

Tualatin Hills Aquatic Center



TUALATIN HILLS
PARK & RECREATION DISTRICT

HMT Recreation Complex
15707 SW Walker Road
Beaverton, 97006
503-629-6310

TriMet Bus Routes #59, #67

Facility Supervisor: Lori Leach

Winter Term: Jan. 1-Mar. 31, 2019

Spring Term: Apr. 1-June 16, 2019

Hours:

Monday-Friday 5 am-9 pm
Saturday Noon-4:30 pm
Sunday Noon-6 pm

Facility Closed: 1/4 (1:30-9 pm), 1/5, 1/6, 1/19, 1/20, 1/21, 2/8 (Noon-9 pm), 2/9, 2/10 (11-1:30 pm), 2/28 (1:30-10 pm), 3/1, 3/2, 3/3, 4/6, 4/7, 4/12 (1:30-9 pm), 4/13, 4/14, 5/3 (Noon-9 pm), 5/4, 5/5, 6/14, 6/16-6/17 (no deep end)

Modified Schedule: 1/1 (9 am-3 pm), 2/18 & 5/27 (5 am-3 pm), 3/16 (no deep end), 4/21 (Noon-4:30 pm)

Tualatin Hills Aquatic Center features:

- ADA Lift Available
- Dive Platforms, Rope Swing
- Average Pool Temperature: 83-84°
- Jungle Joe Climbing Structure
- SUP (Stand-up Paddle Boards)

The Aquatics Passport is Back!

For all of May attend an open swim at any of our six THPRD pools to earn prizes. Visit all six and you could earn a free swim lesson session. Register for your passport before Friday, April 19 to receive early access.

Registration code: PASSPORT.

For more information visit www.thprd.org.



THPRD.Aquatics

Free Open Swims

Experience your THPRD pools!

Free Open Swims offered every week:

First Fridays:

Conestoga Recreation & Aquatic Center

Second Wednesdays:

Tualatin Hills Aquatic Center

Second Saturdays: Harman Swim Center

Third Fridays: Beaverton Swim Center

Fourth Tuesdays: Aloha Swim Center

Fourth Sundays: Sunset Swim Center

Water Fitness Programs

See page 6 for pass information. For a complete description of THPRD water fitness programs visit www.thprd.org/water-fitness-classes.

Shallow Water

Cardio Core M-F 8:05-9 am (2) (Fitness Scale)

Deep Water

Deep Water Warrior M/W/F 9:15-10:15 am (3)

Is your child ready for Splash?

THPRD Levels 5 & 6: Yes! Level 4 or below: Instructor approval is needed, or be approved at a level assessment - Sunday, Nov. 25. Call 503-629-6310 for an appointment and for other available times.

Winter/Spring Splash

This is a recreational team for your ages 5-17 years who can comfortably swim 25 yards crawlstroke and 25 yards backstroke without topping. A basic understanding of breaststroke is encouraged. Swim meets on some Saturdays.

Date	Day	Time	ID/AP	OD	Class#
Winter Term:					
1/8-3/21	T/Th	5:15-6 pm	\$147	\$183.75	AQ33450
1/8-3/21	T/Th	7:35-8:20 pm	\$153	\$191.25	AQ33458
Spring Term:					
4/2-6/6	T/Th	5:15-6 pm	\$147	\$183.75	AQ43450
4/2-6/6	T/Th	7:35-8:20 pm	\$147	\$183.75	AQ43458



TUALATIN HILLS
PARK & RECREATION DISTRICT

Tualatin Hills Aquatic Center 503-629-6310

Winter/Spring Term:
Jan. 1-June 16, 2019

HMT Complex
15707 SW Walker Road
Beaverton

Facility Supervisor: Lori Leach
Average Pool Temperature: 83-84°
TriMet Bus Routes: #59, #67
*Deluxe pass required
+THPRD Affiliates (see page 21)
^Deep lanes may not be available for all lap swims

