



## Tree Journal: 14 Days with a Tree

Get to know a tree in your backyard, neighborhood or local park and post your experiences on THPRD social media!

*Materials needed:* notebook/journal, pencil and your imagination!

*Optional materials:* watercolors/paints, tree guide, glue for nature objects, colored pencils

### Day 1: Inspiration

In a rectangle, circle, or triangle (whatever shape you want), determine who you would like to dedicate this journal to or find a quote about nature, write it in your journal, and draw a picture or boarder to go along with your quote. This should be your journal's first day.

### Day 2: Drawing

Draw your tree. This page should be filled with your tree. It should include as much detail as possible. Use color or texture to depict your tree.

### Day 3: Writing

Think of 15 descriptive words to describe your tree.

### Day 4: Poetry

Take the list of words from the previous day and use them to write a poem about your tree. Try to use as many words from your list as you can. You can use circle poems, rhyming poems, response poems, haikus; be creative!

### Day 5: History

Find out how the tree got there. Is it a native species? Is it a conifer? Deciduous? What other characteristics does the tree have?

### Day 6: Creative writing

Write a story about the tree's life. How has the tree changed, as it has gotten older or taller? Who has used the tree for recreation or a home?



**Day 7: Art**

Paint a picture of the tree using watercolors (or crayons, colored pencils). Include surrounding objects or animals that might use the tree as a home.

**Day 8: Literature**

Read your favorite book under the tree, try to identify the tree with a field guide book or through on-line research or read a story out loud under the tree with your family.

**Day 9: Cartography**

Draw a map of the surrounding areas of the tree. Include details to show what lives around the tree. Remember light, shadows, and elevation in your details.

**Day 10: Math**

Using the shadow of the tree and your shadow, calculate the height of the tree. Measure the trunk of the tree and estimate the age of the tree.

**Day 11: Music**

Write a song about your tree. You can use the tune of another song if you need help.

**Day 12: Visual**

Make rubbings of the bark or leaves and take a photo of the tree.

**Day 13: Perspective**

Using a 3x3 square, create three, up close drawings of three different areas of your tree. Next to each square, include a thought or quote to go along with the drawing.

**Day 14: Gratitude**

Enjoy a picnic under or near your tree and reflect on what you are grateful for.

