

# Tualatin Hills Athletic Center



**HMT Recreation Complex**  
**15707 SW Walker Road**  
**Beaverton, 97006**  
**503-629-6330**

TriMet Bus Routes #59, #67

**Facility Supervisor:** Brian Yourstone

**Summer Term:** June 17-Aug. 25, 2019

**Center Hours:**

Monday-Friday	6 am-10 pm
Saturday	8 am-10 pm
Sunday	10 am-10 pm

**Facility Closed:** 5/27, 7/4, 8/26-9/2

**Athletic Center Features:**

- Indoor Track
- Indoor Courts
- Outdoor Fields

## Inclusion Services

THPRD promotes the power of choice to enhance the quality of life for individuals of all abilities. We do this by providing diverse, accessible recreation in an environment that promotes dignity, success and fun. Through inclusion services, the district may provide reasonable staff support for those who prefer other THPRD programs and/or activities.

To request inclusion services, please call 503-629-6330 or email [inclusion@thprd.org](mailto:inclusion@thprd.org).

## Facility Rentals

Athletic Center courts are available for rental on a limited basis. For details, please call Kyle Kotchik at 503-629-6330.



thprdAthletics



## All Ability Tri4Youth

Want to try a triathlon? Join us for the 2019 All Ability Tri4Youth, a fully accessible triathlon open to youth of all abilities ages 8 to 26.

**This event is for everyone – with and without disability!**

Athletes will swim 50 yards, bike 2 miles, and run .5 miles on a fully accessible course, some using adaptive equipment and competing on their own or on a team. This is an event for youth of ALL abilities.

**When:** August 10, 2019, 9 am

**Where:** The Howard M. Terpenning Recreation Complex at Tualatin Hills Park & Rec

**What:** 50 yard swim; 2 mile bike ride; .5 mile run

**Age:** Youth ages 8-26

**Cost:** \$35 per athlete

**Register today at <http://www.Factoregon.org>**

If you are interested in volunteering for this event, please visit: <https://www.z2systems.com/np/clients/factoregon/eventRegistration.jsp?event=2162&>

## Outdoor Recreation

### Tualatin Hills Skate Park

The skate park is located on the north end of the Howard M. Terpenning Recreation Complex. Helmets and protective gear are highly recommended. Park hours are dawn to dusk, weather permitting.

### Novice Skate Park

The novice skate park is located next to the big skate park at the north end of the Howard M. Terpenning Recreation Complex. Helmets and protective gear are highly recommended. Hours are dawn to dusk, weather permitting.

### Outdoor Pickleball Area

Located at the Howard M. Terpenning Recreation Complex. Pickleball can also be played at the following locations, but you must bring your own net. Rock Creek Landing Park, Ridgewood View Park, Elsie Stuhr Center and our newest location, Raleigh Park all have permanent nets.

Contact the Babette Horenstein Tennis Center for their rental and drop-in options for pickleball.

### Outdoor Roller Hockey Rink

Visit our outdoor roller hockey arena, located on the north end of the Howard M. Terpenning Recreation Complex. Arena hours are dawn to dusk, weather permitting.

### Ridgewood View Bocce Courts

There are courts at Ridgewood View Park ready for drop-in play. Call the Athletic Center with any questions.

### Greenway Park Disc Golf

Greenway Park has a nine-hole disc golf course. Visit [www.thprd.org](http://www.thprd.org) for more information.

## Drop-in Sports

**Badminton, basketball, table tennis, volleyball, pickleball**

Due to heavy demands on gym space, the drop-in schedule varies by week. Schedules are available on the website, or call the Athletic Center.

**Photo ID required.**

### Indoor Walking/Jogging Track (1/6 mile)

Monday-Friday: 6 am-10 pm  
 Saturday: 8 am-10 pm  
 Sunday: 10 am-10 pm



## Drop-in Sports Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball	11:30 am-2:30 pm Adult	11:30 am-2:30 pm Adult	11:30 am-2:30 pm Adult	11:30 am-2:30 pm Adult	11:30 am-2:30 pm Adult	Call for times	Call for times
	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	Call for times	Call for times
					7-9:45 pm Teen	7-9:45 pm Adult	7-9:45 pm Adult
Badminton	6-8:45 am	6-8:45 am	6-8:45 am	6-8:45 am	6-8:45 am	Call for times Adult	Call for times Adult
Pickleball						Call for times Adult	Call for times Adult
Volleyball						7-9:45 pm 16+	7-9:45 pm Adult
Table Tennis						Call for times	

All times and days subject to change weekly.

See page 5 for shower and dressing room information.

## Thursday Night All-stars

**This is a recreation and socialization program for teens and adults (ages 13+) with developmental disabilities to play pickup games of basketball.**

**When:** Thursdays, 6:15-7:45 pm (times subject to change)  
**Cost:** \$5.25 each time or 5-punch passes available for \$26.25

**Location:** THPRD Athletic Center - 15707 SW Walker Road, Beaverton (some Thursdays not available)

**Participation is on a drop-in basis and requires the following:**

- ◆ Completed medical/emergency information form
- ◆ Sign up before attending if you are a new participant

- ◆ Those requiring 1:1 assistance must bring an aide who is required to stay for the entire duration of the activity at the Athletic Center.

**For more information, call Inclusion Services, 503-629-6330 or email [inclusion@thprd.org](mailto:inclusion@thprd.org)**

We are so much more than just recreation! THPRD classes teach many skills, including self-confidence, cooperation, motivation, active listening, discipline, team-building, effective communication, problem-solving and decision making. Empowerment, ability and positive attitude are celebrated.

## Arts & Crafts - Preschool/Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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### Crazy Creations

Come experience the joys of arts and crafts as we explore the many ways we express ourselves through drawing, painting, mixed media and more.

6/18-7/2 (3) Rm 101	T/Th	5:15-6 pm ID/AP: \$51	4-6 yrs OD: \$63.75	AC14101
7/9-7/25 (3) Rm 101	T/Th	5:15-6 pm ID/AP: \$59	4-6 yrs OD: \$73.75	AC14102
7/30-8/15 (3) Rm 101	T/Th	5:15-6 pm ID/AP: \$59	4-6 yrs OD: \$73.75	AC14103

### Dynamic Drawing

Come learn the basics of art as we explore various methods and materials! Drawing, watercolor, shape and animals are a few of the things you'll be learning about in this class. No experience needed!

6/18-7/2 (3) Rm 101	T/Th	6:15-7 pm ID/AP: \$51	6-12 yrs OD: \$63.75	AC14110
7/9-7/25 (3) Rm 101	T/Th	6:15-7 pm ID/AP: \$59	6-12 yrs OD: \$73.75	AC14110A
7/30-8/15 (3) Rm 101	T/Th	6:15-7 pm ID/AP: \$59	6-12 yrs OD: \$73.75	AC14111
6/18-7/4 (3) Rm 101	T/Th	7:30-8:15 pm ID/AP: \$51	6-12 yrs OD: \$63.75	AC14111A
7/9-7/25 (3) Rm 101	T/Th	7:30-8:15 pm ID/AP: \$59	6-12 yrs OD: \$73.75	AC14112
7/30-8/15 (3) Rm 101	T/Th	7:30-8:15 pm ID/AP: \$59	6-12 yrs OD: \$73.75	AC14112A

### Messy Little Fingers

Find out how our own little fingers can tell a story through finger painting, making pictures with different art media and creating fun crafts. **Parent participation required.**

6/18-7/2 (3) Rm 101	M/W	3:45-4:30 pm ID/AP: \$59	1-3 yrs OD: \$73.75	AC14104
7/9-7/25 (3) Rm 101	M/W	3:45-4:30 pm ID/AP: \$59	1-3 yrs OD: \$73.75	AC14105
7/30-8/15 (3) Rm 101	M/W	3:45-4:30 pm ID/AP: \$59	1-3 yrs OD: \$73.75	AC14106
6/18-7/2 (3) Rm 101	M/W	4:50-5:35 pm ID/AP: \$59	2-4 yrs OD: \$73.75	AC14107
7/9-7/25 (3) Rm 101	M/W	4:50-5:35 pm ID/AP: \$59	2-4 yrs OD: \$73.75	AC14108
7/30-8/15 (3) Rm 101	M/W	4:50-5:35 pm ID/AP: \$59	2-4 yrs OD: \$73.75	AC14109

## General Interest - Preschool/Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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### Mini Movers

Join this fun class that blends music, movement and games. Each week will have a different theme to spark imagination through movement while focusing on listening, taking turns and building confidence. **Parent participation required.**

6/17-7/3 (3) Ct 1	M/W	10:15-10:45 am ID/AP: \$38	2-5 yrs OD: \$47.50	AC15101
7/8-7/24 (3) Ct 1	M/W	10:15-10:45 am ID/AP: \$38	2-5 yrs OD: \$47.50	AC15102
7/29-8/14 (3) Ct 1	M/W	10:15-10:45 am ID/AP: \$38	2-5 yrs OD: \$47.50	AC15103

### Munchkin Music & More

Sing, dance and have fun while music gently leads your child to discover movement in this new class. Help develop strength, coordination and balance. **Parent participation required.**