Facility Closed: 1/4 (1:30-9 pm), 1/5, 1/6, 1/19, 1/20, 1/21, 2/8 (Noon-9 pm), 2/9, 2/10 (11-1:30 pm), 2/28 (1:30-10 pm), 3/1, 3/2, 3/3, 4/6, 4/7, 4/12 (1:30-9 pm), 4/13, 4/14, 5/3 (1:30-9 pm), 5/4, 5/5, 6/14, 6/15, 6/17
Modified Schedule: 1/1 (9 am-3 pm), 2/18, 5/27 (5 am-3 pm), 4/21 (Noon-4:30 pm)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-7:00+ Adult Lap Swim THSC/Barracuda+	5:00-7:00+ Adult Lap Swim THSC/Barracuda+	5:00-7:00+ Adult Lap Swim THSC/Barracuda+	5:00-7:00+ Adult Lap Swim THSC/Barracuda+	5:00-7:00+ Adult Lap Swim THSC/Barracuda+	6:00-Noon Rental & Affiliate Rental	
7:00-1:30 All Age Lap^	7:00-1:30 All Age Lap^	7:00-1:30 All Age Lap^	7:00-1:30 All Age Lap^	7:00-1:30 All Age Lap^	Rope Swing 10-meter Platform View Times Online	
8:05-9:00 Cardio Core*/ Walk-a-Lap (2 Lns-shallow)	8:05-9:00 Cardio Core*/ Walk-a-Lap (2 Lns-shallow)	8:05-9:00 Cardio Core*/ Walk-a-Lap (2 Lns-shallow)	8:05-9:00 Cardio Core*/ Walk-a-Lap (2 Lns-shallow)	8:05-9:00 Cardio Core*/ Walk-a-Lap (2 Lns-shallow)		
9:00-11:00 Instruction		9:00-11:00 Instruction		9:00-11:00 Instruction		
9:15-10:15 Deep Water Warrior	9:00-11:00 Instruction	9:15-10:15 Deep Water Warrior	9:00-11:00 Instruction	9:15-10:15 Deep Water Warrior		11:00-1:15 Drop-in Kayak/ SUP Rental No Instruction
9:00-1:30 Walk-A-Lap (1-2 Lns Shallow)	9:00-1:30 Walk-A-Lap (1-2 Lns Shallow)	9:00-1:30 Walk-A-Lap (1-2 Lns Shallow)	9:00-1:30 Walk-A-Lap (1-2 Lns Shallow)	9:00-1:30 Walk-A-Lap (1-2 Lns Shallow)		
11:30-1:30 All Age Lap (No deep lanes) Jog-A-Lap Barracudas+	11:30-1:30 All Age Lap/ (No deep lanes) Jog-A-Lap Barracudas+	11:30-1:30 All Age Lap/ (No deep lanes) Jog-A-Lap Barracudas+	11:30-1:30 All Age Lap/ (No deep lanes) Jog-A-Lap Barracudas+	11:30-1:30 All Age Lap/ (No deep lanes) Jog-A-Lap Barracudas+	Noon-1:25 Instruction/ Lap Swim	Noon-1:25 Instruction/ Lap Swim
3:00-9:00 Instruction	3:00-9:00 Instruction	3:00-9:00 Instruction	3:00-9:00 Instruction	3:00-9:00 Instruction	1:30-4:30 Open Swim/ All Age Lap/	1:30-4:30 Open Swim/ All Age Lap
3:00-7:30 THSC/THDC+ THSSC+	3:00-7:30 THSC/THDC+ THSSC+	3:00-7:30 THSC/THDC+ THSSC+	3:00-7:30 THSC/THDC+ THSSC+	3:00-7:30 THSC/THDC+ THSSC+		3:30-4:30 Instruction
5:15-6:20 Adult Lap Swim	5:15-6:20 Adult Lap Swim (2 lanes only)	5:15-6:20 Adult Lap Swim	5:15-6:20 Adult Lap Swim (2 lanes only)	5:15-6:20 Adult Lap Swim	Pool Rentals	4:30-6:00 Drop-in Teen/Adult Water Polo All Age Lap
5:15-7:30 Instruction	5:15-9:00 Instruction	5:15-7:30 Instruction	5:15-9:00 Instruction	5:15-7:30 Instruction		
7:30-10:00 THWPC+	7:30-10:00 THWPC+	7:30-10:00 THWPC+	7:30-10:00 THWPC+	7:30-9:00 THWPC+		
7:35-9:00 Open Swim/ All Age Lap		7:35-9:00 Open Swim/ All Age Lap		7:35-9:00 Open Swim/ All Age Lap	Children under 10 yrs of age must be visually supervised by a parent, guardian or caregiver at least 15 yrs of age. Children under 7 yrs of age must be accompanied in the water by a parent, guardian or caregiver at least 15 yrs of age.	
	9:05-9:45 All Age Lap		9:05-9:45 All Age Lap			

Class availability subject to change. Fees vary due to number of sessions in each class.

Preschool: Minimum age 3 years and toilet-trained.

When class ends, pick up your preschooler at the dressing room entrance from deck.

School-age: First grade through age 12. The parent, guardian or caregiver of a child under 10 years of age must remain on the premises during class.

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Levels 1 & 2					

Winter Term:

1/7-1/25	M/W/F	10:25-10:55 am	\$56	\$70	AQ31106
1/28-2/22	M/W/F	10:25-10:55 am	\$78	\$97.50	AQ31107
2/25-3/22	M/W/F	10:25-10:55 am	\$78	\$97.50	AQ31108
1/8-2/7	T/Th	9:50-10:20 am	\$71	\$88.75	AQ31136
2/12-3/21	T/Th	9:50-10:20 am	\$85	\$106.25	AQ31137

Spring Term:

4/1-4/26	M/W/F	10:25-10:55 am	\$78	\$97.50	AQ41106
4/29-5/17	M/W/F	10:25-10:55 am	\$64	\$80	AQ41107
5/20-6/7	M/W/F	10:25-10:55 am	\$56	\$70	AQ41108
4/2-5/2	T/Th	9:50-10:20 am	\$71	\$88.75	AQ41136
5/7-6/6	T/Th	9:50-10:20 am	\$71	\$88.75	AQ41137

Preschool Level 1

Winter Term:

1/7-2/6	M/W	3:30-4 pm	\$64	\$80	AQ31114
2/11-3/20	M/W	3:30-4 pm	\$78	\$97.50	AQ31115
1/7-2/6	M/W	4:05-4:35 pm	\$64	\$80	AQ31116
2/11-3/20	M/W	4:05-4:35 pm	\$78	\$97.50	AQ31117
1/7-2/6	M/W	4:40-5:10 pm	\$64	\$80	AQ31118
2/11-3/20	M/W	4:40-5:10 pm	\$78	\$97.50	AQ31119
1/7-2/6	M/W	5:15-5:45 pm	\$64	\$80	AQ31120
2/11-3/20	M/W	5:15-5:45 pm	\$78	\$97.50	AQ31121
1/7-2/6	M/W	5:50-6:20 pm	\$64	\$80	AQ31122

Family Swimming - Beginning new

Ages 3 yrs-Adult. Register each participant.

