

# Tualatin Hills Athletic Center



**Tualatin Hills Athletic Center**  
**HMT Recreation Complex**  
**15707 SW Walker Road**  
**Beaverton, 97006**  
**503-629-6330**

TriMet Routes #59, #67

**Facility Supervisor:** Julie Rocha

**Winter Term:** January 1 - April 2, 2017  
**Spring Term:** April 3 - June 18, 2017

**Center Hours:**

Monday-Friday      6 am-10 pm  
 Saturday              8 am-10 pm  
 Sunday                10 am-10 pm

**Facility Closed:** 1/1, 4/16

**Athletic Center Features:**

- Indoor Track
- Basketball Courts
- Outdoor Fields

## Inclusion Services

THPRD promotes the power of choice to enhance the quality of life for individuals of all abilities. We do this by providing diverse, accessible recreation in an environment that promotes dignity, success and fun. Through inclusion services, the district may provide reasonable staff support for those who prefer other THPRD programs and/or activities.

To request inclusion services, please call 503-629-6330 or email [inclusion@thprd.org](mailto:inclusion@thprd.org).

## Facility Rentals

Athletic Center courts are available for rental on a limited basis. For details, please call Kyle Kotchik at 503-629-6330.

## No School Kraze

**Kids got the Day-off school? Well we have something fun for them to do!**

Our sports and classroom instructors will be here to play sports, help with some creative art activities and organize games with them during their Day-off. **8 am-5 pm**

Jan. 16	AC37203	Apr. 28	AC37207
Feb. 3	AC37204	May. 26	AC37208
Feb. 20	AC37205	May. 29	AC37209
Mar. 10	AC37206		

For more information or to register visit [thprd.org](http://thprd.org)

## Outdoor Recreation

### Tualatin Hills Skate Park

The skate park is located on the north end of the Howard M. Terpenning Recreation Complex. **Helmets and protective gear are highly recommended.** Park hours are dawn to dusk, weather permitting.

### Novice Skate Park

The novice skate park is located next to the big skate park at the north end of the Howard M. Terpenning Recreation Complex. **Helmets and protective gear are highly recommended.** Hours are dawn to dusk, weather permitting.

### Outdoor Pickleball Court

Located at the Howard M. Terpenning Recreation Complex Roller Hockey Arena. Wednesday-Friday 5-7 pm and Saturday 10 am-1 pm. Pickleball can also be played at Elsie Stuhr Center and Ridgewood View Park.

### Outdoor Roller Hockey Rink

Visit our outdoor roller hockey arena, located on the north end of the Howard M. Terpenning Recreation Complex. Arena hours are dawn to dusk, weather permitting.

### Cedar Hills Park Bocce Courts

There are three bocce courts at Ridgewood View Park and Cedar Hills Park ready for drop-in play. Call the Athletic Center with any questions.

### Greenway Park Disc Golf

Greenway Park has a nine-hole disc golf course. Look for tournament information in the spring at [www.thprd.org](http://www.thprd.org).

### Inclement Weather

See page 5 for THPRD Inclement Weather Policy.



[thprdAthletics](https://www.facebook.com/thprdAthletics)

## Drop-in Sports

**Badminton, basketball, table tennis, volleyball, pickleball**

Due to heavy demands on gym space, the drop-in schedule varies by week. Schedules are available on the website, or call the Athletic Center.

**Photo ID required.**

**Indoor Walking/Jogging Track Hours (track distance: 1/6 mile):**

- Monday-Friday: 6 am-10 pm
- Saturday: 8 am-10 pm
- Sunday: 10 am-10 pm



## Drop-in Sports Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball	11:30-2:30 pm Adult	11:30-2:30 pm Adult	11:30-2:30 pm Adult	11:30-2:30 pm Adult	11:30-2:30 pm Adult	Call for times	Call for times
	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	2:30-5 pm Family/Teen	Call for times	Call for times
					7-9:45 pm Teen	7-9:45 pm Adult	7-9:45 pm Adult
Badminton	6-8:30 am	6-9 am	6-9 am	6-9 am	6-9 am	Call for times Adult	Call for times Adult
Pickleball		8:30 am-12:30 pm		8:30 am-12:30 pm	8:30 am-12:30 pm		
Volleyball						7-9:45 pm 16+	7-9:45 pm Adult
Table Tennis						Call for times	

All times and days subject to change weekly.

See page 5 for shower and dressing room information.

## Thursday Night All-stars

**This is a recreation and socialization program for teens and adults (ages 13+) with developmental disabilities to play pickup games of basketball.**

**When:** Thursdays, 6:15-7:45 pm (times subject to change)  
**Cost:** \$5 each time or 5-punch passes available for \$25

**Location:** THPRD Athletic Center - 15707 SW Walker Road, Beaverton (some Thursdays not available)

**Participation is on a drop-in basis and requires the following:**

- ◆ Completed medical/emergency information form
- ◆ Sign up before attending if you are a new participant

- ◆ Those requiring 1:1 assistance must bring an aide who is required to stay for the entire duration of the activity at the Athletic Center.

**For more information, please call 503-629-6330.**

We are so much more than just recreation! THPRD classes teach many skills, including self-confidence, cooperation, motivation, active listening, discipline, team-building, effective communication, problem-solving and decision making. Empowerment, ability and positive attitude are celebrated.

## Arts & Crafts - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Crazy Creations

Experience the joys of arts and crafts as we express ourselves through drawing, painting, mixed media and more.

#### Winter Term:

1/3-3/21 (12) T 11:15 am-Noon 4-6 yrs AC34105  
Rm 101 ID/AP: \$73 OD: \$91.25

#### Spring Term:

4/4-6/13 (11) T 11:15 am-Noon 4-6 yrs AC44105  
Rm 101 ID/AP: \$67 OD: \$83.75

### Engaging Art

Encourage your child's creativity with hands-on, tactile art exploration. Your child can stretch his or her imagination through open-ended projects, while working with a variety of art media.

#### Winter Term:

1/6-3/24 (12) F 10:30-11:15 am 3-6 yrs AC34106  
Rm 101 ID/AP: \$73 OD: \$91.25

#### Spring Term:

4/7-6/16 (11) F 10:30-11:15 am 3-6 yrs AC44106  
Rm 101 ID/AP: \$67 OD: \$83.75

### Messy Little Fingers

Let your child get messy as they express themselves through art. The projects develop sensory-motor skills, hand-eye coordination and social skills. We introduce shapes and colors. **Parent participation required** to assist the children with the art projects.

#### Winter Term:

1/3-3/21 (12) T 9:15-10 am 1.5-3 yrs AC34101  
Rm 101 ID/AP: \$73 OD: \$91.25

1/3-3/21 (12) T 10:15-11 am 2-4 yrs AC34102  
Rm 101 ID/AP: \$73 OD: \$91.25

1/5-3/23 (12) Th 9:15-10 am 1.5-3 yrs AC34103  
Rm 101 ID/AP: \$73 OD: \$91.25

1/5-3/23 (12) Th 10:15-11 am 2-4 yrs AC34104  
Rm 101 ID/AP: \$73 OD: \$91.25

#### Spring Term:

4/4-6/13 (11) T 9:15-10 am 1.5-3 yrs AC44101  
Rm 101 ID/AP: \$67 OD: \$83.75

4/4-6/13 (11) T 10:15-11 am 2-4 yrs AC44102  
Rm 101 ID/AP: \$67 OD: \$83.75

4/6-6/15 (11) Th 9:15-10 am 1.5-3 yrs AC44103  
Rm 101 ID/AP: \$67 OD: \$83.75

4/6-6/15 (11) Th 10:15-11 am 2-4 yrs AC44104  
Rm 101 ID/AP: \$67 OD: \$83.75

## General Interest - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Fun with Communication

This class provides team-building activities that encourage children to effectively utilize their speech and language skills. No class on 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) M 11:45 am-12:45 pm 3-6 yrs AC35104  
Rm 101 ID/AP: \$61 OD: \$76.25

1/4-3/22 (12) W 11:45 am-12:45 pm 3-6 yrs AC35105  
Rm 101 ID/AP: \$82 OD: \$102.50

#### Spring Term:

4/3-6/12 (10) M 11:45 am-12:45 pm 3-6 yrs AC45101  
Rm 101 ID/AP: \$78 OD: \$97.50

4/5-6/14 (11) W 11:45 am-12:45 pm 3-6 yrs AC45102  
Rm 101 ID/AP: \$86 OD: \$107.50

### Bright Minds - Preschool Prep

Give your preschooler a head start. This class introduces letters, numbers, weather and seasons and helps develop fine motor skills with art projects. Fun songs and games are included.