6/18-7/2 (3) Ct 1	T/Th	11-11:30 am ID/AP: \$38	2-4 yrs OD: \$41.25	AC12116
7/9-7/25 (3) Ct 1	T/Th	11-11:30 am ID/AP: \$38	2-4 yrs OD: \$47.50	AC12117
7/30-8/15 (3) Ct 1	T/Th	11-11:30 am ID/AP: \$38	2-4 yrs OD: \$47.50	AC12118

### Tots in Tow

Get your child started early in this fun class while learning to take turns, follow directions, share and play with others. Your child will learn better balance, coordination and flexibility while gaining confidence in a fun and exciting way. **Parent participation required.**

6/18-7/2 (3) Ct 1	T/Th	10:15-10:45 am ID/AP: \$33	1-3 yrs OD: \$41.25	AC15106
7/9-7/25 (3) Ct 1	T/Th	10:15-10:45 am ID/AP: \$38	1-3 yrs OD: \$47.50	AC15107
7/30-8/15 (3) Ct 1	T/Th	10:15-10:45 am ID/AP: \$38	1-3 yrs OD: \$47.50	AC15108

### Tiny Jumpers

With the use of trampolines, music, and games, your child can work on large motor skills through jumping, balancing and tumbling. You will see your child's self-esteem and confidence grow. **Parent participation required.**

6/21-7/26 (6) Ct 1	F	8:45-9:15 am ID/AP: \$38	1-3 yrs OD: \$47.50	AC15104
6/21-7/26 (6) Ct 1	F	10:15-10:45 am ID/AP: \$38	1-3 yrs OD: \$47.50	AC15104A

### Tiny Tumblers

Your child will build strength through play with ramps, slides and climbers. Stretches and music time filled with fun and stimulation prepare us for the experience of tumbling through, over, and around different shapes. **Parent participation required.**

6/21-7/26 (6) Ct 1	F	9:30-10 am ID/AP: \$38	10 mths-1 yrs OD: \$47.50	AC15105
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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Diamond Dreams</b>				
Is your child ready to play T-ball? Get ready by learning basic skills: throwing, catching, hitting off a tee, base running and more. Your child will learn to love the sport along with learning sportsmanship, cooperation, self-confidence and more. Glove optional.				
6/17-7/3 (3) Ct 2	M/W	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12101
7/8-7/24 (3) Ct 2	M/W	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12102
7/29-8/14 (3) Ct 2	M/W	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12103
6/18-7/2 (3) Ct 1	T/Th	2:30-3 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12104
7/9-7/25 (3) Ct 1	T/Th	2:30-3 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12105
7/30-8/15 (3) Ct 1	T/Th	2:30-3 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12106

### Fitness Fun for Girls

This fitness class for girls will introduce basketball, baseball, soccer, track, tumbling and more while mixed with team-building activities and fitness music. They will learn a variety of ways to stay active, while building confidence, character and body strength.

6/18-7/2 (3) Ct 1	T/Th	1-1:30 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12107
7/9-7/25 (3) Ct 1	T/Th	1-1:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12108
7/30-8/15 (3) Ct 1	T/Th	1-1:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12109

### Munchkin Sportz Center

Each week your instructor will assist you in the fundamentals as you play with your child in activities from baseball to soccer and beyond. Your child will learn cooperation, teamwork and build self-esteem. **Parent participation required.**

6/17-7/3 (3) Ct 1	M/W	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC12119
7/8-7/24 (3) Ct 1	M/W	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC12120
7/29-8/14 (3) Ct 1	M/W	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC12121
6/17-7/3 (3) Ct 1	M/W	4:15-4:45 pm ID/AP: \$38	2-3 yrs OD: \$47.50	AC12122
7/8-7/26 (3) Ct 1	M/W	4:15-4:45 pm ID/AP: \$38	2-3 yrs OD: \$47.50	AC12123
7/29-8/14 (3) Ct 1	M/W	4:15-4:45 pm ID/AP: \$38	2-3 yrs OD: \$47.50	AC12124
6/17-7/3 (3) Ct 1	M/W	2:30-3 pm ID/AP: \$38	2-3 yrs OD: \$47.50	AC12125
7/8-7/24 (3) Ct 1	M/W	2:30-3 pm ID/AP: \$38	2-3 yrs OD: \$47.50	AC12126
7/29-8/14 (3) Ct 1	M/W	2:30-3 pm ID/AP: \$38	2-3 yrs OD: \$47.50	AC12127
6/18-7/2 (3) Ct 2	T/Th	9:30-10 am ID/AP: \$33	2-3 yrs OD: \$41.25	AC12110
7/8-7/26 (3) Ct 2	T/Th	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC12111
7/30-8/15 (3) Ct 2	T/Th	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC12112

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Music, Rhythm, &amp; Hip-Hop</b>				
This movement class will include music with a hip-hop beat. A variety of music will be used to make it easy and fun to follow along. Your child will improve their confidence and self-esteem as they move to the rhythm and beat.				
6/21-7/26 (6) Ct 1	F	11:15-11:45 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12128
<b>Pee Wee Cheerleading</b>				
Your child will enjoy learning how to do cheers, tumbling, simple dance, jump and use pom poms. This class will help your child express him/herself by cheering on family members at games! Cheering instills confidence and encourages involvement.				
6/21-7/26 (6) Ct 1	F	Noon-12:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12129

### Pee Wee Football

This class is focused on having fun while learning. Your child will learn the basic football skills, teamwork, cooperation and will build confidence, simplified for younger children. Class is non-contact and held indoors.

6/17-7/3 (3) Ct 1	M/W	5-5:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12130
7/8-7/24 (3) Ct 1	M/W	5-5:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12131
7/29-8/14 (3) Ct 1	M/W	5-5:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12132
6/18-7/2 (3) Ct 2	T/Th	10:15-10:45 am ID/AP: \$33	3-6 yrs OD: \$41.25	AC12133
7/9-7/25 (3) Ct 2	T/Th	10:15-10:45 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12134
7/30-8/15 (3) Ct 2	T/Th	10:15-10:45 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12135

### Pee Wee Hoops

Start your child off learning the basics of basketball and building their confidence in a fun environment. Learn to catch, pass, dribble and shoot a basketball. Emphasizes positive attitude, fair play and fun.

6/17-7/3 (3) Ct 2	M/W	9:30-10 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12136
7/8-7/24 (3) Ct 2	M/W	9:30-10 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12137
7/29-8/14 (3) Ct 2	M/W	9:30-10 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12138
6/17-7/3 (3) Ct 2	M/W	10:15-10:45 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12139
7/8-7/24 (3) Ct 2	M/W	10:15-10:45 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12140
7/29-8/14 (5) Ct 2	M/W	10:15-10:45 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12141
6/17-7/3 (3) Ct 2	M/W	1:15-1:45 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12142
7/8-7/24 (3) Ct 2	M/W	1:15-1:45 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12143
7/29-8/14 (3) Ct 2	M/W	1:15-1:45 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12144
6/18-7/2 (6) Ct 2	T/Th	11-11:30 am ID/AP: \$33	3-6 yrs OD: \$41.25	AC12145

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Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Pee Wee Hoops (continued)</b>				
7/9-7/25 (3) Ct 2	T/Th	11-11:30 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12146
7/30-8/15 (3) Ct 2	T/Th	11-11:30 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12147
6/18-7/2 (3) Ct 1	T/Th	3:50-4:20 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12148
7/9-7/25 (3) Ct 1	T/Th	3:50-4:20 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12149
7/30-8/15 (3) Ct 1	T/Th	3:50-4:20 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12150
6/18-7/2 (3) Ct 1	T/Th	4:30-5 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12151
7/9-7/25 (3) Ct 1	T/Th	4:30-5 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12152
7/30-8/15 (3) Ct 1	T/Th	4:30-5 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12153

### Pee Wee Hoops, Girls Only

Start your girl off learning the basics of basketball and building their confidence in a fun environment. Learn to catch, pass, dribble and shoot a basketball. Emphasizes positive attitude, fair play and fun.

6/18-7/2 (3) Ct 1	T/Th	3:10-3:40 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12178
7/9-7/25 (3) Ct 1	T/Th	3:10-3:40 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12179
7/30-8/15 (3) Ct 1	T/Th	3:10-3:40 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12180

### Pee Wee Soccer

Dribbling, trapping, and passing are included in this indoor class. Your child will have fun, learn teamwork, cooperation and build up confidence. Shin guards and gym shoes recommended.