Winter Term:

1/11-1/25	F	6:25-6:55 pm	\$21	\$26.25	AQ30079
2/1-2/22	F	6:25-6:55 pm	\$21	\$26.25	AQ30080
3/8-3/22	F	6:25-6:55 pm	\$21	\$26.25	AQ30081
1/11-1/25	F	7-7:30 pm	\$21	\$26.25	AQ30082
2/1-2/22	F	7-7:30 pm	\$21	\$26.25	AQ30083
3/8-3/22	F	7-7:30 pm	\$21	\$26.25	AQ30084

Spring Term:

4/5-4/19	F	6:25-6:55 pm	\$14	\$17.50	AQ40079
4/26-5/17	F	6:25-6:55 pm	\$21	\$26.25	AQ40080
5/24-6/7	F	6:25-6:55 pm	\$21	\$26.25	AQ40081
4/5-4/19	F	7-7:30 pm	\$14	\$17.50	AQ40082
4/26-5/17	F	7-7:30 pm	\$21	\$26.25	AQ40083
5/24-6/7	F	7-7:30 pm	\$21	\$26.25	AQ40084

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 1 (continued)					

2/11-3/20	M/W	5:50-6:20 pm	\$78	\$97.50	AQ31123
1/7-2/6	M/W	6:25-6:55 pm	\$64	\$80	AQ31124
2/11-3/20	M/W	6:25-6:55 pm	\$78	\$97.50	AQ31125
1/7-2/6	M/W	7-7:30 pm	\$64	\$80	AQ31126
2/11-3/20	M/W	7-7:30 pm	\$78	\$97.50	AQ31127
1/8-2/7	T/Th	3:30-4 pm	\$71	\$88.75	AQ31144
2/12-3/21	T/Th	3:30-4 pm	\$85	\$106.25	AQ31145
1/8-2/7	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ31146
2/12-3/21	T/Th	4:05-4:35 pm	\$85	\$106.25	AQ31147
1/8-2/7	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ31148
2/12-3/21	T/Th	4:40-5:10 pm	\$85	\$106.25	AQ31149
1/8-2/7	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ31154
2/12-3/21	T/Th	6:25-6:55 pm	\$85	\$106.25	AQ31155

Spring Term:

4/1-5/1	M/W	3:30-4 pm	\$71	\$88.75	AQ41114
5/6-6/5	M/W	3:30-4 pm	\$64	\$80	AQ41115
4/1-5/1	M/W	4:05-4:35 pm	\$71	\$88.75	AQ41116
5/6-6/5	M/W	4:05-4:35 pm	\$64	\$80	AQ41117
4/1-5/1	M/W	4:40-5:10 pm	\$71	\$88.75	AQ41118
5/6-6/5	M/W	4:40-5:10 pm	\$64	\$80	AQ41119
4/1-5/1	M/W	5:15-5:45 pm	\$71	\$88.75	AQ41120
5/6-6/5	M/W	5:15-5:45 pm	\$64	\$80	AQ41121
4/1-5/1	M/W	5:50-6:20 pm	\$71	\$88.75	AQ41122
5/6-6/5	M/W	5:50-6:20 pm	\$64	\$80	AQ41123
4/1-5/1	M/W	6:25-6:55 pm	\$71	\$88.75	AQ41124
5/6-6/5	M/W	6:25-6:55 pm	\$64	\$80	AQ41125
4/1-5/1	M/W	7-7:30 pm	\$71	\$88.75	AQ41126
5/6-6/5	M/W	7-7:30 pm	\$64	\$80	AQ41127
4/2-5/2	T/Th	3:30-4 pm	\$71	\$88.75	AQ41144
5/7-6/6	T/Th	3:30-4 pm	\$71	\$88.75	AQ41145
4/2-5/2	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ41146
5/7-6/6	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ41147
4/2-5/2	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ41148
5/7-6/6	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ41149
4/2-5/2	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ41154
5/7-6/6	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ41155

Preschool Level 2

Winter Term:

1/7-2/6	M/W	3:30-4 pm	\$64	\$80	AQ31214
2/11-3/20	M/W	3:30-4 pm	\$78	\$97.50	AQ31215
1/7-2/6	M/W	4:05-4:35 pm	\$64	\$80	AQ31216
2/11-3/20	M/W	4:05-4:35 pm	\$78	\$97.50	AQ31217
1/7-2/6	M/W	5:15-5:45 pm	\$64	\$80	AQ31220
2/11-3/20	M/W	5:15-5:45 pm	\$78	\$97.50	AQ31221
1/7-2/6	M/W	5:50-6:20 pm	\$64	\$80	AQ31222
2/11-3/20	M/W	5:50-6:20 pm	\$78	\$97.50	AQ31223
1/8-2/7	T/Th	3:30-4 pm	\$71	\$88.75	AQ31244
2/12-3/21	T/Th	3:30-4 pm	\$85	\$106.25	AQ31245
1/8-2/7	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ31248
2/12-3/21	T/Th	4:40-5:10 pm	\$85	\$106.25	AQ31249
1/8-2/7	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ31254
2/12-3/21	T/Th	6:25-6:55 pm	\$85	\$106.25	AQ31255