#### Winter Term:

1/6-3/24 (12) F 9:30-10:15 am 3-5 yrs AC35106  
Rm 101 ID/AP: \$73 OD: \$91.25

#### Spring Term:

4/7-6/16 (11) F 9:15-10 am 3-5 yrs AC45105  
Rm 101 ID/AP: \$67 OD: \$83.75

### Learning Letters, Sounds & Math Through Music and Games, Level 1

Get your child ready for success in kindergarten. This course encourages children to learn to read and understand basic math concepts through music, hands-on activities and games. No class on 1/16, 2/20.

#### Winter Term:

1/4-3/22 (12) M/W 9:15-10:15 am 3-4 yrs AC35102  
Rm 101 ID/AP: \$164 OD: \$205

#### Spring Term:

4/3-6/14 (11) M/W 9:15-10:15 am 3-4 yrs AC45103  
Rm 101 ID/AP: \$164 OD: \$205

### Learning Letters, Sounds & Math Through Music and Games, Level 2

Continue to empower your child with new math, reading and life skills. Reading comprehension and math problem-solving skills are emphasized. Completion of one session level one required. No class on 1/16, 2/20.

#### Winter Term:

1/4-3/22 (12) M/W 10:30-11:30 am 4-5 yrs AC35103  
Rm 101 ID/AP: \$164 OD: \$205

#### Spring Term:

4/3-6/14 (11) M/W 10:30-11:30 am 4-5 yrs AC45104  
Rm 101 ID/AP: \$164 OD: \$205

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## General Interest - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Munchkin Music & More

Sing, dance and have fun. Let the music help your child discover movement and develop strength, coordination and balance. **Parent participation required.**

#### Winter Term:

1/3-3/21 (12) Ct 1	T	11-11:30 am ID/AP: \$53	2-4 yrs OD: \$66.25	AC32105
1/4-3/22 (12) Ct 1	W	9:30-10 am ID/AP: \$53	2-4 yrs OD: \$66.25	AC32106
1/5-3/23 (12) Ct 1	Th	11-11:30 am ID/AP: \$53	2-4 yrs OD: \$66.25	AC32107

#### Spring Term:

4/4-6/13 (11) Ct 1	T	11-11:30 am ID/AP: \$48	2-4 yrs OD: \$60	AC42104
4/5-6/14 (11) Ct 1	W	9:30-10 am ID/AP: \$48	2-4 yrs OD: \$60	AC42105
4/6-6/15 (11) Ct 1	Th	11-11:30 am ID/AP: \$48	2-4 yrs OD: \$60	AC42106

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Diamond Dreams

Is your child ready to play T-ball? Learn basic skills: throwing, catching, hitting off a tee, baserunning and more in a fun environment. Build sportsmanship, cooperation, self-confidence and more. **Glove optional.**

#### Winter Term:

1/3-3/21 (12) Ct 2	T	1-1:30 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32101
1/6-3/24 (12) Ct 2	F	11:45 am-12:15 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32102

#### Spring Term:

4/4-6/13 (11) Ct 2	T	1-1:30 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42101
4/7-6/16 (11) Ct 2	F	11:45 am-12:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42102

### Fitness Fun for Girls

This fitness class for girls will introduce basketball, baseball, soccer, track, tumbling and more. Using teambuilding activities and fun fitness music, they will learn a variety of ways to stay active while building confidence, character and body strength.

#### Winter Term:

1/5-3/23 (12) Ct 1	Th	1:45-2:15 pm ID/AP: \$53	3-5-6 yrs OD: \$66.25	AC32103
-----------------------	----	-----------------------------	--------------------------	---------

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Mini Movers

This class blends music, movement and games. A different theme each week will spark imagination and build confidence while learning to listen and take turns. **Parent participation required. No class 1/16, 2/20, 5/29.**

#### Winter Term:

1/9-3/20 (9) Ct 1	M	10:15-10:45 am ID/AP: \$40	2-4 yrs OD: \$50	AC35118
----------------------	---	-------------------------------	---------------------	---------

#### Spring Term:

4/3-6/12 (10) Ct 1	M	10:15-10:45 am ID/AP: \$43	2-4 yrs OD: \$53.75	AC45114
-----------------------	---	-------------------------------	------------------------	---------

### Movers and Shakers

Shake your shakers, tap your sticks and move your body in this fast-paced class. Explore learning through movement using a variety of music and instruments such as sticks, bells and shakers. We will move to the beat while working on listening skills and following instructions.

#### Winter Term:

1/4-3/20 (12) Ct 1	W	1:45-2:15 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32145
-----------------------	---	-----------------------------	------------------------	---------

#### Spring Term:

4/5-6/14 (11) Ct 1	W	1:45-2:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42103
-----------------------	---	-----------------------------	---------------------	---------

### Munchkin Sports

Introduce your child to a variety of sports! Instructor will present the fundamentals of each sport so you play with your child in a variety of activities. **Parent participation required. No class on 1/16, 2/20.**

#### Winter Term:

1/9-3/20 (9) Ct 2	M	11:45 am-12:15 pm ID/AP: \$40	2-3 yrs OD: \$50	AC32108
1/3-3/21 (12) Ct 2	T	1:45-2:15 pm ID/AP: \$53	2-3 yrs OD: \$66.25	AC32109
1/5-3/23 (12) Ct 2	Th	9:30-10 am ID/AP: \$53	2-3 yrs OD: \$66.25	AC32110

#### Spring Term:

4/3-6/12 (10) Ct 2	M	11:45 am-12:15 pm ID/AP: \$44	2-3 yrs OD: \$55	AC42107
4/4-6/13 (11) Ct 2	T	1:45-2:15 pm ID/AP: \$48	2-3 yrs OD: \$60	AC42108
4/6-6/15 (11) Ct 2	Th	9:30-10 am ID/AP: \$48	2-3 yrs OD: \$60	AC42109



Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Munchkin Sportz Center

This class teaches basic techniques to a variety of sports. Boys and girls build confidence and self-esteem while learning to follow directions using activities and games. Soccer, T-ball and basketball included. Parent participation required.

#### Winter Term:

1/4-3/22 (12) W 10:15-10:45 am 2-4 yrs AC32144  
Ct 1 ID/AP: \$53 OD: \$66.25

#### Spring Term:

4/5-6/14 (11) W 10:15-10:45 am 2-3 yrs AC42110  
Ct 1 ID/AP: \$48 OD: \$60

### Music, Rhythm & Hip Hop

This movement class uses a variety of music that makes it easy to follow the beat and rhythm. One of our favorites is the Cha Cha Slide. Build and improve confidence and self-esteem while moving to the music. Parent participation required.

#### Winter Term:

1/6-3/24 (8) T 1:45-2:15 pm 3.5-6 yrs AC32111  
Ct 1 ID/AP: \$35 OD: \$43.75

#### Spring Term:

4/4-5/23 (8) T 1:45-2:15 pm 3.5-6 yrs AC42111  
Ct 1 ID/AP: \$35 OD: \$43.75

### Pee Wee Cheerleading

Learn how to do cheers, dance, jump and use pom poms through a variety of games, activities and songs. This class will help your child express him/herself by cheering on family members at games, which instills confidence and encourages involvement.