6/17-7/3 (3) Ct 2	M/W	11-11:30 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12154
7/8-7/24 (3) Ct 2	M/W	11-11:30 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12155
7/29-8/14 (3) Ct 2	M/W	11-11:30 am ID/AP: \$38	3-6 yrs OD: \$47.50	AC12156
6/17-7/3 (3) Ct 1	M/W	1:45-2:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12157
7/8-7/24 (3) Ct 1	M/W	1:45-2:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12158
7/29-8/14 (3) Ct 1	M/W	1:45-2:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12159
6/17-7/3 (3) Ct 1	M/W	5:45-6:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12161
7/8-7/24 (3) Ct 1	M/W	5:45-6:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12162
7/29-8/14 (3) Ct 1	M/W	5:45-6:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12163
6/17-7/3 (3) Ct 1	M/W	6:30-7 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12164
7/8-7/24 (3) Ct 1	M/W	6:30-7 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12165
7/29-8/14 (3) Ct 1	M/W	6:30-7 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12166
6/18-7/2 (3) Ct 2	T/Th	11:45 am-12:15 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12167

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Pee Wee Soccer (continued)</b>				
7/9-7/25 (3) Ct 2	T/Th	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12168
7/30-8/15 (3) Ct 2	T/Th	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12169
6/18-7/2 (3) Ct 1	T/Th	5:10-5:40 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12170
7/9-7/25 (3) Ct 1	T/Th	5:10-5:40 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12171
7/30-8/15 (3) Ct 1	T/Th	5:10-5:40 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12172
6/18-7/2 (3) Ct 1	T/Th	5:50-6:20 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12173
7/9-7/25 (3) Ct 1	T/Th	5:50-6:20 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12174
7/30-8/15 (3) Ct 1	T/Th	5:50-6:20 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12175

### Pee Wee Soccer, Girls Only

Dribbling, trapping, and passing are included in this indoor class just for girls. Your daughter will have fun, learn teamwork, cooperation and build up confidence. Shin guards and gym shoes recommended.

6/18-7/2 (3) Ct 1	T/Th	1:45-2:15 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC12181
7/9-7/25 (3) Ct 1	T/Th	1:45-2:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12182
7/30-8/15 (3) Ct 1	T/Th	1:45-2:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12183

### Sportz Center



Join this fun, new class that teaches basic techniques to a variety of sports. Boys and girls will build confidence and self-esteem while learning to follow directions using activities and games. Soccer, t-ball and basketball included.

6/17-7/3 (3) Ct 1	M/W	1-1:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12184
7/8-7/24 (3) Ct 1	M/W	1-1:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12185
7/29-8/14 (3) Ct 1	M/W	1-1:30 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC12186

## THPRD Inclusive Classes

When you see this icon by a class, it means the class is inclusive, designed for participants with or without disabilities.

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)



## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Beginner Tumbling</b>				
We will work on balancing, jumping and tumbling skills while building the confidence needed to play and get along in a classroom. <b>Parent participation required.</b>				
6/17-7/3 (3) Ct 1	M/W	11-11:30 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC13101
7/8-7/24 (3) Ct 1	M/W	11-11:30 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC13102
7/29-8/14 (3) Ct 1	M/W	11-11:30 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC13103
6/18-7/2 (3) Ct 1	T/Th	9:30-10 am ID/AP: \$33	2-3 yrs OD: \$41.25	AC13104
7/9-7/25 (3) Ct 1	T/Th	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC13105
7/30-8/15 (3) Ct 1	T/Th	9:30-10 am ID/AP: \$38	2-3 yrs OD: \$47.50	AC13106

### Tumbling

A fun way for your child to work on gymnastic skills! Emphasizes basic movements, jumps, floor work fundamentals, somersaults, etc. Builds strength, flexibility, coordination and confidence.

6/17-7/3 (3) Ct 1	M/W	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC13107
7/8-7/24 (3) Ct 1	M/W	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC13108
7/29-8/14 (3) Ct 1	M/W	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC13109
6/18-7/2 (3) Ct 1	T/Th	11:45 am-12:15 pm ID/AP: \$33	3-6 yrs OD: \$41.25	AC13110
7/9-7/25 (3) Ct 1	T/Th	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC13111
7/30-8/15 (3) Ct 1	T/Th	11:45 am-12:15 pm ID/AP: \$38	3-6 yrs OD: \$47.50	AC13112



## Sports & Fitness - Youth/Teen

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Elite Basketball</b>				
Teaches the fundamentals of dribbling, passing, shooting, and the intricacies of the game in a fun, positive environment. It is designed for high school players; all athletes regardless of ability level will learn new skills along with life lessons such as respect, teamwork and responsibility.				
6/17-8/12 (9) Ct 2	M	7-8 pm ID/AP: \$94	14-18 OD: \$117.50	AC12301

## Sports & Fitness - Youth/Teen

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Basketball Scrimmages</b>				
This basketball class is geared to those who already have the basic basketball skill and concepts. Students will have warm-up drills and instruction, with most of the class dedicated to controlled scrimmage games. Instructor will control the scrimmages for instruction opportunities and safety				
6/18-7/2 (3) Ct 2	T/Th	4:30-5:30 pm ID/AP: \$54	9-12 yrs OD: \$67.50	AC12201
7/9-7/25 (3) Ct 2	T/Th	4:30-5:30 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12202
7/30-8/15 (3) Ct 1	T/Th	4:30-5:30 pm ID/AP: \$64	9-12 yrs OD: \$80	AC12203
6/18-7/2 (3) Ct 2	T/Th	5:45-6:45 pm ID/AP: \$54	10-14 yrs OD: \$67.50	AC12204
7/9-7/25 (3) Ct 2	T/Th	5:45-6:45 pm ID/AP: \$64	10-14 yrs OD: \$80	AC12205
7/30-8/15 (3) Ct 2	T/Th	5:45-6:45 pm ID/AP: \$64	10-14 yrs OD: \$80	AC12206

### Basketball Skillz

For the young player who has the basic skills and wants to learn the game at a higher level and a better understanding of game situations and strategies. Instruction will give the kind of focused, intensive training that is essential to improvement. No class on 7/4.

6/17-7/3 (3) Ct 2	M/W	4-4:45 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12207
7/8-7/24 (3) Ct 2	M/W	4-4:45 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12208
7/29-8/14 (3) Ct 2	M/W	4-4:45 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12209
6/17-7/3 (3) Ct 1	M/W	5-5:45 pm ID/AP: \$50	10-14 yrs OD: \$62.50	AC12210
7/8-7/24 (3) Ct 2	M/W	5-5:45 pm ID/AP: \$50	10-14 yrs OD: \$62.50	AC12211
7/29-8/14 (3) Ct 2	M/W	5-5:45 pm ID/AP: \$50	10-14 yrs OD: \$62.50	AC12212
6/17-7/3 (3) Ct 2	M/W	6-6:45 pm ID/AP: \$50	10-14 yrs OD: \$62.50	AC12213
7/8-7/24 (3) Ct 2	M/W	6-6:45 pm ID/AP: \$50	10-14 yrs OD: \$62.50	AC12214
7/29-8/14 (3) Ct 2	M/W	6-6:45 pm ID/AP: \$50	10-14 yrs OD: \$62.50	AC12215

### Basketball Skillz, Girls Only

A place where girls can build their self-esteem and self-confidence playing the game they love. Learn basic skills; ball handling, shooting, passing, defense/offense, footwork and more. Learning the skills and game in a fun environment.

6/17-7/3 (3) Ct 1	M/W	7:15-8 pm ID/AP: \$50	8-12 yrs OD: \$62.50	AC12216
7/8-7/24 (3) Ct 1	M/W	7:15-8 pm ID/AP: \$50	8-12 yrs OD: \$62.50	AC12217
7/29-8/14 (3) Ct 1	M/W	7:15-8 pm ID/AP: \$50	8-12 yrs OD: \$62.50	AC12218

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Youth/Teen

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Hoop It Up!</b>				
This basketball class is a great place for any young player who is looking to learn and improve basketball skills. Work hard, make new friends and develop all basketball skills - shooting, passing, dribbling, rebounding and defense.				
6/17-7/3 (3) Ct 2	M/W	12:25-1:10 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12219
7/8-7/24 (3) Ct 2	M/W	12:25-1:10 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12220
7/29-8/14 (3) Ct 2	M/W	12:25-1:10 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12221
6/17-7/3 (3) Ct 2	M/W	3-3:45 pm ID/AP: \$50	7-10 yrs OD: \$62.50	AC12222
7/8-7/24 (3) Ct 2	M/W	3-3:45 pm ID/AP: \$50	7-10 yrs OD: \$62.50	AC12223
7/29-8/14 (3) Ct 2	M/W	3-3:45 pm ID/AP: \$50	7-10 yrs OD: \$62.50	AC12224
6/18-7/2 (3) Ct 1	T/Th	1:30-2:15 pm ID/AP: \$42	6-9 yrs OD: \$52.50	AC12225
7/9-7/25 (3) Ct 2	T/Th	1:30-2:15 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12226
7/30-8/15 (3) Ct 2	T/Th	1:30-2:15 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12227
6/18-7/2 (3) Ct 2	T/Th	2:30-3:15 pm ID/AP: \$42	7-10 yrs OD: \$52.50	AC12228
7/9-7/25 (3) Ct 2	T/Th	2:30-3:15 pm ID/AP: \$50	7-10 yrs OD: \$62.50	AC12229
7/30-8/15 (3) Ct 2	T/Th	2:30-3:15 pm ID/AP: \$50	7-10 yrs OD: \$62.50	AC12230

### Girls-Only Hoop It Up!

This basketball class is a great place for any young player who is looking to learn and improve basketball skills, work hard, make new friends and have fun! Participants will develop all basketball skills - shooting, passing, dribbling, rebounding and defense.

6/21-8/16 (9) Ct 2	F	10-10:45 am ID/AP: \$75	6-9 yrs OD: \$93.75	AC12255
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### Soccer Stars

This introduction to fundamentals and proper soccer techniques emphasizes teamwork, fair play, fun, cooperation and builds up confidence. Shin guards and gym shoes recommended.

