



# TR TIMES

Winter  
January—March

## TR Drop In Registration Updates

Registration for Fall Activities starts:

December 7th

Call any Center to Register

See page 1 of the THPRD Winter/Spring 2020 Activity Guide for Directions

### Class Drop Policy

TR Drop In is now a registered class and is subject to the THPRD Class Drop policy. Requests to drop or change a class must be made five days prior to the day of class to receive a full refund minus any applicable fees. Requests made within five days will be refunded on a THPRD gift card. After a patron's second cancellation in a term, a cancellation fee of \$10 will be charged if canceled five days before, and \$20 if within five days. More details are on our website at:

[www.thprd.org/activities/registration](http://www.thprd.org/activities/registration)



### DROP OFF/PICK UP AND LIFT BUSES:



Please schedule arrivals and pick-ups no more than 15 minutes before and 15 minutes after registered activities. Staff are **not on site to provide supervision** until 15 minutes before and after TR Drop In. Attendees must be able to provide own transportation to off-site activities.

## TR Information

Join us on Monday nights for fun activities in this recreational and social program! Enjoy arts & crafts, dances, game nights & more!

### General Information

**WHEN:** Mondays from 6:30-8:30pm  
(Unless otherwise noted)

**WHERE:** Elsie Stuhr Center,  
5550 SW Hall Blvd.,  
Beaverton, OR 97005  
503-629-6342

**COST:** **\$5.25**, plus any additional costs for off-site programs

**GROUP HOMES:** Please ensure an appropriate number of staff are on hand during TR program activities & off-sites.

### Medical/Emergency Information

An Adaptive and Inclusive Recreation Medical Emergency Information Form is required for all attendees on an annual basis. We update these forms every year in January. If you have not completed a form for the individual (s) you support this year please do so as soon as possible. See the Athletic Center or Stuhr Center front desk for the form. You may return the form to Lynda at the Stuhr Center front desk or send it by email to:

[Inclusion@thprd.org](mailto:Inclusion@thprd.org)



[www.facebook.com/THPRDAdaptiveRec](http://www.facebook.com/THPRDAdaptiveRec)

# January

## **1/6 Winterfest (AC30108)**

Let's kick off the New Year at TR drop-in with a winter themed celebration. There will be a variety of music to dance to, a craft to create and much more to explore.

Happy New Year!

## **1/13 Karaoke Night (AC30122)**

Sing your hearts out at karaoke night! There will be a variety of songs to select. The stage is YOURS! Come showcase your talents for all to enjoy!

## **1/27 Tropical Bingo (AC30129)**

Let's escape the winter cold together for tropical bingo! Hawaiian and tropical attire is encouraged and celebrated. There will be a variety of prizes to win throughout the evening.

# February

## **2/3 Talent Show (AC30205)**

Gather in the Elsie Stuhr Center for a night you won't forget! Let's celebrate all of the incredible talent TR drop-in has to offer. You can bring your own music and sing, show off your best dance moves, tell a joke or surprise us all with your special talents.

## **2/10 Valentine's Dance (AC30212)**

Wear your red and pink to celebrate the upcoming holiday– Valentine's Day! We will have an open dance floor to move and groove on, a photo booth to take pictures with friends, and much more! We love TR drop-in!

## **2/24 Trivia Night (AC30226)**

Work together in teams to answer a variety of questions. There will be several different topics to choose from and work together with your teammates to take home a special prize!

# March

## **3/2 Pottery Paint Night (AC30305)**

Each patron will be able to choose one piece of pottery to paint at Pottery Paint Night with TR drop-in! There will be a variety of figurines to choose from. Once your masterpiece is completed, we will have games and refreshments to enjoy.

## **3/9 Movie Night (AC30312)**

Movie Night at the Elsie Stuhr Center! We're bringing the cinema to you with popcorn, refreshments and a film.

## **3/16 Shamrock Shakedown (AC30319)**

Happy almost Patty's Day! We are celebrating with music, crafts, dancing, and more! Green attire is welcomed and encouraged.

## **3/23 Nature Center Program (AC30325)**

Our friends from the Nature Center are joining us for an exciting evening where we learn all about the great outdoors! Please join us in welcoming new faces to our incredible program!

## **3/30 IHOP Outing (AC30326)**

Enjoy breakfast for dinner! Meet us at the IHOP located at 15935 SW Regatta Lane Beaverton, Oregon 97006. Please bring \$20 to cover your dinner and gratitude tip. You must pre-register for this event.

## **Adaptive and Inclusive Recreation**

For any questions please contact us at

[Inclusion@thprd.org](mailto:Inclusion@thprd.org)

## **Inclusion Services at THPRD**

THPRD promotes the power of choice to enhance the quality of life for individuals of all abilities. We do this by providing diverse, accessible recreation in an environment that promotes dignity, success and fun.

If you are interested in taking a class offered by THPRD and would like extra assistance, you can fill out the Inclusion Intake and Request form for Inclusion Support Form. Once the form is received by the Adaptive and Inclusion Specialist, an Inclusion Assistant may be assigned to you to assist for the duration of the class. We ask that this form be submitted at least two weeks prior to the start of any programming.

For more information, or to request Inclusion Services, please contact  
503-629-6330 or [inclusion@thprd.org](mailto:inclusion@thprd.org)

**Please GO GREEN &  
get on the email list!**  
Email  
[inclusion@thprd.org](mailto:inclusion@thprd.org)  
for more info!



Athletic Center  
15707 SW Walker Rd.  
Beaverton, OR 97006  
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