#### Spring Term:

4/8-5/25 (8) F 1:45-2:15 pm 3.5-6 yrs AC42112  
Ct 1 ID/AP: \$35 OD: \$43.75

### Pee Wee Hoops

Start your child off learning the basics of basketball while building confidence in a fun environment. Learn to catch, pass, dribble and shoot a basketball. Emphasizes positive attitude, fair play and fun. No class on 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) M 11-11:30 am 3-6 yrs AC32113  
Ct 2 ID/AP: \$40 OD: \$50

1/9-3/20 (9) M 4:30-5 pm 3-6 yrs AC32114  
Ct 1 ID/AP: \$40 OD: \$50

1/3-3/21 (12) T 9:30-10 am 3-5 yrs AC32115  
Ct 2 ID/AP: \$52 OD: \$65

1/3-3/21 (12) T 11:45 am-12:15 pm 3-6 yrs AC32116  
Ct 2 ID/AP: \$53 OD: \$66.25

1/3-3/21 (12) T 3:50-4:20 pm 3-5 yrs AC32117  
Ct 2 ID/AP: \$53 OD: \$66.25

1/4-3/22 (12) W 9:30-10 am 3-5 yrs AC32118  
Ct 2 ID/AP: \$53 OD: \$66.25

1/4-3/22 (12) W 10:15-10:45 am 3-5 yrs AC32119  
Ct 2 ID/AP: \$53 OD: \$66.25

1/5-3/23 (12) Th 10:15-10:45 am 3-6 yrs AC32120  
Ct 2 ID/AP: \$53 OD: \$66.25

1/5-3/23 (12) Th 3:15-3:45 pm 3-6 yrs AC32121  
Ct 2 ID/AP: \$53 OD: \$66.25

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Pee Wee Hoops (continued)

1/6-3/24 (12) F 9:30-10 am 3-6 yrs AC32122  
Ct 2 ID/AP: \$53 OD: \$66.25

#### Spring Term:

4/3-6/12 (10) M 11-11:30 am 3-6 yrs AC42113  
Ct 2 ID/AP: \$44 OD: \$55

4/3-6/12 (10) M 3:30-4 pm 3-6 yrs AC42114  
Ct 2 ID/AP: \$44 OD: \$55

4/3-6/12 (10) M 4:45-5:15 pm 3-5 yrs AC42115  
Ct 1 ID/AP: \$44 OD: \$55

4/4-6/13 (11) T 9:30-10 am 3-5 yrs AC42116  
Ct 2 ID/AP: \$48 OD: \$60

4/4-6/13 (11) T 11:45 am-12:15 pm 3-6 yrs AC42117  
Ct 2 ID/AP: \$48 OD: \$60

4/4-6/13 (11) T 5:40-6:10 pm 3-6 yrs AC42117A  
Ct 1 ID/AP: \$48 OD: \$60

4/4-6/13 (11) T 6:15-6:45 pm 3-6 yrs AC42117B  
Ct 1 ID/AP: \$48 OD: \$60

4/5-6/14 (11) W 9:30-10 am 3-5 yrs AC42118  
Ct 2 ID/AP: \$48 OD: \$60

4/5-6/14 (11) W 10:15-10:45 am 3-5 yrs AC42119  
Ct 2 ID/AP: \$48 OD: \$60

4/5-6/14 (11) W 4-4:30 pm 3-5 yrs AC42120  
Ct 2 ID/AP: \$48 OD: \$60

4/6-6/15 (11) Th 10:15-10:45 am 3-6 yrs AC42121  
Ct 2 ID/AP: \$48 OD: \$60

4/6-6/15 (11) Th 6-6:30 pm 3-6 yrs AC42121A  
Ct 2 ID/AP: \$48 OD: \$60

4/7-6/16 (11) F 9:30-10 am 3-6 yrs AC42122  
Ct 2 ID/AP: \$48 OD: \$60

### Pee Wee Soccer

Dribbling, trapping and passing are included in this indoor class. Your child will have fun, learn teamwork and cooperation, and build up confidence. Shin guards and gym shoes recommended. This class will be held indoors. No class on 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) M 9:30-10 am 3-5 yrs AC32123  
Ct 2 ID/AP: \$40 OD: \$50

1/9-3/20 (9) M 10:15-10:45 am 3-5 yrs AC32124  
Ct 2 ID/AP: \$40 OD: \$50

1/9-3/20 (9) M 1-1:30 pm 3-6 yrs AC32125  
Ct 1 ID/AP: \$40 OD: \$50

1/9-3/20 (9) M 3:15-3:45 pm 3-5 yrs AC32126  
Ct 1 ID/AP: \$40 OD: \$50

1/9-3/20 (9) M 3:50-4:20 pm 3-6 yrs AC32127  
Ct 1 ID/AP: \$40 OD: \$50

1/3-3/21 (12) T 10:15-10:45 am 3-6 yrs AC32128  
Ct 2 ID/AP: \$53 OD: \$66.25

1/3-3/21 (12) T 11-11:30 am 3-5 yrs AC32129  
Ct 2 ID/AP: \$53 OD: \$66.25

1/3-3/21 (12) T 4:30-5 pm 3-5 yrs AC32130  
Ct 2 ID/AP: \$53 OD: \$66.25

1/4-3/22 (12) W 11-11:30 am 3-5 yrs AC32131  
Ct 2 ID/AP: \$53 OD: \$66.25

1/4-3/22 (12) W 11:45 am-12:15 pm 3-6 yrs AC32132  
Ct 2 ID/AP: \$53 OD: \$66.25

1/5-3/23 (12) Th 11-11:30 am 3-5 yrs AC32133  
Ct 2 ID/AP: \$53 OD: \$66.25

*Continued*

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Pee Wee Soccer (continued)</b>				
1/5-3/23 (12) Ct 2	Th	11:45 am-12:15 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32134
1/5-3/23 (12) Ct 1	Th	1-1:30 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32135
1/5-3/23 (12) Ct 2	Th	3:50-4:20 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32136
1/5-3/23 (12) Ct 2	Th	4:30-5 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32137
1/6-3/24 (12) Ct 2	F	10:15-10:45 am ID/AP: \$53	3-5 yrs OD: \$66.25	AC32138
1/6-3/24 (12) Ct 2	F	11-11:30 am ID/AP: \$53	3-6 yrs OD: \$66.25	AC32139
<b>Spring Term:</b>				
4/3-6/12 (10) Ct 2	M	9:30-10 am ID/AP: \$44	3-5 yrs OD: \$55	AC42123
4/3-6/12 (10) Ct 2	M	10:15-10:45 am ID/AP: \$44	3-5 yrs OD: \$55	AC42124
4/3-6/12 (10) Ct 1	M	1-1:30 pm ID/AP: \$44	3-5 yrs OD: \$55	AC42125
4/3-6/12 (10) Ct 1	M	3:15-3:45 pm ID/AP: \$44	3-5 yrs OD: \$55	AC42126
4/3-6/12 (10) Ct 1	M	4-4:30 pm ID/AP: \$44	3-6 yrs OD: \$55	AC42127
4/3-6/12 (10) Ct 2	M	6:00-6:30 pm ID/AP: \$44	3-6 yrs OD: \$55	AC42127A
4/4-6/13 (11) Ct 2	T	10:15-10:45 am ID/AP: \$48	3-6 yrs OD: \$60	AC42128
4/4-6/13 (11) Ct 2	T	11-11:30 am ID/AP: \$48	3-5 yrs OD: \$60	AC42129
4/4-6/13 (11) Ct 2	T	4-4:30 pm ID/AP: \$48	3-5 yrs OD: \$60	AC42130
4/4-6/13 (11) Ct 2	T	4:45-5:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42131
4/5-6/14 (11) Ct 2	W	11-11:30 am ID/AP: \$48	3-6 yrs OD: \$60	AC42132
4/5-6/14 (11) Ct 2	W	11:45 am-12:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42133
4/5-6/14 (11) Ct 1	W	5:10-5:40 pm ID/AP: \$48	3-5 yrs OD: \$60	AC42134
4/5-6/14 (11) Ct 1	W	5:45-6:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42135
4/6-6/15 (11) Ct 2	Th	11-11:30 am ID/AP: \$48	3-5 yrs OD: \$60	AC42136
4/6-6/15 (11) Ct 2	Th	11:45 am-12:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42137
4/6-6/15 (11) Ct 1	Th	1-1:30 pm ID/AP: \$48	3-5 yrs OD: \$60	AC42138
4/6-6/15 (11) Ct 3	Th	3-3:30 pm ID/AP: \$48	3-5 yrs OD: \$60	AC42139
4/6-6/15 (11) Ct 3	Th	4:50-5:20 pm ID/AP: \$48	3-5 yrs OD: \$60	AC42140
4/7-6/16 (11) Ct 2	F	10:15-10:45 am ID/AP: \$48	3-5 yrs OD: \$60	AC42141
4/7-6/16 (11) Ct 2	F	11-11:30 am ID/AP: \$48	3-6 yrs OD: \$60	AC42142