6/17-7/3 (3) Ct 2	M/W	2-2:45 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12231
7/8-7/24 (3) Ct 2	M/W	2-2:45 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12232
7/29-8/14 (3) Ct 2	M/W	2-2:45 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12233
6/17-7/3 (3) Ct 1	M/W	3:15-4 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12234
7/8-7/24 (3) Ct 1	M/W	3:15-4 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12235
7/29-8/14 (3) Ct 1	M/W	3:15-4 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12236
6/18-7/2 (3) Ct 2	T/Th	3:30-4:15 pm ID/AP: \$42	6-9 yrs OD: \$52.50	AC12237
7/9-7/25 (3) Ct 2	T/Th	3:30-4:15 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12238
7/30-8/15 (3) Ct 2	T/Th	3:30-4:15 pm ID/AP: \$50	6-9 yrs OD: \$62.50	AC12239

## Sports & Fitness - Youth/Teen

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Soccer Stars (continued)</b>				
6/18-7/2 (3) Ct 1	T/Th	6:30-7:15 pm ID/AP: \$42	9-12 yrs OD: \$52.50	AC12240
7/9-7/25 (3) Ct 1	T/Th	6:30-7:15 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12241
7/30-8/15 (3) Ct 1	T/Th	6:30-7:15 pm ID/AP: \$50	9-12 yrs OD: \$62.50	AC12242

### Girls-Only Soccer Stars

This introduction to fundamentals and proper soccer techniques emphasizes teamwork, fair play, fun, cooperation and builds up confidence. Shin guards and gym shoes recommended.

6/21-8/16 (9) Ct 2	F	11:15 am-Noon ID/AP: \$75	9-12 yrs OD: \$93.75	AC12259
6/21-8/16 (9) Ct 2	F	9-9:45 am ID/AP: \$75	6-9 yrs OD: \$93.75	AC12260

### Skateboarding 101

Perfect for someone who has never ridden a skateboard, this introductory class is designed to help riders build a foundation for safe skateboarding skills and learn about safety equipment, riding, turning, board control, foot placement and more! **Required Equipment: Helmet and skateboard.**

6/17-7/3 (3) Ct 6	M/W	8:30-9:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12277
7/8-7/24 (3) Ct 6	M/W	8:30-9:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12278
7/29-8/14 (3) Ct 6	M/W	8:30-9:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12279
6/17-7/3 (3) Ct 6	M/W	9:30-10:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12280
7/8-7/24 (3) Ct 6	M/W	9:30-10:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12281
7/29-8/14 (3) Ct 6	M/W	9:30-10:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12282

### Skateboarding for Boys

This boys-only skateboarding class is designed for riders that already know how to balance, stand and ride on a board. Your child will learn the basics of safety, etiquette, drop-ins, turns, ollies, and other beginner level skills while riding with the other riders in the skate park. Helmet and skateboard required; knee, elbow and wrist pads highly recommended. Meet at HMT Complex Skate Park.

6/18-7/2 (3) Skate Park	T/Th	10:15-11 am ID/AP: \$42	5-15 yrs OD: \$52.50	AC12249
7/9-7/25 (3) Skate Park	T/Th	10:15-11 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12250
7/30-8/15 (3) Skate Park	T/Th	10:15-11 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12251



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Youth/Teen

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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### Skateboarding for Girls

This skateboarding girls only class is designed for riders that already know how to balance, stand and ride on a board. Your child will learn the basics of safety, etiquette, drop-ins, turns, ollies, and other beginner level skills while riding with the other riders in the skate park. Helmet and skateboard required; knee, elbow and wrist pads highly recommended. Meet at HMT Complex Skate Park

6/18-7/2 (3) Skate Park	T/Th	11:15 am-Noon ID/AP: \$42	5-15 yrs OD: \$52.50	AC12252
7/9-7/25 (3) Skate Park	T/Th	11:15 am-Noon ID/AP: \$50	5-15 yrs OD: \$62.50	AC12253
7/30-8/15 (3) Skate Park	T/Th	11:15 am-Noon ID/AP: \$50	5-15 yrs OD: \$62.50	AC12254

### Skatepark Basics

This skateboarding class is designed for riders that already know how to balance, stand and ride on a board. Your child will learn the basics of safety, etiquette, drop-ins, turns, ollies, and other beginner level skills while riding with the other riders in the skate park. Helmet and skateboard required; knee, elbow and wrist pads highly recommended. Meet at HMT Complex Skate Park.

6/17-7/3 (3) Skate Park	M/W	10:30-11:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12243
7/8-7/24 (3) Skate Park	M/W	10:30-11:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12244
7/29-8/14 (3) Skate Park	M/W	10:30-11:15 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12245
6/18-7/2 (3) Skate Park	T/Th	9:15-10 am ID/AP: \$42	5-15 yrs OD: \$52.50	AC12246
7/9-7/25 (3) Skate Park	T/Th	9:15-10 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12247
7/30-8/15 (3) Skate Park	T/Th	9:15-10 am ID/AP: \$50	5-15 yrs OD: \$62.50	AC12248

### Youth Badminton

Learn basic grips, footwork and hand eye co-ordination through instruction and game play. No experience necessary.

6/23-8/18 (9) Ct 1	Su	3:30-4:30 pm ID/AP: \$94	7-16 yrs OD: \$117.50	AC12501
6/23-8/18 (9) Ct 1	Su	4:45-5:45 pm ID/AP: \$94	7-16 yrs OD: \$117.50	AC12502

### Youth Indoor Hockey

Your child will learn the basics of Indoor Hockey. Stops, starts, turns, crossovers, stick handling, passing and shooting will all be covered in this class.

6/18-7/2 (3) Ct 2	T/Th	12:30-1:15 pm ID/AP: \$42	6-12 yrs OD: \$52.50	AC12261
7/9-7/25 (3) Ct 2	T/Th	12:30-1:15 pm ID/AP: \$50	6-12 yrs OD: \$62.50	AC12262
7/30-8/15 (3) Ct 2	T/Th	12:30-1:15 pm ID/AP: \$50	6-12 yrs OD: \$62.50	AC12263

## Sports & Fitness - Youth/Teen

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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### Youth Volleyball

Volleyball is a sport loved by many. Learn and practice volleyball skills such as serving, passing and hitting. Participants will learn skills for a lifetime of playing volleyball!

6/18-8/13 (9) Ct 6	T	6:30-7:30 pm ID/AP: \$94	7-12 yrs OD: \$117.50	AC12288
6/21-8/16 (9) Ct 2	F	5:20-6:20 pm ID/AP: \$94	7-12 yrs OD: \$117.50	AC12289

### Youth/Teen Volleyball

Work on the volleyball skills you will need during the season - serving, passing, spiking, and offensive and defensive strategy

6/18-8/13 (9) Ct 6	T	8-9 pm ID/AP: \$94	12-17 yrs OD: \$117.50	AC12302
6/21-8/16 (9) Ct 1	F	5:20-6:20 pm ID/AP: \$94	12-17 yrs OD: \$117.50	AC12303

### Advanced Volleyball Skills

For the volleyball player that already has the fundamentals of passing, setting and hitting. This class will give your child the opportunity to work on learning different systems (5-1, 6-2, 4-2), positions and strategies as well as refining their other skills.

6/21-8/16 (9) Ct 1	F	6:50-7:50 pm ID/AP: \$94	12-17 yrs OD: \$117.50	AC12290
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## Sports & Fitness - Teen/Adult

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
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### Adult Badminton

Learn basic grips, footwork and hand eye co-ordination through instruction and game play. No experience necessary. No class on 7/3.

6/23-8/18 (9) Ct 2	Su	3:30-4:30 pm ID/AP: \$94	12 yrs-Adult OD: \$117.50	AC12503
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## Stroller Fitness Program

Join Portland's premier stroller fitness program for moms and moms-to-be.

Baby Boot Camp is designed specifically to help moms get fit. Classes combine strength-training exercises with cardiovascular drills. Pilates, yoga and abdominal exercises help improve core strength. The stroller and resistance tubes are used as an integral part of the workout. All classes are taught by nationally certified personal trainers and group exercise instructors with pre/postnatal backgrounds to ensure that classes are safe, meet your goals, and are fun and challenging.



For more information and pricing, call Kim Colvin at 509-438-8232 or email [kim.colvin@babybootcamp.com](mailto:kim.colvin@babybootcamp.com) or check the website at [www.babybootcamp.com](http://www.babybootcamp.com).

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)



Organizational information will be available at the Athletic Center and on our website at [www.thprd.org](http://www.thprd.org)

### Youth Sports League ID System

All youth sports league participants are required to have a valid THPRD ID number and out-of-district assessment fees paid, if applicable, prior to participation in a youth sports league. Please see page 4 for THPRD ID card information.

### Baseball/Softball

Registration for youth baseball and softball leagues is done through the associations listed below. Associations are divided by Beaverton School District elementary school attendance areas. If you attend a private school, you will play within your public school attendance area. Contact your appropriate association for more information.

All of the Beaverton Area Little League groups are governed by Oregon District 4 Little League. For more information, please visit the league's website, [www.ord4.com](http://www.ord4.com).

