



TUALATIN HILLS PARK & RECREATION DISTRICT

15707 SW Walker Road, Beaverton OR 97006

(503) 629-6330 ▪ www.thprd.org ▪ jcaez@thprd.org

INDOOR COED, WOMEN'S & MEN'S VOLLEYBALL LEAGUE

LEAGUE INFORMATION

LEAGUE OVERVIEW

1. 11 game regular season
2. First 16 teams that register and pay will be admitted to the league.
3. All matches will take place at the Tualatin Hills Athletic Center (158th Ave. & Walker Rd., Beaverton, OR)
4. Makeup games may be scheduled on any day of the week, including Sundays.
5. **IF** 14 or more teams register for a division, then the season will be split in 2 parts:
 - a. Group Play (part 1):
 - i. The first 4 weeks of the season will be used to place teams into an upper or lower division.
 - ii. Each team will play two 30 point matches (point cap of 32 and 30 minute time limit) each night. These two matches will be against two different opponents.
 - iii. Due to time restraints, there will be only one 30 second timeout per match.
 - iv. Teams should switch sides at 15 unless both managers agree not to.
 - v. Matches have to end in 30 minutes. Please do not stall. Officials will be in charge of making sure games proceed at a good pace and will inform me if teams are stalling. Please have your belonging ready to move to your next court assignment as quickly as possible. Your second match will begin as soon as both teams are on the court and ready. There will not be any additional warm up times.
 - vi. Teams will be placed in the upper or lower division based on their W/L record at the conclusion of week 4.
 - b. Match play (part 2):
 - i. Standings will be reset and all teams will be 0-0.
 - ii. Schedules will be available by Friday, Jan. 29th
 - iii. Will consist of 7 matches (two sets to 25, third to 15 if necessary)
 - iv. Will take place against teams in your own division.
 - v. Top 4 teams will advance to the playoffs in each division.

LEAGUE FEES - Payment must be made when registering the team.

1. League fees are available online at www.thprd.org.

GHOST CARDS

1. Teams may purchase a maximum of one Ghost Card for when the team is short rostered players.
2. Ghost cards will cost \$50 each.
3. Ghost cards can be used when teams having less than 6 players and are short players' for a game. A player can be anyone who is NOT CURRENTLY playing on a team in the same THPRD league.
4. GHOST CARDS CANNOT be used during any playoff game.

ROSTERS

1. ALL ROSTERS must be completed online or using the attached team roster form (listing out-of-district players first). Incomplete rosters will not be accepted.
2. Rosters must have a minimum of 6 players and a maximum of 12.
3. A player may be registered on only ONE Tualatin Hills team per league.
4. Players must be at least 18 years of age or finished with high school.
5. All in-district and out-of-district players must have a valid THPRD Residency Card. For more information on obtaining a card please call the Athletic Center front desk at (503) 629-6330.
6. Managers must list all players' THPRD residency card NUMBER on the roster. If a player does not have a THPRD residency card they may not be added to the roster.
7. All rosters will be checked for accuracy at the beginning of the season.

TEAM CLASSIFICATION

1. Teams are to classify themselves based on their skill level and primary day of play. Skill levels are defined as:
 - A – Competitive: Teams consistently know where to be on the court when plays are developing and where to be when the opponent is hitting. Teams usually play a 6-2, 5-1 or a 4-2.
 - B – Competitive Recreation: Teams understand the concepts of team defense and positioning. Teams know how to bump, set, and spike but are not consistent at performing these skills at a high level.
2. Teams are asked to place themselves in a division with teams of similar caliber.
3. Teams will not be moved into another division unless there is unanimous consent from all other teams in the current division.
4. Final decision will be made by the Tualatin Hills Sports Staff

TEAM SELECTION

1. Teams may select to play in either A, B or C division.
2. Notification of acceptance into the league will be emailed to managers.
3. **MANAGERS MEETING WILL NOT BE CONDUCTED** Schedules and rules will be distributed to managers via email for review. Coaches/managers are encouraged to call Juan Caez at (503) 629-6330 or email jcaez@thprd.com if they have questions or concerns.