Continued

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool Level 2 (continued)					

Spring Term:

4/1-5/1	M/W	3:30-4 pm	\$71	\$88.75	AQ41214
5/6-6/5	M/W	3:30-4 pm	\$64	\$80	AQ41215
4/1-5/1	M/W	4:05-4:35 pm	\$71	\$88.75	AQ41216
5/6-6/5	M/W	4:05-4:35 pm	\$64	\$80	AQ41217
4/1-5/1	M/W	5:15-5:45 pm	\$71	\$88.75	AQ41220
5/6-6/5	M/W	5:15-5:45 pm	\$64	\$80	AQ41221
4/1-5/1	M/W	5:50-6:20 pm	\$71	\$88.75	AQ41222
5/6-6/5	M/W	5:50-6:20 pm	\$64	\$80	AQ41223
4/2-5/2	T/Th	3:30-4 pm	\$71	\$88.75	AQ41244
5/7-6/6	T/Th	3:30-4 pm	\$71	\$88.75	AQ41245
4/2-5/2	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ41248
5/7-6/6	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ41249
4/2-5/2	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ41254
5/7-6/6	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ41255

School Age Levels 1-2

Winter Term:

1/7-2/6	M/W	4:05-4:35 pm	\$64	\$80	AQ32116
2/11-3/20	M/W	4:05-4:35 pm	\$78	\$97.50	AQ32117
1/7-2/6	M/W	4:40-5:10 pm	\$64	\$80	AQ32118
2/11-3/20	M/W	4:40-5:10 pm	\$78	\$97.50	AQ32119
1/7-2/6	M/W	6:25-6:55 pm	\$64	\$80	AQ32124
2/11-3/20	M/W	6:25-6:55 pm	\$78	\$97.50	AQ32125
1/7-2/6	M/W	7-7:30 pm	\$64	\$80	AQ32126
2/11-3/20	M/W	7-7:30 pm	\$78	\$97.50	AQ32127
1/8-2/7	T/Th	3:30-4 pm	\$71	\$88.75	AQ32144
2/12-3/21	T/Th	3:30-4 pm	\$85	\$106.25	AQ32145
1/8-2/7	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ32146
2/12-3/21	T/Th	4:05-4:35 pm	\$85	\$106.25	AQ32147
1/8-2/7	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ32154
2/12-3/21	T/Th	6:25-6:55 pm	\$85	\$106.25	AQ32155
1/8-2/7	T/Th	7-7:30 pm	\$71	\$88.75	AQ32156
2/12-3/21	T/Th	7-7:30 pm	\$85	\$106.25	AQ32157

Spring Term:

4/1-5/1	M/W	4:05-4:35 pm	\$71	\$88.75	AQ42116
5/6-6/5	M/W	4:05-4:35 pm	\$64	\$80	AQ42117
4/1-5/1	M/W	4:40-5:10 pm	\$71	\$88.75	AQ42118
5/6-6/5	M/W	4:40-5:10 pm	\$64	\$80	AQ42119
4/1-5/1	M/W	6:25-6:55 pm	\$71	\$88.75	AQ42124
5/6-6/5	M/W	6:25-6:55 pm	\$64	\$80	AQ42125
4/1-5/1	M/W	7-7:30 pm	\$71	\$88.75	AQ42126
5/6-6/5	M/W	7-7:30 pm	\$64	\$80	AQ42127
4/2-5/2	T/Th	3:30-4 pm	\$71	\$88.75	AQ42144
5/7-6/6	T/Th	3:30-4 pm	\$71	\$88.75	AQ42145
4/2-5/2	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ42146
5/7-6/6	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ42147
4/2-5/2	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ42154
5/7-6/6	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ42155
4/2-5/2	T/Th	7-7:30 pm	\$71	\$88.75	AQ42156
5/7-6/6	T/Th	7-7:30 pm	\$71	\$88.75	AQ42157

Beginning Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Level 3					

Winter Term:

1/7-2/6	M/W	3:30-4 pm	\$64	\$80	AQ32314
2/11-3/20	M/W	3:30-4 pm	\$78	\$97.50	AQ32315
1/7-2/6	M/W	4:40-5:10 pm	\$64	\$80	AQ32318
2/11-3/20	M/W	4:40-5:10 pm	\$78	\$97.50	AQ32319
1/7-2/6	M/W	7-7:30 pm	\$64	\$80	AQ32326
2/11-3/20	M/W	7-7:30 pm	\$78	\$97.50	AQ32327
1/8-2/7	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ32346
2/12-3/21	T/Th	4:05-4:35 pm	\$85	\$106.25	AQ32347
1/8-2/7	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ32348
2/12-3/21	T/Th	4:40-5:10 pm	\$85	\$106.25	AQ32349
1/8-2/7	T/Th	7-7:30 pm	\$71	\$88.75	AQ32356
2/12-3/21	T/Th	7-7:30 pm	\$85	\$106.25	AQ32357

Spring Term:

4/1-5/1	M/W	3:30-4 pm	\$71	\$88.75	AQ42314
5/6-6/5	M/W	3:30-4 pm	\$64	\$80	AQ42315
4/1-5/1	M/W	4:40-5:10 pm	\$71	\$88.75	AQ42318
5/6-6/5	M/W	4:40-5:10 pm	\$64	\$80	AQ42319
4/1-5/1	M/W	7-7:30 pm	\$71	\$88.75	AQ42326
5/6-6/5	M/W	7-7:30 pm	\$64	\$80	AQ42327
4/2-5/2	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ42346
5/7-6/6	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ42347
4/2-5/2	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ42348
5/7-6/6	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ42349
4/2-5/2	T/Th	7-7:30 pm	\$71	\$88.75	AQ42356
5/7-6/6	T/Th	7-7:30 pm	\$71	\$88.75	AQ42357

Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Level 4 (^Levels 4 & 5)					

Winter Term:

1/7-2/6	M/W	3:30-4 pm	\$64	\$80	AQ32414
2/11-3/20	M/W	3:30-4 pm	\$78	\$97.50	AQ32415
1/7-2/6	M/W	4:40-5:10 pm	\$64	\$80	AQ32418^
2/11-3/20	M/W	4:40-5:10 pm	\$78	\$97.50	AQ32419^
1/7-2/6	M/W	6:25-6:55 pm	\$64	\$80	AQ32424
2/11-3/20	M/W	6:25-6:55 pm	\$78	\$97.50	AQ32425
1/8-2/7	T/Th	3:30-4 pm	\$71	\$88.75	AQ32444
2/12-3/21	T/Th	3:30-4 pm	\$85	\$106.25	AQ32445
1/8-2/7	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ32448
2/12-3/21	T/Th	4:40-5:10 pm	\$85	\$106.25	AQ32449
1/8-2/7	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ32454
2/12-3/21	T/Th	6:25-6:55 pm	\$85	\$106.25	AQ32455
1/8-2/7	T/Th	7-7:30 pm	\$71	\$88.75	AQ32456
2/12-3/21	T/Th	7-7:30 pm	\$85	\$106.25	AQ32457

Spring Term:

4/1-5/1	M/W	3:30-4 pm	\$71	\$88.75	AQ42414
5/6-6/5	M/W	3:30-4 pm	\$64	\$80	AQ42415
4/1-5/1	M/W	4:40-5:10 pm	\$71	\$88.75	AQ42418^
5/6-6/5	M/W	4:40-5:10 pm	\$64	\$80	AQ42419^

Continued

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Intermediate Swimming Skills

Date	Day	Time	ID/AP	OD	Class#
Preschool/School Age Level 4 (^Levels 4 & 5) (cont.)					
4/1-5/1	M/W	6:25-6:55 pm	\$71	\$88.75	AQ42424
5/6-6/5	M/W	6:25-6:55 pm	\$64	\$80	AQ42425
4/2-5/2	T/Th	3:30-4 pm	\$71	\$88.75	AQ42444
5/7-6/6	T/Th	3:30-4 pm	\$71	\$88.75	AQ42445
4/2-5/2	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ42448
5/7-6/6	T/Th	4:40-5:10 pm	\$71	\$88.75	AQ42449
4/2-5/2	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ42454
5/7-6/6	T/Th	6:25-6:55 pm	\$71	\$88.75	AQ42455
4/2-5/2	T/Th	7-7:30 pm	\$71	\$88.75	AQ42456
5/7-6/6	T/Th	7-7:30 pm	\$71	\$88.75	AQ42457

Preschool/School Age Level 5 & 6 (^Level 5 only)

Winter Term:

1/7-2/6	M/W	4:05-4:35 pm	\$64	\$80	AQ32516
2/11-3/20	M/W	4:05-4:35 pm	\$78	\$97.50	AQ32517
1/7-2/6	M/W	7-7:30 pm	\$64	\$80	AQ32526
2/11-3/20	M/W	7-7:30 pm	\$78	\$97.50	AQ32527
1/8-2/7	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ32546^
2/12-3/21	T/Th	4:05-4:35 pm	\$85	\$106.25	AQ32547^
1/8-2/7	T/Th	7-7:30 pm	\$71	\$88.75	AQ32556^
2/12-3/21	T/Th	7-7:30 pm	\$85	\$106.25	AQ32557^

Spring Term:

4/1-5/1	M/W	4:05-4:35 pm	\$71	\$88.75	AQ42516
5/6-6/5	M/W	4:05-4:35 pm	\$64	\$80	AQ42517
4/1-5/1	M/W	7-7:30 pm	\$71	\$88.75	AQ42526
5/6-6/5	M/W	7-7:30 pm	\$64	\$80	AQ42527
4/2-5/2	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ42546^
5/7-6/6	T/Th	4:05-4:35 pm	\$71	\$88.75	AQ42547^
4/2-5/2	T/Th	7-7:30 pm	\$71	\$88.75	AQ42556^
5/7-6/6	T/Th	7-7:30 pm	\$71	\$88.75	AQ42557^

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Baby/Toddler & Me					

Winter Term:

1/8-2/7	T/Th	10:25-10:55 am	\$56	\$70	AQ34038
2/12-3/21	T/Th	10:25-10:55 am	\$67	\$83.75	AQ34039
1/13-3/17	Su	3:30-4 pm	\$39	\$48.75	AQ34098

Spring Term:

4/2-5/2	T/Th	10:25-10:55 am	\$56	\$70	AQ44038
5/7-6/6	T/Th	10:25-10:55 am	\$56	\$70	AQ44039
4/28-6/9	Su	3-3:30 pm	\$28	\$35	AQ44098

You and Your Preschooler

Winter Term:

1/13-3/17	Su	4-4:30 pm	\$48	\$60	AQ34199
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Spring Term:

4/28-6/9	Su	4-4:30 pm	\$35	\$43.75	AQ44199
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Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Diving					

Winter Term:

1/7-2/6	M/W	7:35-8:05 pm	\$47	\$58.75	AQ33328
2/11-3/20	M/W	7:35-8:05 pm	\$63	\$78.75	AQ33329

Spring Term:

4/1-5/1	M/W	7:35-8:05 pm	\$52	\$65	AQ43328
5/6-6/5	M/W	7:35-8:05 pm	\$47	\$58.75	AQ43329

Teen/Adult Swimming Skills - Beginning

Winter Term:

1/7-1/25	M/W/F	9:50-10:20 am	\$56	\$70	AQ35003
1/28-2/22	M/W/F	9:50-10:20 am	\$78	\$97.50	AQ35004
2/25-3/22	M/W/F	9:50-10:20 am	\$78	\$97.50	AQ35005
1/8-2/7	T/Th	9:15-9:45 am	\$71	\$88.75	AQ35034
2/12-3/21	T/Th	9:15-9:45 am	\$85	\$106.25	AQ35035
1/8-2/7	T/Th	8:25-8:55 pm	\$71	\$88.75	AQ35060
2/12-3/21	T/Th	8:25-8:55 pm	\$85	\$106.25	AQ35061

Spring Term:

4/1-4/26	M/W/F	9:50-10:20 am	\$78	\$97.50	AQ45003
4/29-5/17	M/W/F	9:50-10:20 am	\$64	\$80	AQ45004
5/20-6/7	M/W/F	9:50-10:20 am	\$56	\$70	AQ45005
4/2-5/2	T/Th	9:15-9:45 am	\$71	\$88.75	AQ45034
5/7-6/6	T/Th	9:15-9:45 am	\$71	\$88.75	AQ45035
4/2-5/2	T/Th	8:25-9:10 pm	\$106	\$132.50	AQ45060
5/7-6/6	T/Th	8:25-9:10 pm	\$106	\$132.50	AQ45061

Teen/Adult Swimming Skills - Intermediate

Interest List:

Winter Term: AQ35999 Spring Term: AQ45999

Swim Conditioning Workout

Each day we will expand your skills, technique, and endurance for each of the four strokes through drills and developing a workout plan for you to use on your own to get the most out of your strokes. Must be able to swim continuously 300 yds.

Winter Term:

1/8-2/7	T/Th	11-11:45 am	\$106	\$132.50	AQ33540
2/12-3/21	T/Th	11-11:45 am	\$127	\$158.75	AQ33541
2/12-3/21	T/Th	7:35-8:20 pm	\$127	\$158.75	AQ33555
1/8-2/7	T/Th	7:35-8:20 pm	\$106	\$132.50	AQ33558

Spring Term:

4/2-5/2	T/Th	11-11:45 am	\$106	\$132.50	AQ43540
5/7-6/6	T/Th	11-11:45 am	\$106	\$132.50	AQ43541
4/2-5/2	T/Th	7:35-8:20 pm	\$106	\$132.50	AQ43558
5/7-6/6	T/Th	7:35-8:20 pm	\$106	\$132.50	AQ43559

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Private Lessons					

*Semi-private lessons available upon request provided guest has two students for enrollment. Enroll one student and contact the swim center to enroll the second.

Beginning – Levels 1-3

Winter Term:

1/11-1/25	F	3:30-4 pm	\$105	\$131.25	AQ36064
2/1-2/22	F	3:30-4 pm	\$105	\$131.25	AQ36065
3/8-3/22	F	3:30-4 pm	\$105	\$131.25	AQ36066
1/11-1/25	F	4:05-4:35 pm	\$105	\$131.25	AQ36067
3/8-3/22	F	4:05-4:35 pm	\$105	\$131.25	AQ36069
1/11-1/25	F	4:40-5:10 pm	\$105	\$131.25	AQ36070
2/1-2/22	F	4:40-5:10 pm	\$105	\$131.25	AQ36071
3/8-3/22	F	4:40-5:10 pm	\$105	\$131.25	AQ36072
1/11-1/25	F	5:15-5:45 pm	\$105	\$131.25	AQ36073
2/1-2/22	F	5:15-5:45 pm	\$105	\$131.25	AQ36074
3/8-3/22	F	5:15-5:45 pm	\$105	\$131.25	AQ36075
1/11-1/25	F	5:50-6:20 pm	\$105	\$131.25	AQ36076
2/1-2/22	F	5:50-6:20 pm	\$105	\$131.25	AQ36077
3/8-3/22	F	5:50-6:20 pm	\$105	\$131.25	AQ36078
1/11-1/25	F	6:25-6:55 pm	\$105	\$131.25	AQ36079
2/1-2/22	F	6:25-6:55 pm	\$105	\$131.25	AQ36080
3/8-3/22	F	6:25-6:55 pm	\$105	\$131.25	AQ36081
1/11-1/25	F	7-7:30 pm	\$105	\$131.25	AQ36082
2/1-2/22	F	7-7:30 pm	\$105	\$131.25	AQ36083
3/8-3/22	F	7-7:30 pm	\$105	\$131.25	AQ36084