**Spring Leagues:** Registration begins in January. Play runs March-June.

**Summer Leagues:** Registration is in January and February. Play runs May-July.

**Fall Leagues:** Registration begins in August. The program is for 6-12 year olds. Play runs September/October.

### Little League Baseball

**T-ball:** ages 4-6

**Softball:** ages 4-14

**Baseball:** ages 4-14

### Beaverton Aloha Little League

Aloha-Huber, Beaver Acres, Chehalem, Cooper Mt., Errol Hassell, Hazeldale, Kinnaman

BALL: 503-342-8809

[www.beavertonball.com](http://www.beavertonball.com)

### Cedar Mill Little League

Barnes, Bonny Slope, Cedar Mill, Findley, Ridgewood, Terra Linda, West TV, Wm Walker, St. Pius, Holy Trinity

[www.cmlonline.org](http://www.cmlonline.org)

### Murrayhill Little League

Fir Grove, Hiteon, Nancy Ryles, Scholls Heights, Sexton Mt.

[www.murrayhilllittleleague.com](http://www.murrayhilllittleleague.com)

### Raleigh Hills Little League

Greenway, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose, Whitford, Conestoga

[www.rhll.net](http://www.rhll.net)

### South Beaverton Girls Little League

A girls (ages 4-14) program that is comprised of players within the combined boundaries of Beaverton, Aloha and Raleigh Hills Little Leagues. It is chartered as an independent, softball-only program.

Aloha Huber Park, Chehalem, Cooper Mountain, Greenway, Errol Hassell, Hazeldale, Kinnaman, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose

President: Andy Peterson, 971-238-7156

[president@sbgll.com](mailto:president@sbgll.com)

[southbeavertonll@gmail.com](mailto:southbeavertonll@gmail.com)

[www.sbgll.com](http://www.sbgll.com)

### Willow Creek Little League

This is a little league girls softball program comprised of players within the combined boundaries of Cedar Mill, Westview, and Wolf Creek Little Leagues based under Oregon District 4. It is chartered as an independent, softball-only program. (Co-ed t-ball will continue under the baseball leagues.) This program is open to girls ages 4-14 yrs.

[www.willowcreeksoftball.com](http://www.willowcreeksoftball.com)

### Spring/Summer Season

**T-ball:** 6-8 yrs, **Soft-T-ball:** 6-8 yrs

**Baseball:** 9-18 yrs, **Softball:** 9-18 yrs

### Fall Ball

Contact the association for Fall ball availability: [www.westsideryouthbaseball.com](http://www.westsideryouthbaseball.com)

### Aloha Junior Baseball/Aloha Softball

Aloha High, Aloha Huber, Chehalem, Cooper Mt., Errol Hassell, Hazeldale, Kinnaman, Mountain View, Nancy Ryles, Sexton Mt., Valley Catholic

**AJBO:** [www.alohajuniorbaseball.org](http://www.alohajuniorbaseball.org)

**Aloha Softball:** Becky Dawson  
503-649-6883

### Beaverton Blaze Softball

Fir Grove, Greenway, Hiteon, McKay, Montclair, Raleigh Hills, Raleigh Park, Conestoga, Highland Park, Whitford, Beaverton High, Jesuit High, Oregon Episcopal, Southridge High

[www.blaze94.org](http://www.blaze94.org)

### Southridge Junior Baseball

Conestoga, Fir Grove, Greenway, Highland Park, Hiteon, Scholls Heights, Sexton Mt., Nancy Ryles, Southridge High, McKay, Montclair, Raleigh Hills, Raleigh Park, Whitford, Beaverton High, Jesuit High, Oregon Episcopal

503-840-4760  
[www.southridgeyouthbaseball.org](http://www.southridgeyouthbaseball.org)

### Sunset Junior Baseball

Barnes, Cedar Mill, Findley, Ridgewood, Terra Linda, William Walker, West TV, Catlin Gabel, Cedar Park, Meadow Park, Stoller, Sunset High

[www.sunsetapollosbaseball.com/youth\\_baseball](http://www.sunsetapollosbaseball.com/youth_baseball)

### Westview Youth Baseball

Beaver Acres, Bethany, Elmonica, Five Oaks, Jacob Wismer, Lenox, McKinley, Oak Hills, Rock Creek, Meadow Park, Springville, Stoller, St. Mary's for Boys, Westview High

[www.westviewyouthbaseball.com](http://www.westviewyouthbaseball.com)

### Rip City Softball

Rip City Softball is an ASA affiliated Junior Olympic fast-pitch softball organization whose mission is to develop players capable of competing at the highest levels in the country with the demonstrated skills necessary to earn a college scholarship. Our dedicated coaches and volunteer staff facilitate our athletes' growth by conducting challenging practices and scheduling the highest level of competitive activity available. Reaching these goals must be accomplished within the proper framework, instilling character, self-esteem, confidence and sportsmanship. We promote competitive softball for girls' 10U through 18U.

[www.ripcitysoftball.org](http://www.ripcitysoftball.org)

### Basketball

#### 5th-8th Grade Winter Basketball Programs

THPRD's 5th through 8th grade basketball programs are for girls and boys residing in THPRD boundaries or attending school in the Beaverton School District. Practices are held during the week with games primarily on Saturdays at the BSD schools and/or THPRD Athletic Center. The season runs December-March. For your convenience, registration for youth basketball is now offered online at [www.thprd.org](http://www.thprd.org). A current THPRD card number is required to register. For any other questions or help with registering your child, call the Athletic Center at 503-629-6330.

#### 5th-8th Grade Recreational Spring Basketball

The Youth Spring Basketball Recreational League is open to boys and girls currently in grades 5-8 and attending a Beaverton School District #48 middle school or residing within District #48 or THPRD boundaries. Registration will begin mid-February. Check our website for more information.

#### 6th-8th Grade Recreational Summer Basketball

The Summer Basketball Recreational League is open to boys and girls who will be entering grades 6-8 in the 2016-17 school year and attending a Beaverton School District #48 middle school or residing within District #48 or THPRD boundaries. Check our website for more information in May.

## Sports Leagues - Youth

### Winter High School Basketball Grades 9-12

For boys and girls not playing on school teams in grades 9-12 in the 2019-20 school year. League and online registration information will be available in October. Check our website for more information.

### Summer High School Basketball Grades 9-12

For boys and girls entering grades 9-12 in the 2019-20 school year. League and online registration will be available in April 2019. Check our website for more information.



### Cricket

#### Beaverton Cricket Club (BCC)

The Beaverton Cricket Club is the local THPRD-affiliated club that plays in the Oregon Cricket League. Those interested in joining the Beaverton Cricket Club and playing both hard (season) ball and soft (tennis) ball cricket should direct general inquiries to:

www.beavertoncricketclub.com  
email: beavertoncricketclub@gmail.com

#### Portland Metro Open Cricket Club

PMOCC is a 501(c)(3) non-profit entity and a State of Oregon certified Amateur Sports Organization, organized for charitable purposes to further the sport of cricket in Portland and surrounding areas and to cultivate interest in the sport of cricket at all youth and adult levels.

Those interested in joining PMOCC should direct inquiries to www.pdxcricket.org or pmocc2@gmail.com

### Volunteer Coaches Needed

If you have experience in sports and the desire to share your knowledge by coaching young athletes, please call the Athletic Center at 503-629-6330.

### Football

#### Youth Football

The Tualatin Valley Youth Football Leagues are for players in grades 3-8. Players register according to high school attendance area. To register or get more information, call or visit the website of your local contact listed below. Registration begins in early spring. Practices and clinics begin in August. Games are played September to November. For more information, visit [www.tvyfl.org](http://www.tvyfl.org).

#### Aloha

Registration: April 15-June 15  
[www.alohayouthfootball.com](http://www.alohayouthfootball.com)

#### Beaverton

Registration: April 15-June 15  
[registrar@beavertonfootball.com](mailto:registrar@beavertonfootball.com)  
[www.beavertonfootball.com](http://www.beavertonfootball.com)

#### Mountainside:

Registration: April 1-June 15  
[registrar@mountainsideyouthfootball.com](mailto:registrar@mountainsideyouthfootball.com)  
[www.mountainsideyouthfootball.com/home.php](http://www.mountainsideyouthfootball.com/home.php)

#### Southridge

Registration: April 15-June 15  
[president@southridgeyouthfootball.com](mailto:president@southridgeyouthfootball.com)  
[www.southridgeyouthfootball.com](http://www.southridgeyouthfootball.com)

#### Sunset

Registration: April 1-June 30  
[sunsetyouthfootball@comcast.net](mailto:sunsetyouthfootball@comcast.net)  
[www.sunsetyouthfootball.org](http://www.sunsetyouthfootball.org)

#### Westview

Registration: April 1-June 15  
[westviewyouthfootball@gmail.com](mailto:westviewyouthfootball@gmail.com)  
[www.westviewyouthfootball.com](http://www.westviewyouthfootball.com)



### Rugby

Rugby Oregon offers Spring, Summer and Fall league and camp opportunities. Grades 3 and 4 play Touch Rugby, Grades 5 and 6 play Ruck Touch Rugby and Grades 7-12 play Contact Rugby.

#### For more information:

[www.rugbyoregon.com/page/show/1030314-register](http://www.rugbyoregon.com/page/show/1030314-register)



## Sports Leagues - Youth

### Lacrosse

#### Tualatin Valley Youth Lacrosse League

Tualatin Valley Youth Lacrosse League is a community-based program created to teach lacrosse to girls and boys in grades 1-8 who attend a Beaverton School District school or reside within THPRD boundaries. Players register according to high school attendance area. To register or get more information, contact the appropriate group for your area.

