

# Sideen uga fogaan karaa inaan qaado cudurka cusub ee coronavirus (COVID-19)?

Tallaabooyinka aad qaadi karto si aad uga hortagto faafidda hargabka ama duriga caadiga ah ayaa sidoo kale wax ka tari kara kahortagga faahidda coronavirus.



Had iyo jeer gacmahaaga ku dhaq saabuun iyo biyo.



Ha taaban indhahaaga, sankka iyo afka.



Ha taaban dadka xanuusan oo guriga iska joog haddii aad xanuusan tahay.



Ku dabool afkaaga iyo sankka softi ama gacmaha shaarkaaga markii aad qufacayso ama hindhisayso.

Macluumaad dheeraad ah booqo  
[healthoregon.org/coronavirus](https://healthoregon.org/coronavirus)

Oregon  
**Health**  
Authority

Waxaad ku heli karta dokumentigan luuqado kale, far waawayn, farta indhoolaha ama qaabka aad doorbidayso.

Kala xiriir Kahortagga Cudurrada Degdegga ah iyo Kuwa Faafa 971-673-1111 ama iimeylka [OHD.ACDP@dhsosha.state.or.us](mailto:OHD.ACDP@dhsosha.state.or.us). Waannu qabanaa dhammaan wicitaanada gudbinta ama waxaad wici kartaa 711.

OHA 2681 SOMALI (02/2020)