ONLINE REGISTRATION (TIER I ONLY) - If you have any problems please contact Juan Caez at jcaez@thprd.org

1. To register your team, please go to <http://teamregistration.thprd.org/index.cfm/main/managerlogin>. For the instructions click on the [User Guide \(PDF\)](#) under the login. Once in the site you can click on **Help** to go to the instructions.
2. Once you register a team you can pay the team fee and purchase a ghost card if desired.
3. You will complete all the steps to register your team and invite players to sign up with your team.
4. You will be inviting players to agree to play on your team. The system will automatically send them an email with an invitation number. Players will need to go to <http://teamregistration.thprd.org/index.cfm/main/playerlogin> and logon. Once in they will need to cut and paste the invite number in. For the instructions click on the [User Guide \(PDF\)](#) under the login.
5. Each player needs to be registered with THPRD. Players that have their THPRD ID they can register online at <https://www.thprd.org/portal/>. If someone does not have their THPRD ID they will need to apply for their Residency Card by visiting the nearest THPRD facility.
6. **SHORT CUT:** If all of your players have **current THPRD ID** cards you can click on “Add THPRD Players” after you create your team. Enter the Last Name, First Name and THPRD ID number for each player. Once all players are entered go to the bottom and click on Add To Roster. Once successfully added to the roster you can click on Roster, then on Confirm to add to your team and complete your registration (don't forget to pay the league fee).

League Rules

MATCH PLAY

1. NFHS rules will govern over match play, plus Tualatin Hills Rule Supplement.
2. A match will consist 2 sets to 25, with a third set to 15 (if necessary) using the rally scoring system.
 - a. Point cap for each set will be 2 points.
3. **GRACE PERIOD:** There will be a five (5) minute grace period for the first set. If team fails to have at least five (5) players present the first set will be forfeited. Match will be forfeit if there are less than 5 players after 15 minutes.
4. **MEN'S & WOMEN'S:** Teams must have 4 players to play a match.
 - a. Exception: Teams may start match with 2 players present before the grace period.
5. **COED:** Teams must have 3 men and 3 women to play a match.
 - a. Exception: Teams may start match with 5 players present before the grace period.
 - b. If less than 6 players there must be no more than 3 players of the same gender.
 - c. Female contact rule: Unless it is the first ball over, a female must touch the ball once before the ball goes back over the net.
 - d. Teams can play with no more than 3 men or 3 women on the court.
 - e. Team players must line up next to a player of the opposite gender. Two players of the same gender cannot be next to each other in service order.
6. If a match has already been won during the first two games, officials will still officiate the 3rd set and record the score (if the 3rd set has no bearing on the match outcome it will not be recorded online.)
7. There will be a 55 minute drop dead time on all full matches (this does not apply during the pool play part of a season). Official match time will begin on the hour (7p, 8p, or 9p) based on the digital clock on your assigned court. Matches will end at 55 minutes after the hour according the timer on the score clocks. If the score timer is not working, the digital clock on your assigned court will be used in its place.
8. If time runs out in the middle of a play, the play will finish and the point will be recorded.
9. No extra time will be given for any reason.
10. Sets or matches that end in a tie will be recoded as such.
11. All teams will have a 5 minutes for warm ups, or as close to it as possible.
12. **TIME OUTS:**
 - a. Each team is allowed two 30 second timeout per set.
 - b. No timeouts inside the last five minutes of match time
 - c. A timeout not used will not be carried over to the next game.
13. If a game ends early (all three sets have been played) and both teams are ready before the top of the hour, they are welcome to start their match early. They will still only get the 55 minute drop dead time in which to finish their three sets.