##### TVYLL

president@tv lax.com  
www.TVLax.com

##### Aloha

www.alohayouthlacrosse.com

##### Beaverton

president@beavertonbeaverslacrosse.com  
www.beavertonbeaverslacrosse.com

##### Mountainside

info@mountainsidelax.com  
www.mountainsidelax.com  
https://facebook.com/mountainsidelax

##### Southridge

president@southridgeskyhawkseyouthlax.com  
www.leagueathletics.com  
www.southridgeskyhawkseyouthlax.com

##### Sunset

www.sunsetlacrosse.com

##### Westview

president@westviewyouthlacrosse.com  
www.westviewyouthlacrosse.com

#### High School Lacrosse

##### Aloha

www.alohalacrosse.org

##### Beaverton

www.bhslax.com

##### Southridge

www.southridgelacrosse.org

##### Sunset

www.sunsetlacrosse.com

##### Westview

www.westviewlacrosse.com



### Soccer Coach Certification

For training and certification for soccer coaching, go to [www.thjssl.org](http://www.thjssl.org) for information on classes and clinic dates and locations.

### Soccer

#### Tualatin Hills Junior Soccer Recreational League

Teams will be formed of boys and girls ages 5-18. Practices begin in August. League games begin in September. Each club is responsible for registering their own players. Registration is generally accepted May 1-July 1. Please contact the appropriate club listed below for more information or log on to [www.thjssl.org](http://www.thjssl.org).

#### Aloha United Soccer Club

Schools: Aloha-Huber, Beaver Acres, Cooper Mt., Errol Hassell, Hazeldale, ISB, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mt. (west of Murray Blvd.)

AUSC: 971-770-2872  
www.alohaunited.com

#### Milltown United Soccer Club

Schools: Barnes, Bonny Slope, Cedar Mill, Ridgewood, Terra Linda, West TV, William Walker

info@milltownunited.com  
www.milltownsoccer.org

#### Oak Hills Soccer Club

Schools: Findley, Jacob Wismer, Oak Hills, Sato  
email: [pres@ohsoccer.com](mailto:pres@ohsoccer.com)  
www.ohsoccer.com

#### Somerset West Soccer Club

Schools: Bethany, Elmonica, Lenox, McKinley, Rock Creek, Springville

president@somersetwestsoccer.org  
www.somersetwestsoccer.org

#### West Hills Soccer Club

Schools: Greenway, McKay, Montclair, Raleigh Hills, Raleigh Park

email: [westhillsregistrar@gmail.com](mailto:westhillsregistrar@gmail.com)  
www.westhillsoccer.com

### Soccer Referee Certification

For training and certification for soccer referees, go to [www.thjssl.org](http://www.thjssl.org). For information on classes and clinic dates and locations, visit [www.thjssl.org](http://www.thjssl.org).

#### Westside Soccer Club

Schools: Chehalem, Fir Grove, Hiteon, Sexton Mt. (east of Murray Blvd.), Vose

WSC: 503-352-0180

[www.westsidewarriors.net](http://www.westsidewarriors.net)

#### High School Recreational Soccer (O/13-U19)

Boys and girls not playing high school soccer can register for the recreational coed soccer league. Check with the youth league in your elementary attendance area. If the league does not offer registration for your high school, go to the next closest attendance area club or [www.thjssl.org](http://www.thjssl.org).

#### Classic League

Boys and girls interested in playing competitive soccer may try out for this league. Tryouts will be held in May. Contact the appropriate club representative for more tryout information.

#### Tualatin Hills United Soccer Club

THUSC: 503-616-9424

thusc@thusc.org

[www.thusc.org](http://www.thusc.org)

#### Westside Timbers Soccer Club

Club Line: 503-626-2975

[wsmjohnbain@gmail.com](mailto:wsmjohnbain@gmail.com)

[www.westsidetimbers.org](http://www.westsidetimbers.org)

### Volleyball

#### Summer Girls Volleyball, Grades 4-12

Girls entering grades 4-12 during the upcoming school year are eligible to play in this summer league. League and online registration information will be available mid-April. Check the website for more information.

#### Fall Girls Volleyball, Grades 4-12

For girls entering grades 4-12 during the upcoming school year. League and online registration information will be available in July. Check the website for more information.





## Sports Leagues - Adult

### Basketball

#### Winter Adult Basketball

League and online registration information will be available in early October. League play will begin in November and run through mid-March. Games will be played Monday through Thursday evenings. Check the website for more information in October.

#### Summer Adult Basketball

League play will begin in June and continue through mid-August. Additional league and online registration information will be available in April. Check the website for more information. Organizational information will be available at the Athletic Center and on our website.

### Cornhole

League information will be available at the Athletic Center and on our website by March. Games will be played on weeknights through Spring, Summer, and early Fall. Organizational information will be available at the Athletic Center and on our website.

### Flag Football

League information will be available at the Athletic Center and on our website by August. Games will be played on Sundays starting in the Fall.

### Kickball

#### Coed Kickball League

Kickball is all about having fun! Remember when you were a kid and played kickball with your friends? Kickball is a playground game and also a competitive league game similar to softball. Organizational information will be available at the Athletic Center and on our website.

### Soccer Field Use

THPRD coordinates the scheduling of soccer fields for community sports leagues and adult teams throughout the year. Groups wanting seasonal use should call the Athletic Center at 503-629-6330 for a field use application.

### El uso de campo de fútbol

THPRD coordinara el horario de los campos para ligas de deportes durante el año. Grupos que quieren usar campos por una temporada necesitan llamar el Athletic Center 503-629-6330 para una solicitud de uso de campos.

### Soccer

#### 7 on 7 Soccer

This recreational league will take place in Spring, Summer and Fall seasons. Games will be played on Fridays and Sundays. League information is available at the Athletic Center and on our website [www.thprd.org](http://www.thprd.org)

#### Adult Soccer Leagues

For information regarding adult soccer play in the Oregon Adult Soccer Association, call 503-292-1814. Teams wanting to apply for home game field eligibility need to pick up a soccer field use application packet and submit the completed required forms and documents to the Athletic Center 2-3 months prior to the start of each season.

### Softball

#### Baseball/Softball Field Use

THPRD will coordinate the assignment of district-wide baseball/softball fields from March 1 through October. Any group wishing to reserve fields for Spring and Summer should first obtain an application form from the Athletic Center.

#### Coed/Women's Slow Pitch Summer Softball

League information will be available at the Athletic Center and on our website, in February. Coed games will be played on Sunday evenings and women's games will be played on Tuesday evenings. League play runs May through August.

#### Men's Slow Pitch Summer Softball

League information will be available at the Athletic Center website in February. Men's games are played Monday, Thursday and Friday. League play runs May through August.

#### Coed/Men's Industrial Softball

This league is designed for employees of companies/businesses located within the THPRD boundaries. League play will be weekday evenings. Informational packets will be available in February.

### Adult Softball Tournaments

Individuals interested in hosting Spring/Summer softball tournaments at the THPRD sports complex must submit an application form and deposit. Call the Athletic Center at 503-629-6330 for available dates.

### Fall Coed and Women's Softball Leagues

League information will be available at the Athletic Center and on our website, [www.thprd.org](http://www.thprd.org), by July. Coed games will be on Sunday evenings. Women's slow pitch games will be Tuesday evenings. League play will run late August through October.

### Fall Men's One-Pitch and Senior League Softball

League plays weeknights August through early October. Organizational information will be available at the Athletic Center and on our website. In July.

### Volleyball

If you are interested in playing adult volleyball but don't have a team, please call the Athletic Center at 503-629-6330 to add your name to the interest list, which managers use to get new players.

### Coed Summer Grass Volleyball (4-person & 6-person)

This recreational league plays weekday evenings at Cedar Hills Park from June through August. League and online registration information will be available in April. Check the website for additional information.

### Coed, Men's and Women's Fall Volleyball

Leagues play mid-September through November. League and online registration information will be available in July. Check the website for additional information.

### Coed Winter Volleyball

Games are played mid-week evenings and will begin the first week in January. League and online registration information will be available in November. Check the website for additional information.

### Coed, Men's and Women's Spring Volleyball

League play runs April through mid-June. Games will be held weekday evenings. League and online registration information will be available in February. Check the website for additional information.