All Levels

Winter Term:

1/11-1/25	F	3:30-4 pm	\$105	\$131.25	AQ36164
2/1-2/22	F	3:30-4 pm	\$105	\$131.25	AQ36165
3/8-3/22	F	3:30-4 pm	\$105	\$131.25	AQ36166
1/11-1/25	F	4:05-4:35 pm	\$105	\$131.25	AQ36167
2/1-2/22	F	4:05-4:35 pm	\$105	\$131.25	AQ36168
3/8-3/22	F	4:05-4:35 pm	\$105	\$131.25	AQ36169
1/11-1/25	F	4:40-5:10 pm	\$105	\$131.25	AQ36170
2/1-2/22	F	4:40-5:10 pm	\$105	\$131.25	AQ36171
3/8-3/22	F	4:40-5:10 pm	\$105	\$131.25	AQ36172
1/12	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188A
1/26	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188B
2/2	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188C
2/16	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188D
2/23	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188E
3/9	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188F
3/16	S	11:45 am-12:15 pm	\$35	\$43.75	AQ36188G
1/12	S	12:20-12:50 pm	\$35	\$43.75	AQ36189A
1/26	S	12:20-12:50 pm	\$35	\$43.75	AQ36189B
2/2	S	12:20-12:50 pm	\$35	\$43.75	AQ36189C
2/16	S	12:20-12:50 pm	\$35	\$43.75	AQ36189D
2/23	S	12:20-12:50 pm	\$35	\$43.75	AQ36189E
3/9	S	12:20-12:50 pm	\$35	\$43.75	AQ36189F
3/16	S	12:20-12:50 pm	\$35	\$43.75	AQ36189G
1/12	S	12:55-1:25 pm	\$35	\$43.75	AQ36190A
1/26	S	12:55-1:25 pm	\$35	\$43.75	AQ36190B
2/2	S	12:55-1:25 pm	\$35	\$43.75	AQ36190C
2/16	S	12:55-1:25 pm	\$35	\$43.75	AQ36190D

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Private Lessons (continued)					

2/23	S	12:55-1:25 pm	\$35	\$43.75	AQ36190E
3/9	S	12:55-1:25 pm	\$35	\$43.75	AQ36190F
3/16	S	12:55-1:25 pm	\$35	\$43.75	AQ36190G
1/13	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195A
1/27	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195B
2/3	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195C
2/17	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195D
2/24	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195E
3/10	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195F
3/17	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ36195G
1/13	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196A
1/27	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196B
2/3	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196C
2/17	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196D
2/24	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196E
3/10	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196F
3/17	Su	12:20-12:50 pm	\$35	\$43.75	AQ36196G
1/13	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197A
1/27	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197B
2/3	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197C
2/17	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197D
2/24	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197E
3/10	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197F
3/17	Su	12:55-1:25 pm	\$35	\$43.75	AQ36197G

Beginning – Levels 1-3

Spring Term:

4/5-4/19	F	3:30-4 pm	\$70	\$87.50	AQ46064
4/26-5/17	F	3:30-4 pm	\$105	\$131.25	AQ46065
5/24-6/7	F	3:30-4 pm	\$105	\$131.25	AQ46066
4/5-4/19	F	4:05-4:35 pm	\$70	\$87.50	AQ46067
4/26-5/17	F	4:05-4:35 pm	\$105	\$131.25	AQ46068
5/24-6/7	F	4:05-4:35 pm	\$105	\$131.25	AQ46069
4/5-4/19	F	4:40-5:10 pm	\$70	\$87.50	AQ46070
4/26-5/17	F	4:40-5:10 am	\$105	\$131.25	AQ46071
5/24-6/7	F	4:40-5:10 pm	\$105	\$131.25	AQ46072
4/5-4/19	F	5:15-5:45 pm	\$70	\$87.50	AQ46073
4/26-5/17	F	5:15-5:45 pm	\$105	\$131.25	AQ46074
5/24-6/7	F	5:15-5:45 pm	\$105	\$131.25	AQ46075
4/5-4/19	F	5:50-6:20 pm	\$70	\$87.50	AQ46076
4/26-5/17	F	5:50-6:20 pm	\$105	\$131.25	AQ46077
5/24-6/7	F	5:50-6:20 pm	\$105	\$131.25	AQ46078
4/5-4/19	F	6:25-6:55 pm	\$70	\$87.50	AQ46079
4/26-5/17	F	6:25-6:55 pm	\$105	\$131.25	AQ46080
5/24-6/7	F	6:25-6:55 pm	\$105	\$131.25	AQ46081
4/5-4/19	F	7-7:30 pm	\$70	\$87.50	AQ46082
4/26-5/17	F	7-7:30 pm	\$105	\$131.25	AQ46083
5/24-6/7	F	7-7:30 pm	\$105	\$131.25	AQ46084

All Levels

Spring Term:

4/20	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188C
4/27	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188D
5/4	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188E
5/11	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188F
5/18	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188G

Fees: ID/AP = User is in-district or has paid an out-of-district assessment, OD = Out-of-district (no assessment paid)

