Memory Game

1. Mix up the cards.
2. Lay them in rows, face down.
3. Turn over any two cards.
4. If the two cards match, do the yoga pose indicated on the card and keep them.
5. If they don’t match, turn them back over.
6. Remember what was on each card and where it was.
7. Watch and remember during the other player’s turn.
8. The game is over when all the cards have been matched.
9. The player with the most matches wins.