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
<b>Pee Wee Soccer, Girls Only</b>				
Dribbling, trapping and passing are included in this indoor class just for girls. Have fun, learn teamwork and cooperation and build confidence. Shin guards and gym shoes recommended. This class will be held indoors.				
<b>Winter Term:</b>				
1/3-3/21 (12) Ct 1	T	1-1:30 pm ID/AP: \$53	3-5 yrs OD: \$66.25	AC32141
<b>Spring Term:</b>				
4/4-6/13 (11) Ct 1	T	1-1:30 pm ID/AP: \$48	3-5 yrs OD: \$60	AC42143
<b>Sportz Center</b>				
Teaches basic techniques to a variety of sports such as soccer, T-ball and basketball. Build confidence and self-esteem and learn to follow directions using activities and games.				
<b>Winter Term:</b>				
1/4-3/22 (12) Ct 1	W	1-1:30 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC32143
<b>Spring Term:</b>				
4/5-6/14 (11) Ct 1	W	1-1:30 pm ID/AP: \$48	3-6 yrs OD: \$60	AC42144
<b>Tiny Jumpers</b>				
With the use of trampolines, music and games, your tiny tot can develop large motor skills through jumping, balancing and tumbling. By building strength, balance and coordination, you will see your child's self-esteem and confidence grow. <b>Parent participation required.</b>				
<b>Winter Term:</b>				
1/3-3/21 (12) Ct 1	T	10:15-10:45 am ID/AP: \$53	1.5-3.5 yrs OD: \$66.25	AC35114
1/6-3/24 (12) Ct 1	F	9:30-10 am ID/AP: \$53	1.5-3.5 yrs OD: \$66.25	AC35115
<b>Spring Term:</b>				
4/4-6/13 (11) Ct 1	T	9:30-10 am ID/AP: \$48	1.5-3.5 yrs OD: \$60	AC45111
4/7-6/16 (11) Ct 1	F	9:30-10 am ID/AP: \$48	1.5-3.5 yrs OD: \$60	AC45111A
<b>Tiny Tumblers</b>				
Prepare your child for the experience of tumbling. Play environment encourages development of balance and coordination with parental guidance. Suitable for pre-walkers and walkers. <b>Parent participation required.</b>				
<b>Winter Term:</b>				
1/3-3/21 (12) Ct 1	T	9:30-10 am ID/AP: \$53	10 mos-1.5 yrs OD: \$66.25	AC35112
1/6-3/24 (12) Ct 1	F	10:15-10:45 am ID/AP: \$53	10 mos-1.5 yrs OD: \$66.25	AC35113
<b>Spring Term:</b>				
4/4-6/13 (11) Ct 1	T	10:15-10:45 am ID/AP: \$48	10 mos-1.5 yrs OD: \$60	AC45112
4/7-6/16 (11) Ct 1	F	10:15-10:45 am ID/AP: \$48	10 mos-1.5 yrs OD: \$60	AC45113

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Tots in Tow

With your guidance, your child will learn creative movement, parachute games and more in a playful and musical environment. Learn better balance, coordination and flexibility while gaining confidence in a fun and exciting way. Emphasis on taking turns, following directions, sharing and playing with others. **Parent participation required.** No class 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) Ct 1	M	9:30-10 am ID/AP: \$40	1.5-2.5 yrs OD: \$50	AC35116
1/5-3/23 (12) Ct 1	Th	10:15-10:45 am ID/AP: \$53	1.5-2.5 yrs OD: \$66.25	AC35117

#### Spring Term:

4/3-6/12 (10) Ct 1	M	9:30-10 am ID/AP: \$44	1.5-2.5 yrs OD: \$55	AC45115
4/6-6/15 (11) Ct 1	Th	10:15-10:45 am ID/AP: \$48	1.5-2.5 yrs OD: \$60	AC45116

### Beginner Tumbling

Work with your child to build balance, jumping and tumbling skills while working on listening and following instructions - key skills for preschool. We will use music and simple games to build the confidence needed to play and get along in a classroom. **Parent participation required.** No class 1/16, 2/20.

#### Winter Term:


1/9-3/20 (9) Ct 1	M	11-11:30 am ID/AP: \$40	2-3 yrs OD: \$50	AC33101
1/4-3/22 (12) Ct 1	W	11-11:30 am ID/AP: \$53	2-3 yrs OD: \$66.25	AC33102
1/5-3/23 (12) Ct 1	Th	9:30-10 am ID/AP: \$53	2-3 yrs OD: \$66.25	AC33103
1/6-3/24 (12) Ct 1	F	11-11:30 am ID/AP: \$53	2-3 yrs OD: \$66.25	AC33104

#### Spring Term:

4/3-6/12 (10) Ct 1	M	11-11:30 am ID/AP: \$44	2-3 yrs OD: \$55	AC43101
4/5-6/14 (11) Ct 1	W	11-11:30 am ID/AP: \$48	2-3 yrs OD: \$60	AC43102
4/6-6/15 (11) Ct 1	Th	9:30-10 am ID/AP: \$48	2-3 yrs OD: \$60	AC43103
4/7-6/16 (11) Ct 1	F	11-11:30 am ID/AP: \$48	2-3 yrs OD: \$60	AC43104



## THPRD Inclusive Classes

**Inclusive**  When you see this icon by a class, it means the class is inclusive, designed for children with or without disabilities.

## Sports & Fitness - Preschool

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Tumbling

A fun way for your child to work on gymnastics skills. Emphasizes basic movements, jumps, floor work fundamentals, somersaults, etc. Builds strength, flexibility, coordination and confidence. There will also be games, music and an obstacle course. No class 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) Ct 1	M	11:45 am-12:15 pm ID/AP: \$40	3-6 yrs OD: \$50	AC33106
1/3-3/21 (12) Ct 1	T	11:45 am-12:15 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC33107
1/4-3/22 (12) Ct 1	W	11:45 am-12:15 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC33108
1/5-3/23 (12) Ct 1	Th	11:45 am-12:15 pm ID/AP: \$53	3-6 yrs OD: \$66.25	AC33109

#### Spring Term:

4/3-6/12 (10) Ct 1	M	11:45 am-12:15 pm ID/AP: \$44	3-6 yrs OD: \$55	AC43105
4/4-6/13 (11) Ct 1	T	11:45 am-12:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC43106
4/5-6/14 (11) Ct 1	W	11:45 am-12:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC43107
4/6-6/15 (11) Ct 1	Th	11:45 am-12:15 pm ID/AP: \$48	3-6 yrs OD: \$60	AC43108

## Sports & Fitness - Preschool/Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Adaptive Sportz Center

**Inclusive** 

A sports-based program designed for children with special needs and disabilities that provides the basics for participation in sports. Kids play to their own level while developing important socialization skills and learning about peer unity through team play. **No class 1/14, 2/18, 5/27.**

#### Winter Term:

1/7-3/25 (10) Ct 1	S	6:30-7:30 pm ID/AP: \$78	3-5 yrs OD: \$97.50	AC32701
-----------------------	---	-----------------------------	------------------------	---------

#### Spring Term:

4/8-6/17 (10) Ct 1	S	9:15-10:15 am ID/AP: \$78	3-5 yrs OD: \$97.50	AC42702
4/8-6/17 (10) Ct 1	S	10:30-11:30 am ID/AP: \$78	6-10 yrs OD: \$97.50	AC42703

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports & Fitness - Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Basketball Hot Shots

Have a young basketball player looking to improve skills, work hard, make new friends and have fun? Participants will develop shooting, passing, dribbling, rebounding and defense skills - along with improving confidence and self-esteem. This focused, intensive training is essential to improvement.

#### Winter Term:

1/4-3/22 (12) Ct 2	W	3:20-4:05 pm ID/AP: \$73	6-9 yrs OD: \$91.25	AC32201
-----------------------	---	-----------------------------	------------------------	---------

#### Spring Term:

4/3-6/12 (10) Ct 2	M	5-5:45 pm ID/AP: \$61	8-10 yrs OD: \$76.25	AC42201
4/4-6/13 (11) Ct 1	T	4:45-5:30 pm ID/AP: \$67	7-9 yrs OD: \$83.75	AC42202
4/5-6/14 (11) Ct 2	W	4:45-5:30 pm ID/AP: \$67	9-11 yrs OD: \$83.75	AC42203
4/6-6/15 (11) Ct 2	Th	5:05-5:50 pm ID/AP: \$67	5-7 yrs OD: \$83.75	AC42204

### Basketball Scrimmages

This class will have warmup drills and instruction, with most of the class dedicated to controlled scrimmage games. Participants will develop these skills: shooting, passing, dribbling, rebounding and defense - along with learning sportsmanship, teamwork and self-confidence.

