 of youth and adults

weeks will be due in full at the completion of the registration process. The balance of all other weeks will be due by 4 pm on Monday, one week prior to the start date of each camp week. Payment for additional weeks can also be made in full online.

Out-of-District assessment fee: \$88/ per term per family.

ID/SRD: In-district/Specialized recreation discount

OD/AP: Out-of-District, assessment paid;

OD: Out-of-district, no assessment paid

Week 1 CR19101

6/24-6/28 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due at registration.

Week 2 CR19102

7/1-7/5 M-F 9 am-3 pm
ID/SRD: \$180 OD/AP: \$236 OD: \$268
Balance due by 6/24 (No Camp 7/4)

Week 3 CR19103

7/8-7/12 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 7/1.

Week 4 CR19104

7/15-7/19 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 7/8.

Week 5 CR19105

7/22-7/26 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 7/15.

Week 6 CR19106

7/29-8/2 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 7/22.

Week 7 CR19107

8/5-8/9 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 7/29.

Week 8 CR19108

8/12-8/16 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 8/5.

Week 9 CR19109

8/19-8/23 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 8/12.

Adult Week 1 (22+ years)

6/17-6/21 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 6/10.

Adult Week 2 (22+ years)

8/26-8/30 M-F 9 am-3 pm
ID/SRD: \$225 OD/AP: \$296 OD: \$335
Balance due by 8/19.