RULE SUPPLEMENT (9/18/18)

1. **HOLE RULE (COED ONLY):** *Coach with 6 players decides if rule is implemented before start of match* When playing a game with 5 players, a hole will be used in the place of the missing player and all other players must rotate and play like there are 6 players on the court. When the "hole" comes to serve, the team with 5 will rotate and return the ball to their opponent. The next server for the team with 6 is the next server.
2. **ROTATION ORDER (COED ONLY):** No more than two men or two women will be allowed to play the front row at any time. Teams can play with no more than 3 men or 3 women.
 - a. Teams must have 5 players to start a match.
 - b. Team players must line up next to a player of the opposite gender. Two players of the same gender cannot be next to each other.
3. **EXTRA BLOCKER (COED ONLY):** Coed teams can bring up an additional blocker from the back row to help block (Teams cannot have 3 players of the same gender playing front/back row at the same time).
 - a. This player may ONLY block above the plane of the net.
 - b. This player is still counted as a back row players and cannot attack the ball over the plane of then net unless they start their attack behind the 10ft line.
 - c. This player can still set, pass or play defense if needed.
 - d. When a back row player is moved to the front row then a player from the front row must move back to play defense (Only 3 players may block at any time).
 - e. The player that moves to the backrow to play defense is still a front row player and may still attack as such.

PLAYOFFS

1. Top 4 teams will make the playoffs in each division.
2. Playoffs will be single elimination.
3. There will be no point cap for playoff games
4. 1st place teams of the playoffs will be awarded.

OFFICIALS

1. An official will be scheduled for each game in all leagues.
2. Officials shall have final authority on all matters relating to the game. They shall also have authority to conduct and supervise all non-game related decisions when a Staff is not present.
3. Officials will enforce all volleyball rules according to the NFHS rules and THPRD Supplement. Officials will be more relaxed in recreational league levels the first of the season and will offer suggestions to teams to improve their skills if asked about a call.
4. Please remember that officials will not call what they do not see. Do not question judgment calls.
5. Any concerns regarding referees may be made in writing or email form and shared with Juan Caez at jcaez@thprd.com. Please include date, time, court and official's name if possible. Managers/coaches are encouraged to call Juan Caez at (503) 629-6330 if they have questions on rules, policies or procedures.

EQUIPMENT

1. Game and warm-up volleyballs will be provided.
2. Team shirts are not required.
3. Game Balls:
 - a. Mens/Coed: Molten Flistatec
 - b. Womens: Tachikara SV5W Gold

MISC RULES

1. If a team forfeits two matches, they will be dropped from the league and forfeit all fees paid.
2. If play is stopped due to interruption by a child, the team on which the children's parent/guardian is with, will be penalized with a point being awarded to the opposing team, if they were serving, or a side out if the offending team was serving.
3. All loose hanging jewelry must be removed before match play. **Exception:** any exposed metal may be considered legal if covered by soft material and taped.
4. Managers may request a roster check from the official. Officials will check the ID of the player in questions and proceed with the match. If it is determined later that an illegal player was used, the team will the illegal player will forfeit the match.
5. Roster Additions - Add/Drop deadline for rosters will be prior to a team's 8th match.

OTHER

1. Insurance - Insurance **will not** be supplied by THPRD.

SPORTS DEPARTMENT MISSION STATEMENT

Tualatin Hills Park & Recreation District's Sports Department is committed to enhancing the quality of life for all its participants. The programs strive to establish a safe and caring environment that allows for individual and social growth by providing and facilitating positive fun and educational opportunities organized with responsible leadership.



Tualatin Hills Park & Recreation District

ROSTER MUST BE TYPED OR PRINTED NEATLY



Please check appropriate league: Winter Spring Summer Fall

WOMEN'S MEN'S COED

Preferred Division: A B C

NAME OF TEAM _____ HOME PHONE _____

MANAGER/COACH _____ WORK PHONE _____

*EMAIL (required) _____

ADDRESS: _____

Street

City

Zip

ALTERNATE WORK PHONE _____

CONTACT EMAIL _____

Admittance into the league is based on residency. Rosters with the most In-District points will be given priority for league entry.

LIST OUT-OF-DISTRICT PLAYERS FIRST!! Minimum Players - 6

1 GHOST CARD Please CHECK if team is purchasing GHOST CARDS

Players must be at least 18 years of age or finished with high school.

OUT	IN	PLAYERS NAME	THPRD CARD NO. Required	Contact Info
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				

Date _____ Time _____