#### Winter Term:

1/6-3/24 (12) Ct 2	F	5:20-6:20 pm ID/AP: \$94	10-14 yrs OD: \$117.50	AC32202
1/6-3/24 (12) Ct 3	F	5:20-6:20 pm ID/AP: \$94	10-14 yrs OD: \$117.50	AC32203

#### Spring Term:

4/7-6/16 (11) Ct 2	F	5:20-6:20 pm ID/AP: \$86	10-14 yrs OD: \$107.50	AC42205
4/7-6/16 (11) Ct 3	F	5:20-6:20 pm ID/AP: \$86	10-14 yrs OD: \$107.50	AC42205A

### Basketball Skillz

For the young player who has the basic skills and wants to learn the game at a higher level and have a better understanding of game situations and strategies. Instruction will give the kind of focused, intensive training that is essential to improvement.

#### Winter Term:

1/4-3/22 (12) Ct 2	W	4:10-5:10 pm ID/AP: \$94	9-12 yrs OD: \$117.50	AC32204
1/5-3/23 (12) Ct 1	Th	4:15-5:15 pm ID/AP: \$94	7-10 yrs OD: \$117.50	AC32205
1/6-3/24 (12) Ct 3	F	4:15-5:15 pm ID/AP: \$94	9-12 yrs OD: \$117.50	AC32206
1/6-3/24 (12) Ct 2	F	4:15-5:15 pm ID/AP: \$94	7-10 yrs OD: \$117.50	AC32207

#### Spring Term:

4/5-6/14 (11) Ct 2	W	5:45-6:45 pm ID/AP: \$86	9-12 yrs OD: \$107.50	AC42206
4/7-6/16 (11) Ct 2	F	4:15-5:15 pm ID/AP: \$86	7-10 yrs OD: \$107.50	AC42207
4/7-6/16 (11) Ct 3	F	4:15-5:15 pm ID/AP: \$86	10-12 yrs OD: \$107.50	AC42208

## Sports & Fitness - Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Girls-only Basketball

A place where girls can build their self-esteem and self-confidence playing the game they love. Learn basic skills: ball handling, shooting, passing, defense/offense, footwork and more. Learn the skills and game in a fun environment.

#### Winter Term:

1/5-3/23 (12) Ct 3	Th	2:35-3:20 pm ID/AP: \$73	5-10 yrs OD: \$91.25	AC32219
1/5-3/23 (12) Ct 3	Th	4:15-5 pm ID/AP: \$73	7-12 yrs OD: \$91.25	AC32220

#### Spring Term:

4/6-6/15 (11) Ct 1	Th	4:30-5:15 pm ID/AP: \$67	7-12 yrs OD: \$83.75	AC42219
4/6-6/15 (11) Ct 1	Th	5:30-6:15 pm ID/AP: \$67	7-12 yrs OD: \$83.75	AC42220

### Hoop It Up!

This basketball class is a great place for any young player who is looking to learn basketball skills, work hard, make new friends and have fun! Participants will develop all basketball skills: shooting, passing, dribbling, rebounding and defense, along with learning respect for the game, teamwork, fair play and building self-confidence. No class on 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) Ct 2	M	4:15-5 pm ID/AP: \$55	5-8 yrs OD: \$68.75	AC32210
1/3-3/21 (12) Ct 1	T	4-4:45 pm ID/AP: \$73	5-8 yrs OD: \$91.25	AC32211
1/5-3/23 (12) Ct 3	Th	3:25-4:10 pm ID/AP: \$73	5-8 yrs OD: \$91.25	AC32212

#### Spring Term:

4/3-6/12 (10) Ct 2	M	4:10-4:55 pm ID/AP: \$61	5-8 yrs OD: \$76.25	AC42210
4/4-6/13 (11) Ct 1	T	3:50-4:35 pm ID/AP: \$67	5-8 yrs OD: \$83.75	AC42211
4/6-6/15 (11) Ct 2	Th	4:15-5 pm ID/AP: \$67	5-8 yrs OD: \$83.75	AC42212

### Elite Basketball

Specifically designed for high school players, athletes of all skill levels will learn the fundamentals of dribbling, passing and shooting. Teamwork, respect and responsibility are emphasized.

#### Winter Term:

1/6-3/24 (12) Ct 2	F	6:30-7:30 pm ID/AP: \$94	14-17 yrs OD: \$117.50	AC32209
-----------------------	---	-----------------------------	---------------------------	---------

#### Spring Term:

4/7-6/16 (11) Ct 2	F	6:30-7:30 pm ID/AP: \$86	14-17 yrs OD: \$107.50	AC42209
-----------------------	---	-----------------------------	---------------------------	---------

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)



## Sports & Fitness - Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### PE for Homeschooled Kids

Learn to dribble and shoot a basketball; kick a soccer ball; hit, catch and throw a baseball; send a volleyball back over the net and more.

#### Winter Term:

1/3-3/21 (12) Ct 1	T	2:45-3:45 pm ID/AP: \$94	11-16 yrs OD: \$117.50	AC32213
1/3-3/21 (12) Ct 2	T	2:45-3:45 pm ID/AP: \$94	6-10 yrs OD: \$117.50	AC32214

#### Spring Term:

4/4-6/13 (11) Ct 2	T	2:45-3:45 pm ID/AP: \$86	11-16 yrs OD: \$107.50	AC42213
4/4-6/13 (11) Ct 1	T	2:45-3:45 pm ID/AP: \$86	6-10 yrs OD: \$107.50	AC42214

### Skateboarding 101

This class helps riders build a foundation for safe skateboarding skills. Learn about equipment, riding, turning, board control, foot placement and more.

Required Equipment: Helmet. No class on 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) Ct 3	M	3:25-4:10 pm ID/AP: \$55	5-12 yrs OD: \$68.75	AC32223
1/9-3/20 (9) Ct 3	M	4:15-5 pm ID/AP: \$55	5-12 yrs OD: \$68.75	AC32224
1/4-3/22 (12) Ct 3	W	3:25-4:10 pm ID/AP: \$73	5-12 yrs OD: \$91.25	AC32225
1/4-3/22 (12) Ct 3	W	4:15-5 pm ID/AP: \$73	5-12 yrs OD: \$91.25	AC32226

#### Spring Term:

4/3-6/12 (10) Ct 3	M	3:40-4:25 pm ID/AP: \$61	5-12 yrs OD: \$76.25	AC42221
4/3-6/12 (10) Ct 3	M	4:35-5:20 pm ID/AP: \$61	5-12 yrs OD: \$76.25	AC42222
4/5-6/14 (11) Ct 6	W	3:40-4:25 pm ID/AP: \$67	5-12 yrs OD: \$83.75	AC42223
4/5-6/14 (11) Ct 6	W	4:35-5:20 pm ID/AP: \$67	5-12 yrs OD: \$83.75	AC42224

## Team Player

### THPRD WELCOMES MVPs LIKE YOU. ALWAYS.

Here, being valued doesn't take much. Get on a bike. Join a pick up game. Dive in. Once you do, we'll be cheering for you. At the Tualatin Hills Park & Recreation District, we see MVPs everywhere. They don't have agents or endorse a sports drink. But they're beyond valuable to us.

Learn how you can become an MVP at [thprd.org](http://thprd.org)

### #MVPsWELCOME

## Sports & Fitness - Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Soccer Stars

This introduction to fundamentals and proper soccer techniques emphasizes teamwork, fair play, fun and cooperation. Shin guards and gym shoes recommended. Class will be held indoors. No class 1/16, 2/20.

#### Winter Term:

1/9-3/20 (9) Ct 2	M	3:15-4 pm ID/AP: \$55	8-12 yrs OD: \$68.75	AC32215
1/4-3/22 (12) Ct 1	W	3:25-4:10 pm ID/AP: \$73	5-8 yrs OD: \$91.25	AC32216
1/4-3/22 (12) Ct 1	W	4:15-5 pm ID/AP: \$73	9-12 yrs OD: \$91.25	AC32217
1/5-3/23 (12) Ct 1	Th	3:25-4:10 pm ID/AP: \$73	5-8 yrs OD: \$91.25	AC32218

#### Spring Term:

4/4-6/13 (11) Ct 2	T	5:30-6:30 pm ID/AP: \$86	9-12 yrs OD: \$107.50	AC42215
4/5-6/14 (11) Ct 1	W	4-5 pm ID/AP: \$86	5-8 yrs OD: \$107.50	AC42216
4/6-6/15 (11) Ct 3	Th	3:45-4:45 pm ID/AP: \$86	6-9 yrs OD: \$107.50	AC42217



## Spring Break Camps

### Sports Madness Camp

This camp is for children who want to learn a variety of sports. The camp environment and curriculum are based on sports instruction and fun in hopes to plant the seeds for a lifetime of sports passion, appreciation and, above all, participation.