# Summer Camps

Tualatin Hills Athletic Center Camps at a Glance

503-629-6330

Age	5-6 yrs	7-8 yrs	8-10 yrs	11-12 yrs	11-14 yrs
<b>Week 1</b> <b>6/17-6/21</b>	Basketball Camp Outdoor Sports Madness Racquet Sports Camp*	Basketball Camp Outdoor Sports Madness Racquet Sports Camp*	Basketball Camp Outdoor Sports Madness Racquet Sports Camp*	Basketball Outdoor Sports Madness Racquet Sports Camp*	Basketball Outdoor Sports Madness Racquet Sports Camp*
<b>Week 2</b> <b>6/24-6/28</b>	Sports Madness Camp Sports & Nature Camp	Flag Football Camp Skateboarding Camp* Sports Madness Camp Sports & Nature Camp	Flag Football Camp Skateboarding Camp* Sports Madness Camp Sports & Nature Camp Sports & Tennis Camp	Flag Football Camp Skateboarding Camp* Sports Madness Camp Sports & Tennis Camp	Flag Football Camp Skateboarding Camp* Sports Madness Camp Sports & Tennis Camp
<b>Week 3</b> <b>7/1-7/3</b> <i>No camp 7/4, 7/5</i>	Sports Madness Camp	Badminton Camp* Lacrosse Camp Sports Madness Camp	Badminton Camp* Lacrosse Camp Sports Madness Camp	Badminton Camp* Lacrosse Camp Sports Madness Camp	Lacrosse Camp Sports Madness Camp
<b>Week 4</b> <b>7/8-7/12</b>	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp* Sports & Nature Camp	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp* Sports & Nature Camp	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp* Sports & Nature Camp	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp*	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp*
<b>Week 5</b> <b>7/15-7/19</b>	Sports Madness Camp	Flag Football Camp Indoor Volleyball* Sports Madness Camp	Flag Football Camp Indoor Volleyball* Sports Madness Camp Sports & Tennis Camp	Flag Football Camp Indoor Volleyball* Sports Madness Camp Sports & Tennis Camp	Flag Football Camp Indoor Volleyball* Sports Madness Camp Sports & Tennis Camp
<b>Week 6</b> <b>7/22-7/26</b>	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp* Sports & Nature Camp	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp* Sports & Nature Camp	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp* Sports & Nature Camp	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp*	Basketball Camp OUTDOOR Sports Madness Racquet Sports Camp*
<b>Week 7</b> <b>7/29-8/2</b>	Sports Madness Camp	Lacrosse Camp Skateboarding Camp* Sports Madness Camp	Lacrosse Camp Skateboarding Camp* Sports Madness Camp Sports & Tennis Camp	Lacrosse Camp Skateboarding Camp* Sports Madness Camp Sports & Tennis Camp	Lacrosse Camp Skateboarding Camp* Sports Madness Camp Sports & Tennis Camp
<b>Week 8</b> <b>8/5-8/9</b>	Basketball Camp	Basketball Camp Flag Football Camp Indoor Volleyball*	Basketball Camp Flag Football Camp Indoor Volleyball*	Basketball Camp Flag Football Camp Indoor Volleyball*	Basketball Camp Flag Football Camp Indoor Volleyball*
<b>Week 9</b> <b>8/12-8/16</b>	Sports Madness Camp	Badminton Camp* Sports Madness Camp	Badminton Camp* Sports Madness Camp	Badminton Camp* Sports Madness Camp	Sports Madness Camp
<b>Week 10</b> <b>8/19-8/23</b>	OUTDOOR Sports Madness	OUTDOOR Sports Madness	OUTDOOR Sports Madness	OUTDOOR Sports Madness	

15707 SW Walker Rd, Beaverton

\*Half/Partial day camp | \*\* This camp is for individuals with developmental disabilities. Bolded camps are held off-site. After camp care is available from 4-6 pm. See pg. 61 for information.



# Summer Camps

Tualatin Hills Athletic Center

503-629-6330

## Summer Camp Deposits and Balances

A \$30 deposit is required per week for each participant, for weeks 2 through 11, at the time of registration. Full balances are due for week 1 at the time of registration. All camp balances will be due by 5 pm on the Monday two weeks prior to the start date of each camp week. Your space in camp will be forfeited automatically if the balance is not paid by the two-week deadline. Deposit is nonrefundable. However, it may be transferred to other THPRD programs prior to June 10. **Please note: After June 10, deposits will no longer be transferable. A camp balance will be refundable or transferable only if requested two weeks prior to the start of the week requesting to drop.**

**No camp on 7/4, 7/5.**

## After-camp Fun

You don't have to get off work early to pick your child up from camp! Sign your camper up for this after care program. Depending on space availability drop-ins welcome - \$12 - no preregistration necessary. Please check in at the Athletic Center front desk in the morning.

6/17-6/21 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17240
6/24-6/28 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17241
7/1-7/3 (1) Ct 4	M-W ID/AP: \$30	4-6 pm OD: \$37.50	5-14 yrs	AC17242
7/8-7/12 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17243
7/15-7/19 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17244
7/22-7/26 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17245
7/29-8/2 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17246
8/5-8/9 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17247
8/12-8/16 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17248
8/19-8/23 (1) Ct 4	M-F ID/AP: \$48	4-6 pm OD: \$60	5-14 yrs	AC17249



## Before-camp Fun

Need to drop off your camper ahead of time? Then sign them up for this great before care program. Drop-in - \$11

6/17-6/21 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17230
6/24-6/28 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17231
7/1-7/3 (1) Ct 3	M-W ID/AP: \$23	7-8:30 am OD: \$28.75	5-14 yrs	AC17232
7/8-7/12 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17233
7/15-7/19 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17234
7/22-7/26 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17235
7/29-8/2 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17236
8/5-8/9 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17237
8/12-8/16 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17238
8/19-8/23 (1) Ct 3	M-F ID/AP: \$37	7-8:30 am OD: \$46.25	5-14 yrs	AC17239

## Badminton Camp

Camp is designed for you to understand and start enjoying badminton. Skills you will learn include: grip, footwork, serve, net play, shots and more. You will enjoy the game more when you know how and when to use these skills.

7/1-7/3 (1) Ct 3	M-W ID/AP: \$92	4-7 pm OD: \$115	7-12 yrs	AC17219
8/12-8/15 (1) Ct 3	M-TH ID/AP: \$117	4-7 pm OD: \$146.25	7-12 yrs	AC17220

## Basketball Camp

Camper will be grouped with kids of similar age to develop basketball skills - shooting, passing, dribbling, rebounding and defense. Your child will learn teamwork, cooperation and build up confidence.

6/17-6/21 (1) Ct 3	M-F ID/AP: \$223	8:30 am-4 pm OD: \$278.75	6-14 yrs	AC17201
7/8-7/12 (1) Ct 3	M-F ID/AP: \$223	8:30 am-4 pm OD: \$278.75	6-14 yrs	AC17202
7/22-7/26 (1) Ct 1	M-F ID/AP: \$223	8:30 am-4 pm OD: \$278.75	6-14 yrs	AC17203
8/5-8/9 (1) Ct 3	M-F ID/AP: \$223	8:30 am-4 pm OD: \$278.75	6-14 yrs	AC17204

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

# Summer Camps

Tualatin Hills Athletic Center

503-629-6330

## Flag Football Camp

Campers will develop football skills focusing on passing, receiving, kicking, skilled positions and offensive and defensive strategies. Along with football skills your child will learn teamwork, self-confidence and sportsmanship. Camp will be non-contact.

6/24-6/28 (1)	M-F	8:30 am-4 pm	7-14 yrs	AC17205
Soccer Field	ID/AP: \$138	OD: \$172.50		
7/15-7/19 (1)	M-F	8:30 am-4 pm	7-14 yrs	AC17206
Soccer Field	ID/AP: \$223	OD: \$278.75		
8/5-8/9 (1)	M-F	8:30 am-4 pm	7-14 yrs	AC17207
Soccer Field	ID/AP: \$223	OD: \$278.75		

## Indoor Volleyball Camp

Volleyball Camp is an exciting fun time for athletes to compete and train in the sport they all love. Skill mastery, enthusiasm, intensity and life skills training make this camp a perfect fit for those who love volleyball. Knee pads not provided.

7/15-7/18 (1)	M-TH	4-7 pm	8-14 yrs	AC17226
Ct 3	ID/AP: \$117	OD: \$146.25		

## Indoor Volleyball Camp

Volleyball Camp is an exciting fun time for athletes to compete and train in the sport they all love. Skill mastery, enthusiasm, intensity and life skills training make this camp a perfect fit for those who love volleyball. Knee pads not provided.

8/5-8/8 (1)	M-TH	4-7 pm	8-14 yrs	AC17227
Ct 3	ID/AP: \$117	OD: \$146.25		

## Lacrosse Camp

This camp is designed to develop basic to intermediate Lacrosse skills through drills, games and scrimmages. Focus will be on ground balls, stick skills, passing, and shooting. Camp will be non-contact (no pads required). Campers are encouraged to bring their own stick.

7/1-7/3 (1)	M-W	8:30 am-4 pm	7-14 yrs	AC17208
Soccer Field	ID/AP: \$138	OD: \$172.50		
7/29-8/2 (1)	M-F	8:30 am-4 pm	7-14 yrs	AC17209
Soccer Field	ID/AP: \$223	OD: \$278.75		

## Outdoor Sports Madness Camp

This camp serves as an introduction to outdoor sports for children wanting to learn a variety of sports. Campers will be divided by ages and participate in a variety of fun games and activities while making new friends.

6/17-6/21 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17215
Soccer Field	ID/AP: \$223	OD: \$278.75		
7/8-7/12 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17216
Soccer Field	ID/AP: \$223	OD: \$278.75		
7/22-7/26 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17217
Soccer Field	ID/AP: \$223	OD: \$278.75		
8/19-8/23 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17218
Soccer Field	ID/AP: \$223	OD: \$278.75		

## Racquet Sports Camp

Explore a few of our racquet sports including tennis, badminton and pickleball. Our staff will help your child learn the basics of each game, covering rules and fundamental skills. Camp will consist of drills, games, match play and lots of fun.