Specialty Programs

Date	Day	Time	ID/AP	OD	Class#
Private Lessons (continued)					
6/1	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188H
6/8	S	11:45 am-12:15 pm	\$35	\$43.75	AQ46188J
4/20	S	12:20-12:50 pm	\$35	\$43.75	AQ46189C
4/27	S	12:20-12:50 pm	\$35	\$43.75	AQ46189D
5/4	S	12:20-12:50 pm	\$35	\$43.75	AQ46189E
5/18	S	12:20-12:50 pm	\$35	\$43.75	AQ46189G
6/1	S	12:20-12:50 pm	\$35	\$43.75	AQ46189H
6/8	S	12:20-12:50 pm	\$35	\$43.75	AQ46189J
4/20	S	12:55-1:25 pm	\$35	\$43.75	AQ46190C
4/27	S	12:55-1:25 pm	\$35	\$43.75	AQ46190D
5/4	S	12:55-1:25 pm	\$35	\$43.75	AQ46190E
5/11	S	12:55-1:25 pm	\$35	\$43.75	AQ46190F
5/18	S	12:55-1:25 pm	\$35	\$43.75	AQ46190G
6/1	S	12:55-1:25 pm	\$35	\$43.75	AQ46190H
6/8	S	12:55-1:25 pm	\$35	\$43.75	AQ46190J
4/28	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ46195C
5/5	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ46195D
5/12	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ46195E
5/19	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ46195F
6/2	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ46195G
6/9	Su	11:45 am-12:15 pm	\$35	\$43.75	AQ46195H
4/28	Su	12:20-12:50 pm	\$35	\$43.75	AQ46196C
5/5	Su	12:20-12:50 pm	\$35	\$43.75	AQ46196D
5/12	Su	12:20-12:50 pm	\$35	\$43.75	AQ46196E
5/19	Su	12:20-12:50 pm	\$35	\$43.75	AQ46196F
6/2	Su	12:20-12:50 pm	\$35	\$43.75	AQ46196G
6/9	Su	12:20-12:50 pm	\$35	\$43.75	AQ46196H
4/28	Su	12:55-1:25 pm	\$35	\$43.75	AQ46197C
5/5	Su	12:55-1:25 pm	\$35	\$43.75	AQ46197D
5/12	Su	12:55-1:25 pm	\$35	\$43.75	AQ46197E
5/19	Su	12:55-1:25 pm	\$35	\$43.75	AQ46197F
6/2	Su	12:55-1:25 pm	\$35	\$43.75	AQ46197G
6/9	Su	12:55-1:25 pm	\$35	\$43.75	AQ46197H
4/5-4/19	F	3:30-4 pm	\$70	\$87.50	AQ46164
4/26-5/17	F	3:30-4 pm	\$105	\$131.25	AQ46165
5/24-6/7	F	3:30-4 pm	\$105	\$131.25	AQ46166
4/5-4/19	F	4:05-4:35 pm	\$70	\$87.50	AQ46167
4/26-5/17	F	4:05-4:35 pm	\$105	\$131.25	AQ46168
5/24-6/7	F	4:05-4:35 pm	\$105	\$131.25	AQ46169
4/5-4/19	F	4:40-5:10 pm	\$70	\$87.50	AQ46170
4/26-5/17	F	4:40-5:10 pm	\$105	\$131.25	AQ46171
5/24-6/7	F	4:40-5:10 pm	\$105	\$131.25	AQ46172

Adaptive Aquatics

Adaptive swim lessons are designed for individuals (age 3 and older) with developmental, cognitive, and physical disabilities. These one-on-one classes can be personalized for the needs of each participant.

Interest List: Winter Term: AQ36999 Spring Term: AQ46999

Training Programs

Date	Day	Time	ID/AP	OD	Class#
Junior Lifeguarding					
Winter Term:					
1/14-2/4	M/W	5:30-8 pm	\$171	\$213.75	AQ35100
Spring Term:					
4/8-4/24	M/W	5:30-8 pm	\$171	\$213.75	AQ45100
Lifeguarding					
Winter Term:					
3/25-3/29	M-F	Noon-5 pm	\$281	\$341.75	AQ35200*
Spring Term:					
4/10-5/15	W	1:30-4:30 pm	\$281	\$341.75	AQ45200*
*Blended Learning will require online work done at home.					
Lifeguarding Review					
Winter Term:					
2/18	M	8 am-5 pm	\$198	\$238	AQ35200R
Spring Term:					
6/17-6/18	M/T	10 am-2:30 pm	\$198	\$238	AQ45201R
Lifeguarding Instructor					
Winter Term:					
3/25-3/29	M-F	Noon-5 pm	\$211	\$263.50	AQ35401
Water Safety Instructor					
Winter Term:					
3/24-3/28	S-Th	Noon-5:30 pm	\$269	\$336	AQ35301*
*Blended Learning will require online work done at home.					
Intro to Stand-up Paddleboarding					
Winter Term:					
2/3	Su	10-11:30 am	\$16	\$20	AQ39101
3/10	Su	10-11:30 am	\$16	\$20	AQ39102
Spring Term:					
5/19	Su	10-11:30 am	\$16	\$20	AQ49101
6/9	Su	10-11:30 am	\$16	\$20	AQ49102
Stand-up Paddleboard Yoga					
Winter & Spring Term:					
Visit www.thprd.org for more information.					

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GET FIT 19

January 12-April 13

Prizes, giveaways, nutrition classes and more!
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