#### Spring Term:

3/27-3/31 (1) Ct 1	M-F	8 am-5 pm ID/AP: \$283	5-15 yrs OD: \$353.75	AC37201
-----------------------	-----	---------------------------	--------------------------	---------

### Volleyball Camp

Skill mastery, enthusiasm, intensity and life skills training make this camp a perfect fit for those who love the sport of volleyball.

#### Spring Term:

3/27-3/30 (1) Ct 1	M-Th	5-8 pm ID/AP: \$96	5-15 yrs OD: \$120	AC37202
-----------------------	------	-----------------------	-----------------------	---------

## Sports & Fitness - Youth

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Youth Badminton

Learn basic grips, footwork and hand eye coordination through instruction and game play. No experience necessary. No class on 1/15, 2/19.

#### Winter Term:

1/8-3/26 (10) Ct 1	Su	4-5 pm ID/AP: \$78	7-16 yrs OD: \$97.50	AC32501
1/8-3/26 (10) Ct 2	Su	4-5 pm ID/AP: \$78	7-16 yrs OD: \$97.50	AC32502
1/8-3/26 (10) Ct 1	Su	5:05-6:05 pm ID/AP: \$78	7-16 yrs OD: \$97.50	AC32503

#### Spring Term:

4/3-6/12 (10) Ct 1	M	5:30-6:30 pm ID/AP: \$78	6-16 yrs OD: \$97.50	AC42502
4/9-6/18 (10) Ct 2	Su	4-5 pm ID/AP: \$78	7-16 yrs OD: \$97.50	AC42503
4/9-6/18 (10) Ct 1	Su	4-5 pm ID/AP: \$78	7-16 yrs OD: \$97.50	AC42504
4/9-6/18 (10) Ct 1	Su	5:05-6:05 pm ID/AP: \$78	7-16 yrs OD: \$97.50	AC42505

### Youth Volleyball

Learn and practice volleyball skills such as serving, passing and hitting.

#### Winter Term:

1/4-3/22 (12) Ct 4	W	4-5 pm ID/AP: \$94	9-11 yrs OD: \$117.50	AC32300
1/6-3/24 (12) Ct 1	F	4:15-5:15 pm ID/AP: \$94	9-12 yrs OD: \$117.50	AC32301

#### Spring Term:

4/5-6/14 (11) Ct 3	W	4:20-5:20 pm ID/AP: \$86	9-11 yrs OD: \$107.50	AC42218
4/7-6/16 (11) Ct 1	F	5:25-6:25 pm ID/AP: \$86	9-11 yrs OD: \$107.50	AC42218A

## Sports & Fitness - Teen/Adult

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Advanced Volleyball Skills

For the volleyball player that already has the fundamentals of passing, setting and hitting. This class will give your child the opportunity to work on learning different systems (5-1, 6-2, 4-2), positions and strategies as well as refining their other skills.

#### Winter Term:

1/6-3/24 (12) Ct 1	F	6:30-7:30 pm ID/AP: \$94	12-17 yrs OD: \$117.50	AC32302
-----------------------	---	-----------------------------	---------------------------	---------

#### Spring Term:

4/7-6/16 (11) Ct 1	F	6:30-7:30 pm ID/AP: \$86	12-17 yrs OD: \$107.50	AC42303
-----------------------	---	-----------------------------	---------------------------	---------

## Sports & Fitness - Teen/Adult

Dates (Weeks) Location	Day	Time ID/AP	Ages OD	Class #
---------------------------	-----	---------------	------------	---------

### Adult Badminton

Learn basic grips, footwork and hand eye coordination through instruction and game play. No experience necessary. No class on 1/15, 2/19.

#### Winter Term:

1/8-3/26 (10) Ct 2	Su	5:05-6:05 pm ID/AP: \$78	17 yrs-adult OD: \$90	AC32504
-----------------------	----	-----------------------------	--------------------------	---------

#### Spring Term:

4/9-6/18 (10) Ct 2	Su	5:05-6:05 pm ID/AP: \$78	17 yrs-adult OD: \$97.50	AC42501
-----------------------	----	-----------------------------	-----------------------------	---------

### Pickleball, Beginning

Learn basic grips, footwork and hand eye coordination through instruction and game play. No experience necessary. No class on 1/15, 2/19, 5/29.

#### Winter Term:

1/4-3/22 (12) Ct 5	W	10-11 am ID/AP: \$94	14 yrs-adult OD: \$117.50	AC32505
1/8-3/26 (10) Ct 2	Su	6:20-7:20 pm ID/AP: \$78	14 yrs-adult OD: \$97.50	AC32506

#### Spring Term:

4/3-6/12 (10) Ct 2	M	6:45-7:45 pm ID/AP: \$78	14 yrs-adult OD: \$97.50	AC42506
4/5-6/14 (11) Ct 6	W	10-11 am ID/AP: \$86	14 yrs-adult OD: \$107.50	AC42507
4/9-6/18 (10) Ct 1	Su	6:20-7:20 pm ID/AP: \$78	14 yrs-adult OD: \$97.50	AC42508

### Pickleball, Intermediate

Learn basic grips, footwork and hand eye coordination through instruction and game play. No experience necessary. No class on 1/15, 2/19, 5/29.

#### Winter Term:

1/4-3/22 (12) Ct 6	W	10-11 am ID/AP: \$94	14 yrs-adult OD: \$117.50	AC32507
1/8-3/26 (10) Ct 1	Su	6:20-7:20 pm ID/AP: \$78	14 yrs-adult OD: \$97.50	AC32508

#### Spring Term:

4/3-6/12 (10) Ct 2	M	6:45-7:45 pm ID/AP: \$78	14 yrs-adult OD: \$97.50	AC42509
4/5-6/14 (11) Ct 6	W	10-11 am ID/AP: \$86	14 yrs-adult OD: \$107.50	AC42510
4/9-6/18 (10) Ct 1	Su	6:20-7:20 pm ID/AP: \$78	14 yrs-adult OD: \$97.50	AC42511

### Youth/Teen Volleyball

Work on the volleyball skills you will need during the season - serving, passing, spiking, and offensive and defensive strategy.

#### Winter Term:

1/6-3/24 (12) Ct 1	F	5:25-6:25 pm ID/AP: \$94	12-17 yrs OD: \$117.50	AC32303
-----------------------	---	-----------------------------	---------------------------	---------

#### Spring Term:

4/7-6/16 (11) Ct 1	F	4:15-5:15 pm ID/AP: \$86	12-17 yrs OD: \$107.50	AC42302
4/5-6/14 (11) Ct 4	W	5:30-6:30 pm ID/AP: \$86	12-17 yrs OD: \$107.50	AC42301

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

## Sports Leagues - Youth

### Youth Sports League ID System

All youth sports league participants are required to have a valid THPRD ID number and out-of-district assessment fees paid, if applicable, prior to participation in a youth sports league. Please see page 4 for THPRD ID card information.

### Baseball/Softball

Registration for youth baseball and softball leagues is done through the associations listed below. Associations are divided by Beaverton School District elementary school attendance areas. If you attend a private school, you will play within your public school attendance area. Contact your appropriate association for more information.

All of the Beaverton Area Little League groups are governed by Oregon District 4 Little League. For more information, please visit the league's website, [ordist4.com](http://ordist4.com).

**Spring Leagues:** Registration begins in January. Play runs March-June.

**Summer Leagues:** Registration is in January and February. Play runs May-July.

**Fall Leagues:** Registration begins in August. The program is for 6-12 year olds. Play runs September/October.

### Little League Baseball

**T-ball:** ages 4-6  
**Softball:** ages 4-14  
**Baseball:** ages 4-14

#### Beaverton Aloha Little League

Aloha-Huber, Beaver Acres, Chehalem, Cooper Mt., Errol Hassell, Hazeldale, Kinnaman  
**BALL:** 503-342-8809  
[www.beavertonball.com](http://www.beavertonball.com)

#### Cedar Mill Little League

Barnes, Bonny Slope, Cedar Mill, Findley, Ridgewood, Terra Linda, West TV, Wm Walker, St. Pius, Holy Trinity  
[www.cmllonline.org](http://www.cmllonline.org)

#### Murrayhill Little League

Fir Grove, Hiteon, Nancy Ryles, Scholls Heights, Sexton Mt.  
[www.murrayhilllittleleague.com](http://www.murrayhilllittleleague.com)

#### Raleigh Hills Little League

Greenway, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose, Whitford, Conestoga  
[www.rhll.net](http://www.rhll.net)

#### South Beaverton Girls Little League

A girls (ages 4-14) program that is comprised of players within the combined boundaries of Beaverton Aloha and Raleigh Hills Little Leagues. It is chartered as an independent, softball-only program.