6/17-6/20 (1)	M-TH	4-7 pm	5-14 yrs	AC17223
Ct 3	ID/AP: \$117	OD: \$146.25		
7/8-7/11 (1)	M-TH	4-7 pm	5-14 yrs	AC17224
Ct 3	ID/AP: \$117	OD: \$146.25		
7/22-7/25 (1)	M-TH	4-7 pm	5-14 yrs	AC17225
Ct 3	ID/AP: \$117	OD: \$146.25		

## Skateboarding Camp

This camp is a great introduction to a skate park as well as for the advanced skater. Campers ride with skaters their own age while learning new tricks. Helmet and skateboard required. Knee, elbow and wrist pads highly recommended. Meet at HMT Complex Skate Park.

6/24-6/27 (1)	M-TH	4-7 pm	8-14 yrs	AC17221
Skate Park	ID/AP: \$117	OD: \$146.25		
7/29-8/1 (1)	M-TH	4-7 pm	8-14 yrs	AC17222
Skate Park	ID/AP: \$117	OD: \$146.25		

## Sports Madness Camp

This camp is an introduction for children who want to learn a variety of sports. Campers will be divided by ages and participate in a variety of fun games and activities while making new friends.

6/24-6/28 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17210
Ct 3	ID/AP: \$138	OD: \$172.50		
7/1-7/3 (1)	M-W	8:30 am-4 pm	5-14 yrs	AC17211
Ct 3	ID/AP: \$138	OD: \$172.50		
7/15-7/19 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17212
Ct 3	ID/AP: \$223	OD: \$278.75		
7/29-8/2 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17213
Ct 3	ID/AP: \$223	OD: \$278.75		
8/12-8/16 (1)	M-F	8:30 am-4 pm	5-14 yrs	AC17214
Ct 3	ID/AP: \$223	OD: \$278.75		

## Sports & Nature Camp

Campers will discover and play a number of sports, explore parks and nearby natural areas. You can expect to combine fun movements and games with exciting nature components. This is a joint camp lead by both Athletic Center and Nature Center staff.

6/24-6/28 (1)	M-F	8:30 am-4 pm	6-10 yrs	SN17201
Soccer Field	ID/AP: \$223	OD: \$278.75		
7/8-7/12 (1)	M-F	8:30 am-4 pm	6-10 yrs	SN17202
Soccer Field	ID/AP: \$223	OD: \$278.75		
7/22-7/26 (1)	M-F	8:30 am-4 pm	6-10 yrs	SN17203
Soccer Field	ID/AP: \$223	OD: \$278.75		

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

# Summer Camps

Tualatin Hills Athletic Center

503-629-6330

## Sports & Tennis Camp (HMT)

This camp serves as place for children to learn a variety of sports including tennis specific instruction. It is held a multiple locations throughout the district. Camp curriculum will include sports specific activities and tennis instruction. This is a joint camp lead by both Athletic Center and Tennis Center staff.

7/29-8/2 (1) M-F 8:30 am-4 pm 9-14 yrs AT17203  
Ct 3 ID/AP: \$223 OD: \$278.75

## Sports & Tennis Camp (Mtn View)

This camp serves as place for children to learn a variety of sports which includes tennis specific instruction. The camp is held a multiple locations throughout the district. Camp curriculum will include sports specific activities and tennis instruction. This is a joint camp lead by both Athletic Center and Tennis Center staff.

6/24-6/28 (1) M-F 8:30 am-4 pm 9-14 yrs AT17201  
Off-site ID/AP: \$223 OD: \$278.75

## Sports & Tennis Camp (PCC)

This camp serves as place for children to learn a variety of sports which includes tennis specific instruction. The camp is held a multiple locations throughout the district. Camp curriculum will include sports specific activities and tennis instruction. This is a joint camp lead by both Athletic Center and Tennis Center staff.

7/15-7/19 (1) M-F 8:30 am-4 pm 9-14 yrs AT17202  
Off-site ID/AP: \$223 OD: \$278.75

## All Ability Tri4Youth



Want to try a triathlon? Join us for the 2019 All Ability Tri4Youth, a fully accessible triathlon open to youth of all abilities ages 8 to 26.

### This event is for everyone – with and without disability!

Athletes will swim 50 yards, bike 2 miles, and run .5 miles on a fully accessible course, some using adaptive equipment and competing on their own or on a team. This is an event for youth of ALL abilities.

**When:** August 10, 9 am  
**Where:** The Howard M. Terpenning Recreation Complex at Tualatin Hills Park & Rec  
**What:** 50 yard swim; 2 mile bike ride; .5 mile run  
**Age:** Youth ages 8-26  
**Cost:** \$35 per athlete

Register today at <http://www.Factoregon.org>

If you are interested in volunteering for this event, please visit:  
<http://www.z2systems.com/np/clients/factoregon/eventRegistration.jsp?event=2162&>

## Indoor Goals Summer Camps

Please call Indoor Goals, 6340 NW Bethany Ct., Beaverton, 503-629-9500 to register. No refunds for missed days.

## Inline Skating Camp

Learn fast, be safe and have fun learning to skate with Indoor Goals skating school. Safe, effective instruction in stance, balance, skating stride, how to stop, how to turn, how to avoid falling down, how to control momentum, and how to skate backwards. As the week progresses, learn cross-over turns, and forward to backward transition. Classes will be held at Indoor Goals (M, T) and THPRD Outdoor Roller Hockey Rink on SW 158th in Beaverton (W, Th).

Equipment is available for rent on a first come/first serve basis for \$25. Please reserve equipment early! No refunds for missed camp days.

### Camp dates:

Session 1: 6/17-6/20 M-Th 9-11 am or 1-4 pm \$130  
Session 2: 7/24-7/27 M-Th 1-4 pm \$130

### Required Equipment for Skating Camps

Inline Skating: Inline Skates, helmet (bike helmet OK). Knee pads, elbow pads recommended.



## PORTLAND TIMBERS SOCCER CAMPS

Competitive and  
Recreational  
camp programs  
for all soccer  
players, ages 5-18  
throughout Oregon  
and Southwest  
Washington.

For more information visit [timbers.com/camps](http://timbers.com/camps)  
or contact us at [camps@timbers.com](mailto:camps@timbers.com)



## hoops camp

The Portland Trail Blazers Basketball Camps are designed to coach children of all skill levels. Available for campers ages 7-13 - Rip City aims to teach the fundamentals of life through the game of basketball. Such as: hard work, self esteem, teamwork, self-discipline, education and respecting peers and adults.

REGISTRATION AND MORE  
INFORMATION AVAILABLE  
ONLINE:

[www.nba.com/blazers/  
youthbasketball](http://www.nba.com/blazers/youthbasketball)

Fees: ID/AP = User is in district or has paid an out-of-district assessment, OD = Out of district (no assessment paid)

# Summer Camps

Tualatin Hills Athletic Center

503-629-6330

## Wilderness Camp

This camp program is located at the Tualatin Hills Athletic Center (15707 SW Walker Rd. Beaverton, OR 97006) dedicated to providing recreational opportunities for children ages 6-14, who demonstrate maladaptive behaviors as primary condition of their disability. Campers are encouraged to explore areas of music, dance, drama, visual arts, sports and aquatics. Each week campers will go on field trips and off-site excursions.

Wilderness Camp is structured to foster positive peer interaction, self-confidence, as well as social, and emotional growth. Outdoor based activities are designed to help campers enhance social skills, communication, and independence. Each day consistent of activities and games designed to promote team work, independence and positive communication skills.

### Registration Process:

At the initial registration, please sign up for the weeks of camp

you are interested in attending. No payment is due at the time of sign-up. THPRD staff will then contact you and provide you with the 2019 camper application, or you can find it online at [www.thprd.org/camprivedale](http://www.thprd.org/camprivedale). Once completed camper application has been received, staff will contact you to complete the registration process.

**Wilderness Camp Deposits and Balances:** Fees for Week 1 will be due in full at the completion of the registration process. The balance of all other weeks will be due by 4 pm on Monday, one week prior to the start date of each camp week. Payment for additional weeks can also be made in full online.

**Out-of-District assessment fee:** \$88/per term per family.

**ID/SRD:** In-district/Specialized recreation discount

**OD/AP:** Out-of-District, assessment paid;

**OD:** Out-of-district, no assessment paid

### Week 1 CR19201

6/24-6/28 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due at end of registration process.

### Week 2 CR19201

7/1-7/5 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$236 OD: \$268  
 Balance due no later than 6/24. (No camp 7/4)

### Week 3 CR19203

7/8-7/12 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 7/1

### Week 4 CR19204

7/15-7/19 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 7/8

### Week 5 CR19205

7/22-7/26 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 7/15

### Week 6 CR19206

7/29-8/2 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 7/22

### Week 7 CR19207

8/5-8/9 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 7/29

### Week 8 CR19208

8/12-8/16 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 8/5

### Week 9 CR192090

8/19-8/23 M-F 9:15 am-2:45 pm  
 ID/SRD: \$225 OD/AP: \$296 OD: \$335  
 Balance due no later than 8/12

This program is held at the Tualatin Hills Athletic Center, located at 15707 SW Walker Rd. Beaverton, OR 97006.