Aloha Huber Park, Chehalem, Cooper Mountain, Greenway, Errol Hassell, Hazeldale, Kinnaman, McKay, Montclair, Raleigh Hills, Raleigh Park, Vose

President: Andy Peterson, 971-238-7156  
[resident@sbgll.com](mailto:resident@sbgll.com) or  
[southbeavertonll@gmail.com](mailto:southbeavertonll@gmail.com)  
[www.sbgll.org](http://www.sbgll.org)

#### Willow Creek Little League

This is a little league girls softball program comprised of players within the combined boundaries of Cedar Mill, Westview, and Wolf Creek Little Leagues based under Oregon District 4. It is chartered as an independent, softball-only program. (Co-ed T-ball will continue under the baseball leagues.) This program is open to girls ages 4-14 yrs.

[www.willowcreeksoftball.com](http://www.willowcreeksoftball.com)

### Jr. Baseball/Softball

**Spring/Summer season**

**T-ball:** 6-8 yrs, **Soft-T-ball:** 6-8 yrs

**Baseball:** 9-18 yrs, **Softball:** 9-18 yrs

#### Fall Ball

Contact the association for fall ball availability:  
[www.westsideyouthbaseball.com](http://www.westsideyouthbaseball.com)

#### Aloha Junior Baseball/Aloha Softball

Aloha High, Aloha Huber, Chehalem, Cooper Mt., Errol Hassell, Hazeldale, Kinnaman, Mountain View, Nancy Ryles, Sexton Mt., Valley Catholic

**AJBO:** [www.alohajuniorbaseball.org](http://www.alohajuniorbaseball.org)

**Aloha Softball:** Becky Dawson  
 503-649-6883

#### Beaverton Blaze Softball

Fir Grove, Greenway, Hiteon, McKay, Montclair, Raleigh Hills, Raleigh Park, Conestoga, Highland Park, Whitford, Beaverton High, Jesuit High, Oregon Episcopal, Southridge High  
[www.blaze94.org](http://www.blaze94.org)

#### Beaverton Junior Baseball

Fir Grove, Greenway, Hiteon, McKay, Montclair, Raleigh Hills, Raleigh Park, Conestoga, Highland Park, Whitford, Beaverton High, Jesuit High, Oregon Episcopal  
[www.beavertonjbo.com](http://www.beavertonjbo.com)

#### Southridge Junior Baseball

Conestoga, Fir Grove, Greenway, Highland Park, Hiteon, Scholls Heights, Sexton Mt., Nancy Ryles, Southridge High  
 503-840-4760  
[www.southridgeyouthbaseball.org](http://www.southridgeyouthbaseball.org)

#### Sunset Junior Baseball

Barnes, Cedar Mill, Findley, Ridgewood, Terra Linda, William Walker, West TV, Catlin Gabel, Cedar Park, Meadow Park, Stoller, Sunset High  
[www.sunsetapollosbaseball.com/youth\\_baseball](http://www.sunsetapollosbaseball.com/youth_baseball)

#### Westview Youth Baseball

Beaver Acres, Bethany, Elmonica, Five Oaks, Jacob Wismer, Lenox, McKinley, Oak Hills, Rock Creek, Meadow Park, Springville, Stoller, St. Mary's for Boys, Westview High  
[www.westviewyouthbaseball.com](http://www.westviewyouthbaseball.com)

#### Tualatin Hills Pony League

For ages 13-18 in the Beaverton School District.  
 THPL  
 503-332-3483  
[www.metroponyleague.com](http://www.metroponyleague.com)

## Basketball

### 5th-8th Grade Winter Basketball Programs

THPRD's 5th through 8th grade basketball programs are for girls and boys residing in THPRD boundaries or attending school in the Beaverton School District. Practices are held during the week with games primarily on Saturdays at the BSD schools and/or THPRD Athletic Center. The season runs December-March. For your convenience, registration for youth basketball is now offered online at [www.thprd.org](http://www.thprd.org). A current THPRD card number is required to register. For any other questions or help with registering your child, call the Athletic Center at 503-629-6330.

### 5th-8th Grade Recreational Spring Basketball

The Youth Spring Basketball Recreational League is open to boys and girls currently in grades 5-8 and attending a Beaverton School District #48 middle school or residing within District #48 or THPRD boundaries. Registration will begin mid-February. Check our website for more information.

### 6th-8th Grade Recreational Summer Basketball

The Summer Basketball Recreational League is open to boys and girls who will be entering grades 6-8 in the 2016-17 school year and attending a Beaverton School District #48 middle school or residing within District #48 or THPRD boundaries. Check our website for more information in May.

## Sports Leagues - Youth

### Winter High School Basketball Grades 9-12

For boys and girls not playing on school teams in grades 9-12 in the 2016-17 school year. League and online registration information will be available October 2016. Check our website for more information.

### Summer High School Grades 9-12

For boys and girls entering grades 9-12 in the 2017-18 school year. League and online registration will be available in April 2017. Check our website for more information.



### Cricket

#### Beaverton Cricket Club (BCC)

The Beaverton Cricket Club is the local THPRD-affiliated club that plays in the Oregon Cricket League. Those interested in joining the Beaverton Cricket Club and playing both hard (season) ball and soft (tennis) ball cricket should direct general inquiries to:

www.beavertoncricketclub.com  
email: beavertoncricketclub@gmail.com  
Adi Ramachandran at 503-330-1885.

#### Portland Metro Open Cricket Club (PMOCC)

Those interested in joining PMOCC should direct inquiries to:

www.pdxcricket.org  
email: pdx.metro.open.cricket@gmail.com

### Volunteer Coaches Needed

If you have experience in sports and the desire to share your knowledge by coaching young athletes, please call the Athletic Center at 503-629-6330.

### Football

#### Youth Football

The Tualatin Valley Youth Football Leagues are for players in grades 3-8. Players register according to high school attendance area. To register or get more information, call or visit the website of your local contact listed below. Registration begins in early spring. Practices and clinics begin in August. Games are played September to November. For more information, visit [www.tvyfl.org](http://www.tvyfl.org).

##### Aloha

Registration: April 15-June 15  
[www.alohayouthfootball.com](http://www.alohayouthfootball.com)

##### Beaverton

Registration: April 15-June 15  
registrar@beavertonfootball.com  
[www.beavertonfootball.com](http://www.beavertonfootball.com)

##### Southridge

Registration: April 15-June 15  
president@southridgeyouthfootball.com  
[www.southridgeyouthfootball.com](http://www.southridgeyouthfootball.com)

##### Sunset

Registration: April 1-June 30  
sunsetyouthfootball@comcast.net  
[www.sunsetyouthfootball.org](http://www.sunsetyouthfootball.org)

##### Westview

Registration: April 1-June 15  
westviewyouthfootball@gmail.com  
[www.westviewyouthfootball.com](http://www.westviewyouthfootball.com)



### Rugby

Rugby is one of the fastest growing team sports in the United States and a recent addition to the Olympic Games. To find out more about this fun and inclusive sport where everyone gets a chance to run with the ball, check out Rugby Oregon's website or contact the coaches below. Rugby Oregon offers spring, summer and fall league and camp opportunities. Grades 3 and 4 play Touch Rugby, Grades 5 and 6 play Ruck Touch Rugby and Grades 7-12 play Contact Rugby.

The following teams serve the Beaverton and Hillsboro School Districts:

#### High School Boys & Girls

**Boys Coach:** Nathan Murray  
murraynathan75@gmail.com  
858-229-4184

pages/Beaverton-Barbarians/304780514280

**Girls Coach:** Greg Tracy  
ladybarbarians@hotmail.com

#### Aloha High School

Coach: Sione Aisea  
jsconcrete2012@gmail.com

#### Southridge High School

Coach: Nathan Murray  
murraynathan75@gmail.com

#### Grades 3-4, Boys and Girls

Coach: Morgan Will  
morganwill@hotmail.com

#### Grades 5-6, Boys and Girls

Coach: Tylden Van Eden  
tyldenv@gmail.com

#### Grades 7-8, Boys & Girls

Coach: Troy Hall  
troy@rugbyoregon.com

**Registration:**  
[www.rugbyoregon.com.prod.sportngin.com/page/show/1030314-registration](http://www.rugbyoregon.com.prod.sportngin.com/page/show/1030314-registration)

## Sports Leagues - Youth

### Lacrosse

#### Tualatin Valley Youth Lacrosse League

Tualatin Valley Youth Lacrosse League is a community-based program created to teach lacrosse to girls and boys in grades 1-8 who attend a Beaverton School District school or reside within THPRD boundaries. Players register according to high school attendance area. To register or get more information, contact the appropriate group for your area.

##### TVYLL

president@tvllax.com  
www.TVLax.com

##### Aloha

www.alohayouthlacrosse.com

##### Beaverton

president@beavertonbeaverslacrosse.com  
www.beavertonbeaverslacrosse.com

##### Southridge

president@southridgeskyhawksyouthlax.com  
www.leagueathletics.com

##### Sunset

www.sunsetlacrosse.com

##### Westview

president@westviewyouthlacrosse.com  
www.westviewyouthlacrosse.com

#### High School Lacrosse

##### Aloha

www.alohalacrosse.org

##### Beaverton

www.bhslax.com

##### Southridge

www.southridgelacrosse.org

##### Sunset

www.sunsetlacrosse.com

##### Westview

www.westviewlacrosse.com



### Soccer Coach Certification

For training and certification for soccer coaching, go to [www.thjsl.org](http://www.thjsl.org) for information on classes and clinic dates and locations.

### Soccer

#### Tualatin Hills Junior Soccer Recreational League

Teams will be formed of boys and girls ages 5-18. Practices begin in August. League games begin in September. Each club is responsible for registering their own players. Registration is generally accepted March 1-June 1. Please contact the appropriate club listed below for more information or log on to [www.thjsl.org](http://www.thjsl.org).

#### Aloha United Soccer Club

Schools: Aloha-Huber, Beaver Acres, Cooper Mt., Errol Hassell, Hazeldale, ISB, Kinnaman, Nancy Ryles, Scholls Heights, Sexton Mt. (west of Murray Blvd.)

AUSC: 971-245-6047  
www.alohaunited.com

#### Milltown United Soccer Club

Schools: Barnes, Bonny Slope, Cedar Mill, Ridgewood, Terra Linda, West TV, William Walker

info@milltownunited.org  
www.milltownsoccer.org

#### Oak Hills Soccer Club

Schools: Findley, Jacob Wismer, Oak Hills  
email: [pres@ohsoccer.com](mailto:pres@ohsoccer.com)  
www.ohsoccer.com

#### Somerset West Soccer Club

Schools: Bethany, Elmonica, Lenox, McKinley, Rock Creek, Springville

president@somersetwestsoccer.org  
www.somersetwestsoccer.org

#### West Hills Soccer Club

Schools: Greenway, McKay, Montclair, Raleigh Hills, Raleigh Park

email: [president@westhillsoccer.com](mailto:president@westhillsoccer.com)  
www.westhillsoccer.com

### Soccer Referee Certification

For training and certification for soccer referees, go to [www.thjsl.org](http://www.thjsl.org). For information on classes and clinic dates and locations, contact Keith Ericson at [thjsl.org](http://thjsl.org).

#### Westside Soccer Club

Schools: Chehalem, Fir Grove, Hiteon, Sexton Mt. (east of Murray Blvd.), Vose

WSC: 503-352-0180

[www.westsidewarriors.net](http://www.westsidewarriors.net)

#### High School Recreational Soccer (O/13-U19)

Boys and girls not playing high school soccer can register for the recreational coed soccer league. Check with the youth league in your elementary attendance area. If the league does not offer registration for your high school, go to the next closest attendance area club or [www.thjsl.org](http://www.thjsl.org).

#### Classic League

Boys and girls interested in playing competitive soccer may try out for this league. Tryouts for the Fall 2017 season for U11-U14 will be held in May of 2017. Tryouts for the winter 2018 season for U15-U19 will be held in May 2017. Contact the appropriate club representative for more tryout information.

#### Tualatin Hills United Soccer Club

THUSC: 503-626-1923

info@thusc.org  
www.thusc.org

#### Westside Timbers Soccer Club

Club Line: 503-626-2975

wsmjohnbain@gmail.com  
www.westsidetimbers.org

### Volleyball

#### Summer Girls Volleyball, Grades 4-12

Girls entering grades 4-12 during the upcoming 2017-18 school year are eligible to play in this summer league. League and online registration information will be available mid-April. Check the website for more information.

#### Fall Girls Volleyball, Grades 4-12

For girls entering grades 4-12 in school year 2017-18. League and online registration information will be available in July. Check the website for more information.



## Sports Leagues - Adult

### Basketball

#### Winter Adult Basketball

League and online registration information will be available in early October. League play will begin in November and run through mid-March. Games will be played Monday through Thursday evenings. Check the website for more information in October.

#### Summer Adult Basketball

League play will begin in June and continue through mid-August. Additional league and online registration information will be available in April. Check the website for more information.

### Soccer

For information regarding adult soccer play in the Oregon Adult Soccer Association, call 503-292-1814. Teams wanting to apply for home game field eligibility need to pick up a soccer field use application packet and submit the completed required forms and documents to the Athletic Center 2-3 months prior to the start of each season.

### Kickball

#### Coed Kickball League

Kickball is all about having fun! Remember when you were a kid and played kickball with your friends? Kickball is a playground game and also a competitive league game similar to softball.

#### Summer League

Organizational information will be available in April. Rosters and league fees will be due in May. League play begins the first week in June. To add your name to the interest list, call 503-629-6330.

#### Soccer Field Use

THPRD coordinates the scheduling of soccer fields for community sports leagues and adult teams throughout the year. Groups wanting seasonal use should call the Athletic Center at 503-629-6330 for a field use application.

#### El uso de campo de fútbol

THPRD coordinaran el horario de los campos para ligas de deportes durante el año. Grupos que quieren usar campos por una temporada necesitan llamar el Athletic Center 503-629-6330 para una solicitud de uso de campos.



### Softball

#### Baseball/Softball Field Use

THPRD will coordinate the assignment of district-wide baseball/softball fields from March 1 through October. Any group wishing to reserve fields for spring and summer should first obtain an application form from the Athletic Center.

#### Coed/Women's Slow Pitch Summer Softball

League information will be available at the Athletic Center and on our website, [www.thprd.org](http://www.thprd.org), in February. Coed games will be played on Sunday evenings and women's games will be played on Tuesday evenings. League play runs May through August.

#### Men's Slow Pitch Summer Softball

League information will be available at the Athletic Center website in February. Men's games are played Monday, Thursday and Friday. League play runs May through August.

#### Coed/Men's Industrial Softball

This league is designed for employees of companies/businesses located within the THPRD boundaries. League play will be weekday evenings. Informational packets will be available in February.

#### Adult Softball Tournaments

Individuals interested in hosting spring/summer softball tournaments at the THPRD sports complex must submit an application form and deposit. Call the Athletic Center at 503-629-6330 for available dates.

#### Fall Coed and Women's Softball Leagues

League information will be available at the Athletic Center and on our website, [www.thprd.org](http://www.thprd.org), by July. Coed games will be on Sunday evenings. Women's slow pitch games will be Tuesday evenings. League play will run late August through October.

#### Fall Men's One-Pitch and Senior League Softball

League plays weeknights September through early October. Organizational information will be available at the Athletic Center and on our website at [www.thprd.org](http://www.thprd.org) in July.

### Volleyball

If you are interested in playing adult volleyball but don't have a team, please call the Athletic Center at 503-629-6330 to add your name to the interest list, which managers use to get new players.

#### Coed Summer Sand Volleyball (4-person & 6-person)

This recreational league plays weekday evenings at Cedar Hills Park from June through August. League and online registration information will be available in April. Check the website for additional information.

#### Coed, Men's and Women's Fall Volleyball

Leagues play mid-September through November. League and online registration information will be available in July. Check the website for additional information.

#### Coed Winter Volleyball

Games are played mid-week evenings and will begin the first week in January. League and online registration information will be available in November. Check the website for additional information.

#### Coed, Men's and Women's Spring Volleyball

League play runs April through mid-June. Games will be held weekday evenings. League and online registration information will be available in February. Check the website for additional information.

